Welcome to OLLI at the UMN!

Whether you are a new or returning OLLI member, there are great learning opportunities waiting for you at OLLI! The OLLI Open House will be held on August 29th! We hope that you—and any future members you may know—will come for a brief and fun overview of OLLI, an opportunity to meet old or new friends, and some refreshments. For those of you who are newer, please register for the course 40023, “Welcome to OLLI” offered the week prior to the term.

In addition to the fabulous courses this term, check out the Special Interest Groups who learn from and enjoy each other’s company all year. If you like to travel, consider joining OLLIs in San Miguel Allende in 2020 or for a Civil Rights Movement trip. If you like to help out, think about being a volunteer: offering a course, being a course assistant, being on the Board, etc.

Happy Fall!

– Peg, Taki, Carmi & Ian

Climate Change: Seniors Have an Important Role
by Teddie Potter, R.N., Ph.D., FAAN

Minnesota is seeing a record number of heat indexes above 90; instead of corn we have standing water that is “knee high by the 4th of July”; the asthma season stretches on for three additional weeks; waterborne illnesses are on the rise as are cases of West Nile virus and Lyme disease; and polar vortexes and severe ice storms are no longer a rare occurrence. What is happening to Minnesota? Where are the predictable patterns that we could count on when we were young? The answers lie in the fact that the entire globe is in the midst of the most severe climate crisis in human history. This is an “all hands on deck” moment that requires changes in knowledge, attitudes, and behaviors if we are to ensure a future that supports human life.

Seniors have a very important role to play. We remember how to live sustainable lifestyles that are closer to the land and less wasteful. We remember how to come together as a community to work together to protect the most vulnerable people. We remember events of the past where Minnesotans clung to hope even when it appeared unwarranted. More than ever, the younger generations need us. They need us to embrace the traditional role of the elder; to be knowledgeable about what is happening, and wise guides toward a better future. How we respond today will have direct implications for the environment that our children and grandchildren will inherit.

This fall’s 20423 OLLI Talks! Climate Change: What Every Senior Needs to Know will cover climate science basics and the health and economic impacts of our growing climate crisis. A series of outstanding speakers will review effective policy changes, the energy sector response, and discuss examples of sustainable living from Scandinavia. It will close with an inspiring call to action from young health professionals.

One day when your grandchild or another young person asks you, “What did you do when you found out about the climate crisis?” What will be your response? This course will give you the tools to take action. Every person can be part of the climate solution. You are needed; this is your time!

Other climate courses being offered this term: 20148 Introduction to Climate Science for Minnesotans, 10501 Artists Engaging Climate Change.
Welcome to OLLI!

OLLI at the University of Minnesota is an engaged, active, and ever-growing community of lifelong learners! We are part of a network of 122 Osher Lifelong Learning Institute (OLLI) programs nationwide supported by the Bernard Osher Foundation. OLLI at the U of M is located in the College of Continuing and Professional Studies at the University of Minnesota. Our official mission is to provide “the local community of lifelong learners with a year-round curriculum of high-quality courses augmented with intellectually stimulating social and cultural activities.”

Since 1995, OLLI at the U of M has offered a wide array of noncredit educational, cultural, and volunteer experiences that add to the joy of retirement. OLLI at the U of M now serves over 1,140 members, and offers about 300 course sections per year in more than 40 locations around the Twin Cities (usually with free parking!). Beyond courses, OLLI members enjoy Special Interest Groups (SIGs), member events, local tours, and national and international travel opportunities. OLLI volunteers are a core part of our success, and another way to learn and to meet other lifelong learners.

If you know someone who could benefit from OLLI’s learning opportunities and the camaraderie, please invite them to the OLLI Open House being held Thursday, August 29th. You should have received an evite by now. Use that to RSVP for any guests you’d like to bring.

*We welcome you to the OLLI community where curiosity never retires!*

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# OLLI Member Benefits

1. **Meet Others Who Share a Love of Learning.** In courses, SIGs, events, or trips, there are many great OLLIs to meet. Wear your name badge and introduce yourself! Invite others for coffee after a course.

2. **Attend High-Quality Courses!** Taught by retired faculty, OLLI Scholars (grad students), and other experts, we explore topics from history to art to science. Without tests and papers!

3. **Join a Special Interest Group!** These peer-directed groups range from books to biking to bridge.

4. **Enjoy OLLI’s Local Events and Tours.** National and international travel opportunities are offered.

5. **Volunteer!** Share your talents and skills, gain new ones, and meet other OLLIs. Consider being a course leader or assistant, Board member, committee member (curriculum, development, marketing, member events, planning, etc.), or helping with special projects/events. Sign up on your member page at course request time.

6. **Receive Discounts.** OLLI is proud to partner with the U of M Alumni Association where OLLI members join for a special fee (2 years for $50 includes a bookstore and D’Amico discount, the Alumni magazine, and free online webinars). Join the U of M Retirees’ Association at a $20 discount. Learn about several U of M community events and research projects.

7. **Newsletters.** Our Up-To-Dater provides OLLI announcements and university event information. The Board president communicates via the Memo to Members. Members are welcome to attend Board or committee meetings.

8. **Be Kind.** To promote a great organization, we invite you to greet others, to enter into each discussion with kindness and respect, and to share talking time.

*Enjoy being an OLLI at the UMN member!*
Special Interest Groups (SIGs)

About SIGs:
- Provide enriching opportunities beyond the OLLI classroom.
- Meet year-round (except where noted).
- No registration—just join us or contact the name listed for details.

Can I Start a SIG? Yes! All is takes is a member or two willing to take the lead. We’ll help find other members who share the same interest.

Several OLLI members have been brainstorming new SIG ideas: museum hoppers, math enthusiasts, happy hour goers. If you are ready to take up the mantle for these or others, email or call Nancy Garland, SIG coordinator, at 612-850-1495, nancyhgarland@gmail.com.

At the Theater: Weekend matinee live theater performances, followed by dinner nearby. Approximately once a month. Ron & Marghe Tabar, rjtabar@comcast.net.

Bridge/East Metro: Experienced players, 2nd & 4th Tuesdays, 6:00 pm, Falcon Heights. Kate Anderson, anderson1466@msn.com.

Bridge/West Metro: All skill levels, 1st & 3rd Mondays, 2:00 pm, Perkins, St. Louis Park. Carole Cranbrook, cranbrook61@msn.com.

Documentary Films: View and discuss. 3rd Fridays, 1:30–4:00 pm except June, July, August & Dec. Episcopal Homes, St. Paul. Joan Delich, sokadel@comcast.net.


Knitting/East Metro: 4th Wednesdays, 1:30 pm, The Yarnery, St. Paul. Ginny Mahlum, vmahlum@comcast.net.

Knitting/West Metro: 2nd Wednesdays, 1:30 pm, Shir Tikvah Congregation library, Minneapolis (usually). Nancy Garland, ng68@cornell.edu.

Memoir Writing: 3rd Thursdays, 1:00 pm Franklin Library, Minneapolis. Ken Rich, krich@gmail.com.

OLLI Qwesters – Biking: Weekly on Wednesdays, May–Sep., Nell Bean, nellalbean@gmail.com.

NEW/ OLLI Stammtisch: Practice conversational German, 1st and 3rd Mondays, 1:00 pm, various locations, Deb Wentworth, wentw001@umn.edu.

Play Reading: 2nd Fridays, 10:00 am, Sep–June, Walker Place, Janet Kramer-Barr, janetkramer7@gmail.com; Jack Harkness, gjharkness@comcast.net.

SCIENTIFIC AMERICAN Discussion Group: 4th Fridays, 1:00 pm, Southdale Library, Edina. Cora Wortman, crwortman@earthlink.net, Anne Morrow, anne.morrow@hotmail.com.

Scrabble: Weekly Wednesdays, at 1:00 pm at the Lenox Community Center, On bus 17, free parking in the back of building, $2 fee. Contact Marlyce Helm, 612-926-8178, tt237.nodak@yahoo.com.


Wednesday Walkers: Weekly. Members take turns choosing and leading the walks in various locations. Optional lunch follows. Judy Remington, judyrem@comcast.net.

BOOK CLUB SIGs

American History Books: 1st Thursdays, 1:30 pm, Highland Park Library, St. Paul. No meetings in July or Aug. Jack Christensen, jecmdc@gmail.com.

Awesome Book Club: Books by or about women. 2nd Tuesdays, 1:30 pm, April thru November. St Paul JCC. Deborah Tabert, dttab7220@comcast.net, Dot Delegard, dotdelegard@gmail.com.

Fiction/St. Paul East: 3rd Mondays, 1 pm, Grateful Table, Roseville. Sharon Thronson, sathrons@q.com.

Fiction Minneapolis: Every month since 2003! 2nd Fridays, 1:00 pm, Franklin Library, Kate Anderson, anderson1466@msn.com.

Nonfiction Minneapolis: Every month since 2003! 2nd Fridays, 1:00 pm, Franklin Library, Kate Anderson, anderson1466@msn.com.

Nonfiction St. Paul: 4th Thursdays, 1:30 pm, various locations & lunch. Ron Tabar rjtabar@comcast.net.

Politically Inspired Nonfiction: Full

St. Paul Contemporary Fiction: Open for 3–4 members. 3rd Fridays, 10:30 am, St Paul JCC. Followed by optional lunch. Della Shupe, djshupe@gmail.com, 651-428-1492.

The Rather Odd Book Club: Oddly, members do not all read the same book. We choose a decade in history and pool our insights, perspectives, and information. 4th Fridays, 3:00 pm, Edina. Jeanie Hanson, jkhans913@gmail.com or Shawn Hartfeldt, shartfeldt@yahoo.com.
OLLI TRAVEL

Exploring Globalization in Historic San Miguel de Allende
January 10–19, 2020 from $3330 includes airfare

REGISTER BY SEPTEMBER 12
Now open to non-OLLI members.

Expand your understanding of globalization in the magical, brightly colored, colonial city of San Miguel de Allende. Visit Guanajuato and the striking Pyramids of Teotihuacán. During the week, learn about and practice Hector Garcia’s (course leader) theory of Cultural Complementarity during 2-hour morning lectures and activities. Enjoy afternoon visits to the Artisans’ Market, a culinary experience, hot springs, and time on your own. Activity level: Lots of walking in this hilly town; optional climbing. Space limited to 24.

Contact Catherine Spaeth, Seminars International, at (651) 500-0279 or catherine@semint.com.

Civil Rights Movement: Atlanta, Montgomery, Selma, Birmingham
March 15–22, 2020 from $2299

REGISTRATION EXTENDED TO SEPTEMBER 15
Now open to non-OLLI members.

Journey south to gain a deeper understanding of the struggle for racial equality in the U.S. Follow in the footsteps of Dr. Martin Luther King, Jr., hear the moving story of Rosa Parks and walk across the Selma Bridge with an activist who took part in the peaceful protest that devolved into unforgivable violence known as “Bloody Sunday.” Pay homage at the Sixteenth Street Baptist Church to the victims of the 1963 KKK bombing. Study how these catalysts ignited a movement and how they echo through the racial climate in America today. Activity level: Walking up to 2 miles a day. Space limited to 24.

To reserve a spot, call Road Scholar toll free at (800) 322-5315, reference Program # 22657

OLLI Summer Course 10046 the Printed Image and its Many Forms

UMAA TRAVEL

OLLI members are eligible to participate in University of Minnesota Alumni Association’s educational leisure tours. Inquiries should be directed to the UMAA or the travel vendors listed below. Call 612-624-2323 or visit www.umnalumni.org/travel for more information and to view the full list of travel opportunities.

Cultural Journey of Cuba and its People
March 9–16, 2020 from $4,595

Learn about the lives and experiences of Cubans during meaningful encounters and conversations during this trip under the “Support for the Cuban People” category. Well-positioned in Havana and Trinidad, you’ll also experience four UNESCO World Heritage sites.

Contact AHI: 800-323-7373

Treasures of Peru
March 30–April 9, 2020 from $4,687 including airfare

A land of treasures archaeological, cultural, and natural, Peru draws those eager to learn about the distant past – and encounter a fascinating present of colonial and indigenous influences. Take in some of the country’s highlights during our small group tour limited to 24 travelers.

Contact Odysseys Unlimited: 888-370-6765

Town and Country Life: Cultural Poland
May 16-24, 2020 from $3,495

Join us for an intimate exploration of Poland’s multifaceted history and culture through this uniquely designed, seven-night itinerary. Visit four UNESCO World Heritage sites—the historic centers of Warsaw and Kraków, the solemn Auschwitz-Birkenau State Museum and the Wieliczka Salt Mine and more.

Contact Gohagan: (800) 922-3088

Dates, prices, and itineraries are subject to change. Check with the tour provider or UMAA for updated information.
NEW 10508 Books You Don't Have Time to Read, West Metro

Experienced presenters summarize books of interest, answer questions, and lead a discussion of salient points. Books are chosen by presenters for their current and historic interest. Topics open for learning and discussion include fiction, politics, religion, science, and history. Seats: 40

Jim Martin, convener, retired attorney

5 sessions, Wednesdays, Oct. 16-Nov. 20
(No class Oct. 9 or Nov. 6), 1:30-3:00 pm,
Ridgedale Library, Robert H. Rohlf Meeting Room, Minnetonka

Oct. 9: No Class

Oct. 16: "No Property in Man: Slavery and Anti-slavery at the Nation's Founding" by Sean Wilentz, presented by Dan Hunt

Oct. 23: "Bad Blood" by John Carreyou, presented by Fred Beier

Oct. 30: "Waking Up White: Finding Myself in the Story of Race" by Debby Irving, presented by Lonni Skrentner

Nov. 6: No class

Nov. 13: "The Conservative Mind" by Russell Kirk, presented by Jim Martin

Nov. 20: "Political Tribes: Group Instinct and the Fate of Nations" by Amy Chua, presented by Judy Hoover
Fall 2019
Course Guide

Oct. 7–Nov. 22

All information in this catalog is subject to change. All changes/updates are sent via email through the Up-to-Dater. Changes are also made to the online course guide and indicated as such in red.

HOW COURSES ARE LISTED:
Courses are listed by day of the week, start time, and start date. Some courses meet outside of the regular term. Please pay particular attention to session dates listed. Complete addresses for facilities/host sites are listed on pg. 25.

EARLY START DATES are indicated for courses that begin prior to Oct. 7.

LATE START DATES are indicated for courses that begin after the week of Oct. 7.

OLLI Scholar classes are designated as such in the title of the class. The OLLI Scholar Program provides exceptional students who are experts in their field of study a paid opportunity to teach for OLLI during one of our four terms—fall, winter, spring, or summer.

Culture Corps classes are designated as such in the title of the class. The Culture Corps Program (scholarship) in International Student and Scholar Services partners up with OLLI every year to strategically plan out 8–10 courses taught by international graduate students. With OLLI’s support, students are able to gain valuable curriculum development skills.

Key: Course Categories

- 10000s: Arts
- 20000s: Science & Technology
- 30000s: Social Sciences
- 40000s: Interdisciplinary
- 50000s: Tours

MONDAY

30138 North Shore Natural History at Lutsen Resort LATE START DATE
Learn about North Shore natural history right there! Plenty of time for strolls/hikes at flexible activity levels. Course fee includes lodging on Lake Superior (discounted rates), four dinners with wine, and class/guided excursions. Lodging: Poplar River condos, part of Lutsen Resort (discounted rates).
Seats: 12
Jeannie Hanson, OLLI member, retired literary agent/professional science journalist
5 sessions, Monday–Friday, Oct. 21–25, 8:00 am–5:00 pm, Lutsen Resort
Course Fee: $500/person for double with two beds; $650/person for a single. Limit: Four in singles and eight in doubles. After you receive registration confirmation, email Jeannie at jkhans913@gmail.com with your room choice (double or single), any carpool interest, and to coordinate course fee payments.

10431 Writing Retreat with Coaching at Lutsen Resort LATE START DATE
Bring a writing project you're working on or want to start—fiction, nonfiction, blog, memoir, etc. Each full day features tips, presentation, a writing exercise, coaching time, solo writing time, a pleasant walk, and dinner with wine. Lodging: Poplar River condos, part of Lutsen Resort (discounted rates).
Seats: 10
Jeannie Hanson, writing coach, literary agent, professional writer who has published 13 books and more than 100 articles.
5 sessions, Monday–Friday, Oct. 28–Nov. 1, 8:00 am–5:00 pm, Lutsen Resort
Course Fee: $500/person for double with two beds; $650/person for a single. Limit: Four in singles and eight in doubles. After you receive registration confirmation, email Jeannie at jkhans913@gmail.com with your room choice (double or single), any carpool interest, and to coordinate course fee payments.

“A super class! They asked fabulous questions. My experience in MN is that the level of education and intelligence is higher than people realize, maybe because it's all they know. I asked what people want to learn, why they came, and that took the whole class and set up everything that will follow. I love this opportunity to engage with informed, savvy, insightful adults.”

- Richard Thieme,
OLLI Course Leader
NEW 10505 Woven Art: Village Textiles in Modern Ukraine  **EARLY START DATE**
Textile creation combines environmental considerations, necessity, and aesthetics. The variety that results is especially evident in the geographical expanses within the current boundaries of Ukraine. Sampling the wealth of textile designs not only examines the cultural variety but the complexities of historic people groups. Exploring this theme gives some background to the upcoming fall exhibit at The Museum of Russian Art. Seats: 20
**Tour at TMORA is free to TMORA members and $8 for seniors.**
Carol Veldman Rudie, lead docent, outreach education coordinator, The Museum of Russian Art
Presentation: Monday, Sep. 23, 10:00–11:00 am, Southdale Library, Full Meeting Room
Tours: Registering for a tour automatically registers you for the presentation on Monday, Sep. 23. Choose from one of the following tours at The Museum of Russian Art (TMORA), 5500 Stevens Ave S, Minneapolis, MN 55419.
- **Tour 1:** Wednesday, Sep. 25, 10:00–11:30 am
- **Tour 2:** Wednesday, Sep. 25, 12:30–2:00 pm
- **Tour 3:** Thursday, Sep. 26, 10:00–11:30 am
- **Tour 4:** Thursday, Sep. 26, 12:30–2:00 pm
- **Tour 5:** Friday, Sep. 27, 10:00–11:30 am
- **Tour 6:** Friday, Sep. 27, 12:30–2:00 pm

30131 Anti-Intellectualism in the United States  **EARLY START DATE**
Examine the recurring phenomenon of anti-intellectualism in American culture. The definitions of “intellectual,” “intelligence,” and “anti-intellectualism,” as well as the role of the “public intellectual” will be explored. Readings (encouraged) and discussion will include Richard Hofstadter’s Pulitzer Prize-winning book, *Anti-Intellectualism in American Life* that will aid in understanding the roots of this phenomenon. You will be encouraged to study contemporary culture and share examples of anti-intellectualism “in action.” Seats: 40
Neala Schleuing, Ph.D., American studies (emphasis on political philosophy and intellectual history), U of M
6 sessions, Mondays, Sep. 23-Oct. 28, 10:00-11:30 am, The Waters of Highland, Well Being Studio, St. Paul

10008 Western Culture Art Evolutionary Odyssey
Part V of a nine-part series on Western Culture Art addresses the art of the Italian and Northern Renaissance. As well as the primary subject matter, additional content covered includes interpreting selected masterpieces and current news from the worlds of art and art history. Seats: 40  **Course Fee: $5**
Gary Hanson, U of M and Stonier graduate, retired senior executive with Minneapolis Federal Reserve
7 sessions, Mondays, Oct. 7–Nov. 18, 10:00–11:30 am, McNamara Alumni Center, Room 235, U of M

NEW 10483 William Faulkner’s *Light in August*
*Light in August* (1932) is one of the greatest American novels of the 20th century. It offers a complex story involving race and racism, misogyny and miscegenation. We will grapple with these themes while trying to understand Faulkner’s remarkable art in rendering them. Students are requested to purchase the Vintage (Random House) paperback edition of the novel (or the Kindle version of the same edition). Please read the first chapter before the first class session. Seats: 30
Will Goetz, Ph.D., comparative literature
7 sessions, Mondays, Oct. 7–Nov. 18, 10:00–11:30 am, The Waters on 50th, Community Room, Minneapolis

NEW 10488 Writing Our Stories
Using the framework of Guided Autobiography and sensitizing questions, participants will write their stories two pages at a time using a different theme each week. Writing is done outside of class (1–3 hours), stories shared in small groups each week. Attendance at first week is required. In-class activities encourage creativity and stir up memories. Learn more about yourself and the choices you made on your life journey. Seats: 20
Mimi Holmes, Guided Autobiography instructor, encourages everyone to write their stories down
6 sessions, Mondays, Oct. 7–Nov. 11, 10:00-11:30 am, Becketwood, Kensington Square, Minneapolis

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NEW 30598 Late! Too Late?

Read and discuss The Death of Truth: Notes on Falsehood in the Age of Trump, Michiko Kakutani, 2018. Tim Duggan Books, powerful documentations by an experienced journalist. Our democracy has been hobbled by a shortage of accurate information and a flood of trivia. How can we improve our information searches? Excellent analyses of the “hows” and her suggested “what nows?” Seats: 50

Bob Tapp, emeritus professor, humanities, religious studies, and South Asian studies, U of M

2 sessions, Mondays, Sep. 30 and Nov. 25, 12:30–2:00 pm, 1666 Coffman, Social Room, Falcon Heights

NEW 30608! Return to the Foundation of Political Philosophy

Socrates, notoriously the most “persuasive” man in Athens, is sentenced to death after a public trial. Apparently, his rhetoric has failed him. His students, including Plato, seek to understand this seminal event. Plato’s account of Socrates’ defense (Apology) is only the first step in this effort which, perhaps, culminates in Republic.

Seats: 30

Michael Ormond, former instructor, political philosophy, California State Long Beach, and former family law practitioner

7 sessions, Mondays, Oct. 7–Nov. 18, 10:00–11:30 am, Crystal Community Center, Valley Room, Crystal

NEW 10496 From Storytelling to Storymaking: Sharing our Knowledge with the Next Generation—OLLI Scholar

We will discuss the importance of telling our stories to the next generations, particularly to our children and grandchildren. Following thematic prompts, we will tell our stories and explore different ways to tell our stories and collect the stories we want to share. Then, we will identify the skills we have and how we prefer to document those stories. Finally, we will use the stories and the techniques we’ve identified to make a story for our children or grandchildren. Seats: 10

Veronica Quilien, Ph.D. candidate, curriculum & instruction, U of M

6 sessions, Monday, Oct. 7–Nov. 11, 10:00–11:30 am, McNamara Alumni Center, Room 240, U of M

NEW 40030 Great Decisions—West Metro, Fall 2019

Great Decisions, a national program developed by the Foreign Policy Association and sponsored by Global Minnesota, features an impressive array of seven expert speakers who cover the most critical issues facing America, including China’s geopolitics, media and foreign policy, and global health issues. Optional 2019 briefing booklet for this series available for purchase ($25). Call OLLI at 612-624-7847 by September 30 to reserve a copy. Booklets distributed the first day of class (checks only—payable to University of Minnesota).

Seats: 100

Course conveners, Colleen Kennealy, Peg Lonnquist, Barb and Rick Whiting

7 sessions, Mondays, Oct. 7–Nov. 18, 10:00–11:30 am, Plymouth Congregational Church, The Conn Theater, Minneapolis

Oct. 7: The U.S. and Mexico, John Oswald

Oct. 14: The Middle East, Henry Berman

Oct. 21: Refugees and Global Migration, Ellen Kennedy

Oct. 28: Nuclear Negotiations, Todd Lefko

Nov. 4: Trade with China, Mark Canning

Nov. 11: Nationalism in Europe, Christa Tiefenbacher-Hudson

Nov. 18: State of Diplomacy, Rick Olson

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Seats: 100

Course conveners, Colleen Kennealy, Peg Lonnquist, Barb and Rick Whiting

7 sessions, Mondays, Oct. 7–Nov. 18, 10:00–11:30 am, Lenox Community Church, The Conn Center, Room 240, U of M

Veronica Quilien, Ph.D. candidate, curriculum & instruction, U of M

7 sessions, Mondays, Oct. 7–Nov. 18, 10:00–11:30 am, Crystal Community Center, Valley Room, Crystal

NEW 10511 Bookend: Penumbra Theatre Pipeline

A searing story of a mother trying to protect her young adult son from a world that can’t see the little boy she loves. Learn more about the play with other curious theater lovers! At the first class, explore the script and gain insight into the production. Then, see the play on your own. Finally, return for the second class to enjoy a lively discussion about the issues the play illuminates.

Seats: 60

Course Fee: $10

Sarah Bellamy, co-artistic director, Penumbra Theatre Company

2 sessions, Mondays, Oct. 7 and 28, 12:30–2:00 pm, Penumbra Theatre, St. Paul

NEW 30314 Russia since 1992—Unraveling the Enigma

Learn about major domestic and foreign policy developments of the Russian Federation since its birth in 1992 after the collapse of the USSR, with a focus on selected issues of domestic and foreign policy. Seats: 40

Norma Noonan, emerita professor, Augsburg University, specialist and author on Russia and the USSR

4 sessions, Mondays, Oct. 7, 14, 21, 28, 12:30 pm-2:00 pm, AARP, Conference Center, Minneapolis
20420 Understanding the Universe—Part VI
Join us for a continuation of the grand tour of the universe—learning about the cosmos from the Big Bang to what we have left to learn (e.g., dark energy, dark matter, the end game). Each week, we view two 30-minute lectures by Alex Filippenko, University of California professor of astronomy and astrophysics, augmented with class discussion. Part VI covers dark matter, cosmology, expansion of the universe, and various cosmic phenomenon such as galaxies, quasars, super-massive black holes, and the fate of the universe.

2019 OLLI Annual Meeting

NEW 30589 Conservative Political Philosophy
This class explores conservative thinking in three primary areas. First, the role that markets have played worldwide in reducing poverty, and how markets are better at providing worker protection and setting wages and prices than government. On issues of race, I will discuss my personal journey as an African American male and explore the power of culture in determining the success of an individual. Finally, I will address domestic policies in education, employment, housing, health care, and immigration.

Seats: 40
Peter Bell, former senior executive at TCF Bank, former cabinet member for Governor Tim Pawlenty, co-founder of The Center of the American Experiment, a state-based conservative think tank
3 sessions, Mondays, Oct. 7–21, 12:30–2:00 pm, Lenox Community Center, Little Theater, St. Louis Park

NEW 10494 Handel’s Greatest Hit(s)
Although Handel wrote many works which are frequently performed today, Messiah will be the principal focus of this class. Compositions, such as operas and madrigals, will be addressed in relation to Messiah. Beginning with a biographical sketch, every piece of Messiah will be played on recordings illustrative of performance styles ranging from the “mega performances” so beloved in the 19th and 20th centuries, to the “historically informed” performances currently in vogue which replicate the Baroque sound.

Seats: 40
James Hart, retired attorney, choral conductor, keyboard performer
7 sessions, Mondays, Oct. 7–Nov. 18, 12:30–2:00 pm, Becketwood, Kensington Square, Minneapolis

NEW 30586 These Truths
Participants will lead discussions, as we read and discuss this ambitious American history, These Truths: A History of the United States, written by award-winning historian and The New Yorker writer Jill Lepore. Jefferson said that the American experiment rests on three ideas or “truths”—political equality, natural rights, and the sovereignty of the people. These Truths begins in 1492, asking whether the course of events over more than five centuries has proven the nation’s truths, or belied them.

Seats: 20
Bonnie Nelson, retired humanities educator and OLLI member
7 sessions, Mondays, Oct. 7–Nov. 18, 1:00–3:00 pm, The Kenwood, The Kramer Room, Minneapolis

NEW 30585 Religious Liberty and Right of Privacy
We will discuss the free exercise of religion and the separation of church and state under the U.S. Constitution. In addition, we will look at Supreme Court cases dealing with the right of privacy, concentrating on abortion cases.

Seats: 35
Bob Berkowitz, former attorney, Carlson Companies, former adjunct professor, Hamline Law School
3 sessions, Mondays, Oct. 7–21, 12:30–2:00 pm, Abiitan Mill City, Classroom, Minneapolis

NEW 30611 Uncovering the Myths We Live By
“Achilles’ heel,” “forbidden fruit”—our language is rich in mythical allusions. A myth can be a narrative cherished by a cultural group or a falsehood accepted as true, such as belief that vaccinations cause autism. We will trace some of the living myths of modern society to their sources, illustrating them along the way with examples. Themes will include language and truth, myth and religion, good vs. evil, the hero/heroine, “self,” the state, and race.

Seats: 30
Stephen Daniel, Ph.D., retired adjunct faculty, liberal studies, U of M
7 sessions, Mondays, Oct. 7–Nov. 18, 12:30–2:00 pm, The Waters on 50th, Community Room, Minneapolis
NEW 40027 Integrating Social Justice into Healthcare—OLLI Scholar
Emerging ethical issues in healthcare and medicine are expanding the way we think about how gender, race, ability, citizenship, and sexuality intersect, such as with healthcare for transgender individuals. This course utilizes interdisciplinary perspectives to discuss ethical concerns prevalent in clinical work, biomedical research, and health policy. Course discussions will center around practical approaches to remediating injustice in healthcare.
Seats: 30
Courtney Alyssa Sarkin, Ph.D. student, health policy and management, U of M
7 sessions, Mondays, Oct. 7–Nov. 18, 2:15–3:45 pm, Becketwood, Kensington Square, Minneapolis

NEW 10506 The People’s Papers: The Poster Tradition in the Soviet Context LATE START DATE
A long communication tradition rooted in inexpensive flyers and broadsheets developed into a robust Soviet poster tradition. Varying design principles made these posters valuable artifacts of the purposes and tastes of the time. Both the history and the aesthetics of this messaging medium become background for the upcoming fall exhibit at The Museum of Russian Art.
Seats: 20
Tour at TMORA is free to TMORA members and $8 for seniors.
Carol Veldman Rudie, lead docent, outreach education coordinator, The Museum of Russian Art
Presentation: Monday, Nov. 11, 10:00 am–11:30 am, Southdale Library, Full Meeting Room
Tours: Registering for a tour automatically registers you for the presentation on Monday, Nov. 11. Choose from one of the following tours at The Museum of Russian Art (TMORA) 5500 Stevens Ave S, Minneapolis, MN 55419.
Tour 1: Wednesday, Nov. 13, 10:00–11:30 am
Tour 2: Wednesday, Nov. 13, 12:30–2:00 pm

NEW 10489 Bookend: The Tragedy of Carmen LATE START DATE
This course is centered around the U of M’s production of a chamber version by Peter Brook of Bizet’s opera performed Nov. 16–17. A fearless, gritty profeminist 80-minute adaptation, The Tragedy of Carmen is performed with just four voices and 14 musicians. Kay Lipton will lead the first class, and opera director David Walsh will join us for the second to discuss his approach to the production and its subject.
Seats: 30
Alan Kagan, retired professor of ethnomusicology, U of M
Kay Lipton, Ph.D., UCLA, former musicologist at Texas State University
2 sessions, Mondays, Nov. 11 and 18, 10:00–11:30 am, Ferguson Hall, Room 280, U of M

NEW 30606 From #MAGA to #resist: Populisms and New Media—OLLI Scholar
Does social media give unfair advantage to authoritarian populists like Bolsonaro, Duterte, Modi, and Trump? Or does digital media empower ordinary people to democratically organize vis-à-vis “Twitter Revolutions” in Moldova, Iran, Tunisia, and Egypt? What do Silicon Valley’s ‘big-data’ and ‘new’ media technologies do to political authority and popular sovereignty? Using media theory, case studies, and political philosophy, this course will tackle these questions to understand the promises and pitfalls in the entanglement of contemporary politics and new media.
Seats: 50
Harshit Rathi, Ph.D. candidate, comparative studies in discourse and society, U of M, OLLI Scholar
6 sessions, Mondays, Oct. 7–Nov. 18 (No class Oct. 21), 2:15–3:45 pm, McNamara Alumni Center, Room 235, U of M

Key: Course Categories
10000s: Arts
20000s: Science & Technology
30000s: Social Sciences
40000s: Interdisciplinary
50000s: Tours
NEW 10491 Flicks on Tuesday: Rounding out Hitchcock EARLY START DATE

The enthusiastic response to the spring Hitchcock series suggests looking at several key films such as the late British film, *The 39 Steps*, and the American remake of *The Man Who Knew Too Much*. These and some others such as *North By Northwest* can serve as an introduction to Hitchcock’s films for those who missed out on the spring series. All of this to further spread the word on arguably this country’s greatest film director. Seats: 40

Jack Stuart, emeritus professor of history, California State University, Long Beach

7 sessions, Tuesdays, Oct. 1–Nov. 26 (No class Oct. 8 and Nov. 12), 9:30 am–12:00 pm, Plymouth Congregational Church, Jackman Room, Minneapolis

NEW 10504 The Art of the New at WAM EARLY START DATE

Since opening in the 1930s, the Weisman Art Museum acquired works of art that often pushed the boundaries of what was accepted at the time in art, e.g., works by Georgia O’Keeffe, James Rosenquist, Frank Gehry, and Louise Nevelson. This course will focus on artists whose works were considered innovative at the time they were created, reflecting dramatic changes occurring in American life. The class will also have an opportunity to see works that are rarely on view in the galleries. Seats: 15

Jamee Yung, director of education, WAM
Bonnie Gainsley, Weisman tour guide
Chris Kraft, Weisman tour guide

4 sessions, Tuesdays, Oct. 1–29 (No class Oct. 22), 10:00–11:30 am, Weisman Art Museum, U of M

30315 China Rising—Recent History since 1979

Following the turmoil of the 1960s and 1970s, China has undergone an unprecedented, rapid development, emerging in the twenty-first century as a leading economic power. The course covers internal changes in Chinese society, cultural stresses, and China’s emergence in the global arena, enhanced Communist Party dictatorship, and challenges to American influence. Seats: 50

Ted Farmer, emeritus professor of history and global studies, U of M

7 sessions, Tuesdays, Oct. 8–Nov. 19, 10:00–11:30 am, Continuing Education and Conference Center, Room 42, U of M St. Paul Campus

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**NEW 50051 Exploring Minneapolis Neighborhoods EARLY START DATE**

Minneapolis is a collection of diverse neighborhoods, each with its own unique culture and history. This OLLI course will explore five city neighborhoods including Longfellow, Seward, Nicollet Island, Kenwood, and Near North. Course participants will have an opportunity to sample neighborhood cuisine at lunch following each walking tour. Participants will be emailed a list of dates for locations prior to the first session. Seats: 30

Iric Nathanson, local history and neighborhood issues writer and lecturer, author, OLLI member

5 sessions, Tuesdays, Oct. 1–29, 10:00–11:30 am, Various Locations
NEW 10498 Words and Music
This class is for people who just like to listen to music; no musical expertise is required. It’s been said that music expresses what words cannot. When music and language work together, their effect can be infinitely greater. From Shakespeare to Ogden Nash and from Mozart to Charlie Parker, we’ll explore different relationships between words and music: music inspired by poetry, poetry inspired by music; music with narration; and different musical interpretations of the same text.
Seats: 50
Barbara Resch, emerita professor of music, Indiana University–Purdue University Fort Wayne
7 sessions, Tuesdays, Oct. 8–Nov. 19, 10:00–11:30 am, McNamara Alumni Center, Room 235, U of M

NEW 10501 Artists Engaging Climate Change
Artists, as well as scientists, have been exploring the ways human activity has been affecting planet Earth. We live, according to many, in the age of the Anthropocene, a proposed geological epoch in which human activity dominates in shaping the environment. This class explores how artists are communicating about climate changes via the visual arts (painting, photography, and sculpture), the written word (fiction, poetry), performance arts (theater, film, music, and dance), and architecture/design. Seats: 20
Roxane Gudeman, emerita professor, psychology, Macalester College
7 sessions, Tuesdays, Oct. 8–Nov. 19, 10:00–11:30 am, Edina Senior Center, Classroom 2

NEW 30600 George W. Bush
We will cover the range of who he is and what he did in office: domestic and world affairs, family of origin, married family, health, environment, and much more. Seats: 220
J.B. Andersen, educator, curator, and writer
6 sessions, Tuesdays, Oct. 8–Nov. 12, 10:00–11:30 am, Roseville Lutheran Church, Community Room, Roseville

NEW 10492 Photographic Composition—Make Your Photographs Works of Art
Composition is among the unfriendliest aspects of photography. Once the shutter is pressed, what is in the frame of your photo cannot be changed. Learn how to compose photographs that have remarkable impact. Seven sessions—one introductory, three shooting in a nature reserve, and three reviewing your photo creations. Some walking is required. Book highly recommended: Art Wolfe & Rob Sheppard, The Art of the Photograph: Essential Habits for Stronger Compositions. Available used online at Alibris, Powell’s, AbeBooks, and Amazon. Seats: 20
Larry Greenbaum, former non-profit career agency director with a longtime passion for landscape photography, OLLI board member
7 sessions, Tuesday, Oct. 8–Nov. 19, 10:00–11:30 am, Kroening Interpretive Center, Room 107, Minneapolis

NEW 10503 North America through Folk Music LATE START DATE
Various aspects of folk music, and what came to be understood as folk music (including rock and roll), influenced several aspects of Mexican, American, and Canadian life from the late 19th century until the present and vice versa. This course explores the folk music phenomenon.
I hope you’ll also be interested in going with me to hear Arlo Guthrie and his daughter Sarah Lee Guthrie playing a reprise of Alice’s Restaurant at a concert at St. Catherine’s on November 10.
Seats: 30
Paul C. Stone, Ph.D., retired professor, History Department and Humphrey School, U of M
5 sessions, Tuesdays, Oct. 15–Nov. 12, 10:00–11:30 am, Johanna Shores, Fellowship Hall, Arden Hills

NEW 30613 Permanent Wars! Desirable Results? EARLY START DATE
Read and discuss The American Deep State: Wall Street, Big Oil, and the Attack on U.S. Democracy, 2014, (Rowman & Littlefield Publishers). This is the most recent of prominent political analyst Peter Dale Scott’s several well-documented books on what we haven’t known—and should know. Is there a deep state: a second order of government behind the public or constitutional state? Can we still prevent the subversion of our republic?
Seats: 50
Bob Tapp, emeritus professor, humanities, religious studies, and South Asian studies, U of M
2 sessions, Tuesdays, Oct. 1 and Nov. 26, 11:30 am–1:00 pm, 1666 Coffman, Social Room, Falcon Heights
NEW 20424 The Biosphere and the Human Mind

Scientists and science writers continue to elaborate on the understanding that has been uncovered in our lifetime: that “life” exists at microscopic levels within the dynamic, responsive, and interplaying conditions occurring near the Earth’s surface. We will review recent science, while recognizing that doing this piece by piece is insufficient if we desire to understand the actual natural world as it really is. For that, we also need to become aware of how language and other cultural factors can obscure this understanding. Seats: 40
David Shupe, Ph.D., religion and culture, Syracuse University
7 sessions, Tuesdays, Oct. 8–Nov. 19, 2:15–3:45 pm, Continuing Education and Conference Center, Room 42, U of M, St. Paul Campus

20148 Introduction to Climate Science for Minnesotans
This course presents a broad overview of the science of climate change, with a particular focus on Minnesota. We will look in-depth at the past, present, and future climate as well as the tools scientists use to study the climate system. We will end the class with a critical discussion of proposed actions to limit global warming. Seats: 50
Sam Potter, Ph.D., atmospheric and oceanic sciences, Princeton University
7 sessions, Tuesdays, Oct. 8–Nov. 20, 12:30–2:00 pm, Johanna Shores, Fellowship Hall, Arden Hills

NEW 10507 Poems for Dummies
Always wondered why poetry exists? Or couldn't imagine why people bothered with it? Or just think it’s stupid? Then this workshop is for you! Poems both important and silly will help us understand the whys and hows of this kind of communication. Bring your sense of fun as well as your bewilderment as we think, move, and voice different ways to know poetry.
Seats: 20
Carol Veldman Rudie, lead docent, outreach education coordinator, The Museum of Russian Art
4 sessions, Tuesdays, Oct. 8–29, 12:30–2:00 pm, Edina Senior Center, Classroom 2, Edina

30246 Diverse Voices of Africa—Culture Corps
Join us to learn from our guest speakers, students who hail from seven African countries (different speakers than spring term 2018), about the economic, social, cultural, governance, environmental prospects, and challenges of their home countries. Gain a greater understanding of the diversity of the beautiful continent of Africa, its strengths, opportunities, weaknesses, and the potential threats. Seats: 40
Antony Maikuri, Ph.D. student, evaluation studies, College of Education and Human Development, U of M
Nfamara K. Dumphah, Ph.D. candidate, applied economics, College of Food Agricultural and Natural Resources Sciences, U of M
7 sessions, Tuesdays, Oct. 8–Nov. 19, 12:30–2:00 pm, McNamara Alumni Center, Room 235, U of M

30311 How CQ Are You?
You may have a high IQ, but do you know your CQ? Explore your cultural intelligence in this engaging, interactive, workshop. Your instructors are qualified administrators of the Intercultural Development Inventory (IDI), a widely used, 50-item assessment tool that measures your ability to adapt your thinking and behavior to the rapidly changing world and all its cultural differences. We will reveal your group CQ score, dig into your own learning and challenges, and have fun!
Online assessment required between class 1 & 2 ($18 fee). Optional 1-on-1 coaching to learn individual score will be available following the course (non-profit rate $80). Seats: 40
Elizabeth Mansfield, life coach, consultant and trainer, licensed IDI-qualified administrator
Cody Schimpfpenig, cross-cultural experience in urban and rural community development, philanthropy and design thinking
3 sessions, Tuesdays, Oct. 8–22, 12:30–2:00 pm, The Waters on 50th, Community Room, Minneapolis

10218 Ways of Seeing
“Ways of Seeing,” a program of the Weisman Art Museum, is centered on works of visual art. The complex visual objects which are art invite multiple interpretations and offer rich puzzles to investigate. This course will guide participants into an artwork and help them begin to build meaning. We will investigate how different ways of approaching art objects affects both what we see and what we understand.
Seats: 25
Darlene Forrest, retired director of faculty development, expository writing program, NYU; associate, Institute for Writing and Thinking, Bard College
Jamee Yung, director of education, WAM tour guide
7 sessions, Tuesdays, Oct. 8–Nov. 19, 12:30–2:00 pm, Weisman Art Museum, U of M

Key: Course Categories
10000s: Arts
20000s: Science & Technology
30000s: Social Sciences
40000s: Interdisciplinary
50000s: Tours
NEW 10497 LaRose by Louise Erdrich  
**LATE START DATE**  
Participants in this class will read and discuss the novel (in small and large groups) with attention to theme, imagery, symbolism, language, and character. “Can a person do the worst thing possible and still be loved?” The accidental death of a child nearly tears two families apart, but the wisdom of their Native culture helps them find a way to cope with grief and loss. This haunting contemporary tale addresses the impulse for retribution and its alternative, the healing balm of restorative justice. Seats: 40  
Laurie Bangs, former English teacher  
5 sessions, Tuesdays, Oct. 22–Nov. 19, 12:30–2:00 pm, Continuing Education and Conference Center, Room 42, U of M, St. Paul Campus

30587 After the War to End All Wars  
**LATE START DATE**  
World War I did not end all wars. This course will focus on the Russian revolution and civil war, the mixed results the war had on western Europe, and the fate of the European colonies in Africa, the Middle East, and Asia. In addition, we will examine the complex effects the war and peace treaties had on the United States during and after the so-called Roaring Twenties and the long shadow WWI cast on the 20th and 21st century. Seats: 50  
Janet Woolman, former history educator, Blake School  
4 sessions, Tuesdays Oct. 29–Nov. 26 (no class Nov. 5), 12:30–2:00 pm, Lenox Community Center, Little Theater, St. Louis Park

NEW 40028 Tuesday Scholar: OLLI Talks!—Roseville Library  
**EARLY START DATE**  
Join scholars from area colleges and elsewhere as they share their specialized knowledge and enthusiasm. It’s like hearing your favorite college professors again, without worrying about writing papers or taking finals! Seats: 55  
Judy Woodward, history coordinator, Ramsey County Library  
7 sessions, Tuesdays, Sep. 17–Nov. 19 (No class Oct. 29 and Nov. 5), 1:00–2:30 pm, Roseville Library, Community Program Room

Sep. 17: A Campus Divided: Progressives, Anti-Communists, Racism, and Anti-Semitism at the U of M from 1930–1943. Speaker: Riv-Ellen Prell, emerita professor, American studies, past director, Center for Jewish Studies, U of M  
Sep. 24: Stalag Luft III: One Man’s Story. Speaker: Louise Woehrle, award-winning documentary film-maker from Deephaven, MN

Oct. 1: Letters Home: Dakota POWs after the War of 1862. Speaker: Christopher Pexa, author of Translated Nation: Rewriting the Dakota Oyate, 1862–1934  
Oct. 15: The Favorable Economics of Solving the Climate Challenge. Speaker: Jay Coggins, professor, applied economics  
Oct. 22: Academic Freedom—A Personal History. Speaker: Phillip Adamo teaches history at Augsburg University, where he was named “Minnesota Professor of the Year” for 2015.

Oct. 29: No Class  
Nov. 5: No Class  
Nov. 12: Somalis in Minnesota: Past and Present. Speaker: Ibrahim Hirsi, journalist and Ph.D. student in immigration history at the U of M

Nov. 19: Terrorists and De-Radicalization: A Minnesota Model. Speaker: Kevin Lowry, retired chief federal probation officer of Minnesota District Court, consultant on issues of terrorism and de-radicalization

20005 Autumn Tree ID  
**LATE START DATE**  
The leaves are changing all around us. This is the best time of year to learn how to identify trees using their leaves! Join a garden naturalist to learn how to use dichotomous keys and field guides to identify trees using their leaves, bark, and other key characteristics. Seats: 10  
Course Fee: $10. Fee covers the cost of a private program offered with naturalist staff.  
Naturalist, Eloise Butler Wildflower Garden and Bird Sanctuary  
Meet in parking lot near entrance, Minneapolis. (Parking not incl., $1/hr, $4/day.) Terrain includes stairs, small hills, and unpaved trails.  
1 session, Tuesday, Oct. 15, 1:00–2:30 pm, Eloise Butler Wildflower Garden and Bird Sanctuary.

NEW 20427 Citizen Science Data: Help Track The Changes  
**LATE START DATE**  
Come with friends or meet new ones to observe and track seasonal happenings of plants and animals and contribute to the study of phenology (cycles and seasons of nature). Gain skills on how to gather and submit citizen science data on the ever-changing elements in nature. Seats: 12  
Course Fee: $20  
North Mississippi Regional Park naturalist, Kroening Interpretive Center  
4 sessions, Tuesdays, Oct. 22–Nov. 12, 1:00–3:30 pm, Kroening Interpretive Center, Minneapolis
NEW 10502 An In-Depth Study of Two Operas II
Bellini’s Norma, 1831, and Verdi’s Aida, 1871, were composed at the height of their composers’ careers. We will discuss how the music, superb singing, costumes, stage design, plot, chorus, and orchestra all combine into an entire production. DVDs with English supertitles will transport us to the temple of priestess Norma in 50 BC; we will be drawn to the pharaohs as enslaved Aida faces love and danger. No music or opera experience needed. Reading for 20-30 minutes requested for each class. Seats: 30
Karen Boubel, emerita professor of music, Minnesota State University, Mankato, OLLI member
7 sessions, Tuesdays, Oct. 8–Nov. 19, 1:30–3:30 pm, Folkestone, Auditorium, Wayzata

NEW 10493 History and the Art of the Guitar—OLLI Scholar
During the course, students will be introduced to the professional world of classical guitar. At once an introduction to classical and popular music that involves guitar, as well as different types of guitars and techniques employed in contemporary guitar styles. We will review the basic history of the instrument, its predecessors, and their development, including demonstrations and video examples of different styles, techniques, instruments. Seats: 40
Filip Zivanovic, D.M.A., guitar performance, U of M
7 sessions, Tuesdays, Oct. 8–Nov. 19, 2:15–3:45 pm, McNamara Alumni Center, Room 235, U of M

WEDNESDAY

NEW 30614 Still Fall: North Shore Eclectic  LATE START DATE
With global warming, November’s first two weeks are actually still fall—and eclectic fun and learning still beckon. Course includes lectures on John Beargrease, writing your own nature haiku, and excursions to Grand Portage National Monument and up the Gunflint Trail. Seats: 6
Jeannie Hanson, OLLI member, retired literary agent/professional science journalist
4 sessions, Monday-Thursday, Nov. 4-7, 8:00 am–5:00 pm, Lutsen Resort
Course Fee: $400/person for double with two beds; $450/person for a single on Lake Superior. Limit: Six in singles and doubles. After you receive registration confirmation, email Jeannie at jkhans913@gmail.com with your room choice (double or single), and to coordinate course fee payments. Transportation by minivan leaving from my Edina house.

NEW 20150 Mississippi River Flyway Bird Watching  LATE START DATE
Each year, an estimated 325 bird species use the Mississippi River to guide their round-trip migration. Find out more about how and why birds use the Mississippi River to guide them during such an impressive journey. Then, develop your bird-watching skills while looking for migratory birds along the river with a naturalist. All experience levels are welcome. Binoculars provided if needed. Seats: 12
Course Fee: $15
North Mississippi Regional Park naturalist, Kroening Interpretive Center
Section 1: 3 sessions, Wednesdays, Oct. 16–30, 8:30–10:00 am, Kroening Interpretive Center

How do citizens build better societies? Often through grassroots protest and demonstration. Graphic design has a history illustrating messages of disapproval, where each step toward change asserts a call to action. This lecture series examines a paradigm shift in the past 30 years’ of protest graphics challenging the status quo. We consider innovative designs that helped transform legislation and policymaking. An investigation of protest graphics that made change, created awareness, and elevated human rights. Seats: 50
Ron Ott, M.F.A., adjunct lecturer in graphic design, College of Design, U of M; writing in curriculum, Design for Good, and Designers as Citizens
4 sessions, Wednesdays, Oct. 16–Nov. 6, 10:00–11:30 am, McNamara Alumni Center, Room 235, U of M

20056 Complementary and Alternative Medicine (CAM)  LATE START DATE
We will focus on defining the differences among complementary, alternative, and integrative medicine, with the latter attempting to coordinate approaches. A variety of products and techniques will be discussed, including but not limited to herbs, vitamins, meditation, massage, energy, manipulation, acupuncture, minerals, organic foods, movement treatments, and marijuana. The course also covers: the reasons people use CAM and the frequency and cost of their use; the evidence of benefits; and the regulations and quality measurements. Seats: 50
John E. Sutherland, M.D., emeritus professor, family medicine, University of Iowa, and medical practitioner
6 sessions, Wednesdays, Oct. 16–Nov. 27 (No class Nov. 13), 10:00–11:30 am, Johanna Shores, Fellowship Hall, Arden Hills

Key: Course Categories

10000s: Arts
20000s: Science & Technology
30000s: Social Sciences
40000s: Interdisciplinary
50000s: Tours
10292 Learning about Jazz  
**Early Start Date**
Curious about jazz but find it hard to locate specific artists you really like? In this course we’ll sample bop, swing, free jazz, fusion, “trad jazz,” vocal jazz, modal jazz, and Euro-jazz. Much of the class time will be devoted to listening to specific tracks that exemplify each given style. Opportunities to hear live jazz in the Twin Cities will be discussed.

**Seats:** 20

John Toren, educator in the Learning Life Program, author of four books about Minnesota, contributes regularly to regional and national publications.

4 sessions, Wednesdays, Oct. 9-30, 10:00–11:30 am, Calvary Center Cooperative, Skyline Room, Golden Valley

50009 3M Arena at Mariucci and Ridder Ice Arena Tour  
**Late Start Date**
This exciting tour will include a short history of Gopher men’s and women’s hockey, the U of M ice arenas, and a description of how the ice is maintained. The tour will include both 3M Arena and Ridder Arena including the premium, team, mechanical areas and more. Seats: 50

Craig Flor, director, 3M Arena at Mariucci and Ridder Ice Arenas

1 session, Wednesday, Nov. 20, 10:00–11:30 am, Mariucci Arena, U of M

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NEW 10490 Artists as Changemakers II  
**Early Start Date**
Your authentic experience will start with an interactive discussion session focused on the topic “CAN art change the world?” with Art to Change the World artists. The sessions following will be held at the studios of several social practice artists (addresses provided at first session). Each session will be followed by an optional lunch at a unique local restaurant. Seats: 15

Barbara Bridges, director, Art to Change the World (ACW), former teacher/college professor

5 sessions, Wednesdays, Oct. 2–Nov. 6 (no class Oct. 9), 10:30 am–12:00 pm, Various Art Studios

Oct. 2: Interactive discussion with ACW director, Barbara Bridges, artists, and participants

Oct. 9: No Class

Oct. 16: Clay sculptor, Ann Meany

Oct. 23: Poet, letterpress printer, and gallery owner, George Roberts

Oct. 30: Borealis Dance Theater, Danielle Ricci

Nov. 6: Glassmaker FLUX, Malcom Potek

NEW 30616 Women in MN State Government Leadership  
**Late Start Date**
Lt. Gov. Peggy Flannagan is the state’s highest level woman in elected state government. Other women in state leadership are State Auditor Julie Blaha; Speaker of the House, Melissa Hortman, and Deputy Senator Majority Leader Michelle Benson as well as a number of other women in legislative leadership. And Governor Tim Walz’ 23-person cabinet includes 11 women who head state agencies. In this four-session course, statewide elected officials and a panel of commissioners will discuss their roles and their goals for MN going forward.

Lynn Bolnick, OLLI member; former director of Majority Caucus Research, Minnesota House of Representatives

4 sessions, Wednesdays, Oct. 16–Nov. 6, 12:30–2:00 pm, State Office Building, Basement Hearing Room, St. Paul

Oct. 16: Lt. Governor Peggy Flannagan

Oct. 23: State Auditor Julie Blaha


Nov. 6: Panel of 3 Commissioners of State Agencies
NEW 30594 Profiles in Courage, Women Leaders of World War II LATE START DATE
This course highlights outstanding women leaders, some well-known and many unknown, who contributed to the Allied cause while displaying feminist leadership. These leaders fought for democracy and for respect and economic justice for their gender in unique ways—raising funds for a dishonorable ally, breaking Nazi military codes, keeping communications going, and establishing other women as professionals. They changed the public’s opinion about the value of women forever. Seats: 40
Linda Hopkins, retired attorney and author, co-founder, Team Women Minnesota; former special advisor, Executive Office of the President of the United States (technology and economy)
4 sessions, Wednesdays, Oct. 16–Nov. 6, 12:30–2:00 pm, St. Paul Jewish Community Center, Room 108, St. Paul

NEW 30595 Peoples and Cultures of Mexico from the Ice Age to Today—Culture Corps LATE START DATE
The course will cover the deep history of Mexico, from its natural history and geological formation, all the way to the formation of the modern and contemporary Mexico. Through this approach, the students will develop a better understanding of the long history of migration that has affected and transformed the development of Mexico, its people, and its cultures. Seats: 30
Luis Felipe Eguiarte Souza, Ph.D. candidate, history of science and technology. He is originally from Mexico City, where he received his bachelor’s degree in history from the Ibero-American University.
6 sessions, Wednesdays, Oct. 16–Nov. 20, 12:30–2:00 pm, McNamara Alumni Center, Room 235, U of M

NEW 30610 The Roseville Library History Book Club EARLY START DATE
The Roseville History Book Club meets monthly with Clarence White for discussions on a wide variety of topics from American history. Enrollment limited to ensure an intimate discussion experience. Extra copies of the books available at the library. Seats: 15
Clarence White, associate director of the East Side Freedom Library
3 sessions, Wednesdays, Sep. 18, Oct. 16, and Nov. 20, 1:00–2:30 pm, Roseville Library, Board Room


Nov. 20: Slavery’s Reach: Southern Slaveholders in the North Star State, Christopher P. Lehman. Discuss the web of relationships between Southern slaveholders and Minnesotans in the pre-Civil War era.

50003 Eloise Butler Wildflower Garden History Tour EARLY START DATE
Learn about the 112-year-old garden’s creation and growth, as we walk the paths from a then-and-now perspective. Discover the story behind the incredible Eloise Butler, and the subsequent four garden curators’ contributions to the garden’s maintenance. You will be inspired by the foresight of the early days and our current vision for the garden’s future. Seats: 20
Course Fee: $10. Fee covers the cost of a private program offered with a naturalist.
Naturalist, Eloise Butler Wildflower Garden and Bird Sanctuary
Meet in parking lot near entrance, Minneapolis. (Parking not incl., $1/hr, $4/day.) Terrain includes stairs, small hills, and unpaved trails.
1 session, Wednesday, Oct. 2, 1:00–2:30 pm, Eloise Butler Wildflower Garden and Bird Sanctuary.

NEW 10480 Dangerous Ideas and Liaisons—Art @ Mia LATE START DATE
In the years after World War II, many nations experienced dramatic change. The United States was aflame with protests—against the Vietnam War and for civil, LGBT, and women’s rights. Counterculture movements challenged mainstream values and artists went on the offensive with “dangerous ideas” and collaborations, asserting new goals and uses for art. This course examines the role of art in times of great social change. It includes tours of Mia’s special exhibition, “Artists Respond: American Art and the Vietnam War, 1965–1975.” Seats: 30
Emily Shapiro, Mia docent and OLLI member, Kay Miller, Mia docent and OLLI member, James Allen, Mia docent and OLLI member, Linda Krueger, Mia docent

Section 1: 3 sessions, Wednesdays, Oct. 16–30, 2:15–3:45 pm, Mia, Minneapolis
Section 2: 3 sessions, Wednesdays, Nov. 6–20, 2:15–3:45 pm, Mia, Minneapolis

NEW 30592 World War I, Over There and Over Here LATE START DATE
This course considers questions that should be asked about any war, especially one that still shapes our lives a century later. Did it have to happen? How did it affect both soldiers and civilians? What did it mean for the future, including future conflicts? Using short weekly readings, we will encourage informed discussion and sharing ideas, sometimes in small groups. We will track local connections to the war by holding one session at the Minneapolis Central Library (early Nov.). Seats: 30
John Rambsbottom, former professor, British, U.S., and global history at Big-10 and small colleges
6 sessions, Wednesdays, Oct. 16–Nov. 20, 2:15–3:45 pm, McNamara Alumni Center, Room 235, U of M
**THURSDAY**

20147 Getting Started with Birding

**EARLY START DATE**
Spend a couple of beautiful fall mornings learning tips and techniques of birding from an experienced birder. Both new birders and birders with a bit more experience will learn how to identify birds based on sight, sound, and behavior. Bring your own binoculars and a field guide, or borrow ours.

Seats: 20

**Course Fee: $30** Fee covers the cost of a private program offered with naturalist staff.

Naturalist, Eloise Butler Wildflower Garden and Bird Sanctuary
Meet in parking lot near entrance, Minneapolis. *(Parking not incl. $1/hr, $4/day.)* Terrain includes stairs, small hills, and unpaved trails
3 sessions, Thursdays, Sep. 19–Oct. 3, 9:00–10:30 am, Eloise Butler Wildflower Garden and Bird Sanctuary.

**NEW** 10477 The Book & Movie Course
In each class, we will watch a movie which originated as a novel, novella, or short story and then discuss the similarities and differences between the two. Members are encouraged to read the material prior to class. The first three readings/movies will be: *To Kill a Mockingbird* by Harper Lee; *The Princess Bride* by William Goldman; and *Wonder* by R.J. Palacio. Seats: 40

Paul Steffek, former middle school teacher, course leader, UW-Green Bay’s Lifelong Learning Institute
3 sessions, Thursdays, Oct. 10, Oct. 31 and Nov. 21, 9:30 am–12:30 pm, Johanna Shores, Theater, Arden Hills

**NEW** 10476 How’d We Get Here?
Does your doctor preface observations with, “At your age....?” Is your blood pressure double your golf score? Do funerals serve as reunions? Through film we’ll assess where we’ve been; we know where we’re going. Seats: 50

Bonnie Nelson, retired humanities educator and OLLI member
7 sessions, Thursdays, Oct. 10–Nov. 21, 9:30 am–12:30 pm, Hennepin County Library–Walker, Calhoun Meeting Room, Minneapolis

Oct. 10: *Iris* (1:31)
Oct. 17: *Nebraska* (1:54)
Oct. 24: *Brother’s Keeper: A Heartwarming Tale of Murder* (1:45)
Oct. 31: *Still Mine* (1:43)
Nov. 7: *The Triplets of Belleville* (1:21)
Nov. 14: *That Evening Sun* (1:51)
Nov. 21: *Wit* (1:39)

10315 What Style is It? Linden Hills Walking Tour

**EARLY START DATE**
Arts and Crafts or Queen Anne or Tudor? Enjoy a day in Linden Hills as we explore styles of American architecture! In the morning we’ll talk about the many house styles represented in Twin Cities neighborhoods and key features that identify these different styles and periods. After a box lunch, we’ll set out on a 90-minute walking tour and make sidewalk visits to a dozen distinctive houses. Reading: McAlisters’, *A Field Guide to American Houses* (preferred) or Poppeliers, *What Style is It?* (alternative)

Seats: 25

**Course Fee: $20 (Includes lunch)**

Larry Crawford, OLLI member with an interest in architecture
Carrie Bassett, Wisdom Institute director, OLLI course leader team chair
1 session, Thursday Sep. 19, 10:00 am–1:30 pm, Linden Hills Recreation Center, Craft Room

40023 Welcome to OLLI!

**EARLY START DATE**
Welcome new-ish OLLI members! The OLLI Board president and executive director invite you to come and gain an overview of OLLI and its history, and learn about how the courses, SIGs, events, travel, and volunteering all work together to create OLLI. You are invited to stay afterwards, purchase lunch at D’Amico, and visit with the co-leaders and other new OLLI members.

Seats: 50

Connie Osterbaan, Ph.D., retired research criminologist, adjunct professor in criminal justice, U of M Peg Lonquist, OLLI executive director
1 session, Thursday, Oct. 3, 10:00–11:30 am, McNamara Alumni Center, Room 235, U of M

**NEW** 20423 OLLI Talks! Climate Change—What Every Senior Needs to Know

**LATE START DATE**
Climate change is the greatest threat to health that humans have ever faced. According to the 2018 Intergovernmental Panel on Climate Change (IPCC) report, radical shifts must occur before 2030 if we are to avoid irreversible damage that threatens the survival of our species. Every person needs to understand climate change basics. This course, taught by experts from many disciplines, will arm attendees with knowledge so they can take action to ensure a healthy future for their children and grandchildren.

Seats: 250

Teddie Potter, Ph.D., RN, F.A.A.N.; clinical professor, School of Nursing, U of M; Phil Peterson M.D., emeritus professor of medicine, infectious diseases, and international medicine, U of M; co-founder, Center for Global Health and Social Responsibility, U of M 7 sessions, Thursdays, Oct. 10–Nov. 21, 10:00–11:30 am, American Swedish Institute, Nelson Cultural Center, Larson Hall

Oct. 10: Climate Science 101, Jeff LaFrenierre, professor of geography, Gustavus Adolphus College

Oct. 17: The Health Impacts of Climate Change, Mac Baird, emeritus professor, U of M Medical School

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**Key: Course Categories**

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<td>10000s: Arts</td>
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Oct. 24: The Economic Impact of Climate Change, Nathan Hagens, Faculty, U of M honors program

Oct. 31: Climate: State Government Response, Mike Menzel and Kathy Iverson, climate activists, Health Professionals for a Healthy Climate

Nov. 7: Climate Solutions: Energy Innovations in Minnesota, J. Drake Hamilton, science policy director of Fresh Energy

Nov. 14: Climate Solutions: Actions that Seniors Can Take to Have the Biggest Impact, Shanda Demorest, Practice Greenhealth; Laalitha Surapaneni, U of M School of Medicine; Alex Kim

Nov. 21: Global Solutions: Signs of Transition to a Positive Future, Kjerstin Moody, professor of Scandinavian Studies, Gustavus Adolphus College

NEW 20421 Culture and Its Influence on Disease Prevalence and Management—Culture Corps
This class will focus on the influence of culture on the prevalence and management of serious diseases like diabetes, hypertension, ischemic heart disease (heart attack), cardiac failure, stroke, and Alzheimer’s disease. We will touch upon the importance of health literacy and how lifestyles in different cultures impact the health of an individual. Seats: 20
Mahesh Mathew, M.D., M.P.H. student in epidemiology
7 sessions, Thursdays, Oct. 10–Nov. 21, 10:00–11:30 am, McNamara Alumni Center, Room 235, U of M

20051 Probing into Incredible Prairies LATE START DATE
Hike to a restored prairie, an ecosystem of incredible diversity, and learn to identify grasses and forbs. Way more than just the grass we first observe, this scarce ecosystem in our state was created by a specific combination of soil and climate. Also discover how fire helps maintain a healthy prairie.
Seats: 20
Course Fee: $5
Vicky Wachtler, interpretive naturalist with Three Rivers Park District
1 session, Thursday, Oct. 17, 10:00–11:30 am, Eastman Nature Center, Outdoor Course, Maple Grove

NEW 30583 Suffering, Ressentiment, and Trauma Recovery: Mimetic Theory Breakthroughs
Those who suffer insult, injury, unfairness, or feelings of being eclipsed or cheated by modernization or by social changes often feel defined by a sense of powerlessness, and seek, but remain unable to obtain, any measure of revenge or justice to assuage their victimhood or means of trauma recovery. Opportunist politicians have harnessed these deep, widespread, and dark emotions and catapulted themselves onto corrupted platforms of power. Mimetic theory employs literary works, including Don Quixote, to help sufferers find hope and possible ways out of their suffering wilderness.
Seats: 25
Dale A. Anderson, retired banker, Colloquium on Violence and Religion member, OLLI member
7 sessions, Thursdays, Oct. 10–Nov. 21, 11:00 am–12:30 pm, Parkshore Senior Residence, Lower Level Card Room, St. Louis Park

NEW 30597 Electric Vehicles in Minnesota EARLY START DATE
Electric vehicles provide a new opportunity for cleaner and more efficient transportation, but how do they work here in Minnesota? We will talk about the technologies behind this shift, models available in Minnesota, and how EVs are charged. We will also look into how transportation electrification will impact the utility company business models.
Seats: 50
Jukka Kukkonen, EV market consultant
1 session, Thursday, Oct. 3, 12:30–2:00 pm, McNamara Alumni Center, Room 235, U of M

NEW 30609 The American Dream: Part II—1791 to 1916
The United States grew from a small, agrarian, aristocratic republic in 1791 to a giant, industrial oligarchy in 1916. In the 19th century, Thomas Carlyle wrote that “The history of the world is but the biography of great men.” We will examine this period of U.S. history with a focus on five pairs of U.S. leaders: Thomas Jefferson and James Madison; Andrew Jackson and John C. Calhoun; Abraham Lincoln and U.S. Grant; Andrew Carnegie and John D. Rockefeller, and Theodore Roosevelt and Woodrow Wilson. What were their American Dreams and how did they reflect the dreams of U.S. citizens during that time?
Seats: 40
Peter Blewett, master’s degrees in political economy and history; associate professor of history, University of Alaska
7 sessions, Thursdays, Oct. 10–Nov. 21, 12:30–2:00 pm, Calvary Center Cooperative, Prairie Room, Golden Valley

CANCELLED
NEW 30603 Voices from around the World—Culture Corps
Diversity and experience make each of us unique. About two words, diversity and experience, we can imagine ‘diverse experience’, or ‘experience in diversity’. Fall 2019 courses are offering the above two things. Through the course, we can develop our own backgrounds, personality, and beliefs. Seats: 50
Joohwa Jin, graduate student in human resources and industrial relations, U of M
7 sessions, Thursdays, Oct. 10–Nov. 21, 12:30–2:00 pm, McNamara Alumni Center, Room 235, U of M

Oct. 10: Yu-sung Han, Working in South Korea from a U.S. Perspective
Oct. 17: Joohwa Jin, Experience in Washington D.C. and U.S. Senate
Oct. 24: Melissa Tillman, How to Live in the Philippines as Missionary Kids
Oct. 31: Debbie Giwa, Story of Africa
Nov. 7: Sangok Yoo, Graduate student’s life in South Korea and US
Nov. 14: Christina Jung, Sweet Home Alabama
Nov. 21: Kathy Yan Li, Chinese Working Style

NEW 30596 All about Thai Food and Culture—Culture Corps
Thai cuisine is known to be spicy, refreshing, and healthy. What people love about Thai food is its combination of flavors. In this course, we will explore key ingredients to delicious Thai food together at an Asian grocery store, understand elements of flavors from each ingredient, get to know the different types of Thai food that you may not see in a restaurant menu, and learn Thai culture through food. Students will be given an opportunity to practice Thai cooking from time to time. *Please note that there is no cooking during class time. However, students will be given a recipe to try out at home each week! Seats: 20
Pimsiri Aroonsri, Ph.D. student in human resources development from Bangkok, Thailand. She fell in love with Thai cooking from her grandmother and has enjoyed cooking it ever since.
6 sessions, Thursdays, Oct. 3–Nov. 7, 2:15-3:45 pm, McNamara Alumni Center, OLLI Classroom 235, U of M

NEW 10478 On Screen: Science Fiction
EARLY START DATE
Discover the impact of science fiction in cinema. By watching epic movies of alien invasion, hacking computers, and end-of-the-world scenarios, we will delve into what it is to be human. Come watch some of the most memorable science fiction movies ever made with discussion afterwards. Seats: 30
Suzi Stephenson, librarian, Hennepin County Library–Brookdale
4 sessions, Thursdays, Sep. 19–Oct. 17 (No class Oct. 3), 1:00–4:00 pm, Brookdale Library, Full Meeting Room, Brooklyn Center

Sep. 19: Westworld (1973)
Sep. 26: Close Encounters of the Third Kind (1977)
Oct. 3: No Class

NEW 20426 Mississippi River Ecology
LATE START DATE
Discover the powerful force of water by looking to our river’s past. Hike with a naturalist to explore a riparian habitat and see how the plants, animals, and landforms interact in this ecosystem. Find out the ways that erosion and deposition have shaped the Mississippi River and the communities that grew up around it. Seats: 15
Course Fee: $10
North Mississippi Regional Park naturalist, Kroening Interpretive Center
1 session, Thursday, Oct. 24, 1:00–3:30 pm, Kroening Interpretive Center, Minneapolis

20102 Biology of Politics
It’s fascinating, and can be rather disturbing, to discover how much our genes, anatomy, environment, and even unsuspected infections impact our political orientation. This course will include not just liberal versus conservative, but also where so many Y chromosomes went and the bio-logic of child sacrifice once agriculture supplanted foraging groups (also called hunter-gatherers). We will also examine the pervasiveness of cooperation in nature and its importance for war. Seats: 12
Diana Thottungal, former botany and biology instructor, City University of New York
7 sessions, Thursdays, Oct. 10–Nov. 21, 2:15–3:45 pm, The Kenwood, The Kramer Room, Minneapolis
NEW 10481 VocalEssence—Divine Light

There is an amazing amount of unique choral music to be explored. This session with Philip Brunelle will include music of Jake Runestad (with the composer present), as well as music from Denmark, Philippines, France, Hungary, and Ireland. Seats: 100

Ann Buran, convener and OLLI member Philip Brunelle, founder and artistic director, VocalEssence

Presentation: 1 session, Thursday, Oct. 10, 2:15–3:45 pm, Plymouth Congregational Church (LaSalle St. entrance), Guild Hall, Minneapolis

Performances: Sunday, Oct. 13, 4:00 and 7:00 pm, Summit Center for Arts & Innovation, 1524 Summit Ave, St Paul, MN 55105. Tickets can be purchased through the Minnesota Orchestra Box Office: 612-371-5642. (Mention OLLI for discount.)

NEW 10482 Welcome Christmas—with Philip Brunelle

Every year VocalEssence presents a varied, wonderful exploration of music for the Christmas season. This year’s focus will be on music from Scandinavia and the United States. A special treat will be the visit of Kim André Arnesen from Norway, composer of our new “Nordic Christmas” carol medley.

Seats: 100

Philip Brunelle, founder and artistic director, VocalEssence

Presentation: 1 session, Thursday, Dec. 5, 2:15–3:45 pm, Plymouth Congregational Church, Guild Hall, Minneapolis

Performances: Various dates and venues.

NEW 30602 This is Your Brain on Adolescence: Implications for Parents and Grandparents

Adolescence is a period of significant brain development. This emerging science informs why adolescents are prone to take risks and vulnerable to stress. Adolescence is also a period of opportunity for personal development. This new knowledge will be discussed through the lens of parents and grandparents. Topics include: Teen brain development for dummies; you are still relevant as your sweet child becomes a teenager; seven things teenagers must hear; and using technology to aid parenting/grandparenting. Seats: 50

Ken Winters, Ph.D., emeritus professor in psychiatry, U of M, lifelong adolescent health researcher

2 sessions, Thursdays, Nov. 14 and 21, 2:15–3:45 pm, McNamara Alumni Center, Room 235, U of M

FRIDAY

20101 Fall Migration Birding in the Minneapolis Parks

After the breeding season, many birds head south. We will spend time at various sites within the Minneapolis parks to see these birds as they leave on their fall migration. The naturalist will also teach us more about the various birds, their biology, and migration strategies. Seats: 20

Course Fee: $20

Gregg Severson, Naturalist, Minneapolis Parks

4 sessions, Fridays, Sep. 20–Nov. 1, 9:00–11:00 am, Various Parks, Minneapolis

NEW 10500 Bookend: Backstage with Our Town at Artistry

Meet the actors and creative team behind Artistry’s production of Our Town. Play runs September 6–29. Tickets can be purchased through the box office: 952-563-8575. Seats: 60

Anita Ruth, music director, Artistry

2 sessions, Fridays, Sep. 13 and 27, 10:00–11:30 pm, Artistry at the Bloomington Center for the Arts, Council Chambers, Bloomington

10200 Art at the Weisman Art Museum

WAM offers an ongoing array of exhibitions. Join our trained WeisGuides to explore special exhibitions or featured artworks. Parking not included $3/hr. Seats: 20

Jamee Yung, director of education, WAM, and Weisman tour guides

Choose one of the following tours, 10:00–11:30 am, Weisman Art Museum, U of M, Minneapolis

Tour 1: Sep. 27, State your Intentions: New Works in the WAM Collection

Tour 2: Oct. 25, Alexis Rockman: The Great Lakes Cycle

Tour 3: Nov. 15, Alexis Rockman: The Great Lakes Cycle

20419 Natural History of Minneapolis Parklands—Part 2

On this natural history tour, you will visit three Minneapolis parks to explore which animals make the park their home, how the landscape was formed, and the history behind what makes each park special. This course is a continuation of Natural History of Minneapolis Parklands tour, but there is no prerequisite as we will explore three new parks listed below. Detailed information sent just prior to the first week. Seats: 20

Course Fee: $30

Fee covers the cost of a private program offered with a naturalist. Naturalist, Eloise Butler Wildflower Garden and Bird Sanctuary

3 sessions, Fridays, Oct. 4–18, 10:00–11:30 am, Various Parks, Minneapolis. (Parking not included.)
**NEW 30590 Western Civ—A Twin Cities Take**

If you lack the time or the treasure to tour the great cities of Europe, take heart! Because architecture was often imitative, examples inspired by that heritage abound in the Twin Cities—homes modeled on the timber and thatch cottages of Tudor England, Victorian era neo-feudal castles, even the American Southwest Pueblo style. Dust off faded memories from that long-ago “Western Civ” course and prepare to lead your family and friends on an exploration of history in your own backyard. Seats: 40

Rick Menzel, veteran history teacher, retired Army officer

7 sessions, Fridays, Oct. 11–Nov. 22, 10:00–11:30 am, AARP, Conference Center, Minneapolis

**NEW 30604 Immigration: Who Are “They” and How Did “They” Get Here?**

Immigration is one of the major social and political issues in America today, yet little understood by many people. This seminar explains the distinctions between different types of immigrants, and such topics as: U.S. immigration policies and practice since World War II that have affected American society; what is DACA?; a brief survey of the Minnesota immigration scene; and a quick look at recent changes to immigration and refugee policies. Bring other questions with you! Seats: 30

Jon R. Wendt, faculty member, communications studies, Century College

2 sessions, Friday Oct. 11 and 18, 10:00 am–12:00 pm, St. Paul Jewish Community Center, Room 108, St. Paul

**10038 Meet the Art Director**

Visit several different galleries and art centers in the Twin Cities and surrounding communities to discover their missions, structures, and their impacts on environmental, social, and political issues. Some of the galleries we plan to visit are: the Sadie Halie Projects, The Show Gallery Lowertown, Fogstand Gallery, the James Brenner Sculpture Studio in the Casket Arts Bldg., and a fall color trip to the Phipps Center for the Arts in Hudson, WI. Seats: 25

Liz Dodson, video, installation, and eco artist, OLLI member

Kay Jaglo-Joseph, co-leader and OLLI member

7 sessions, Fridays, Oct. 11–Nov. 22, 10:00–11:30 am, AARP, Conference Center, Minneapolis

**NEW 40025 Prominent Minnesotans III**

This course offers a series of one-on-one interviews with Minnesotans who have each achieved prominence in their fields, and spent all or most of their careers in Minnesota. Interviews will be conducted by Minnesota journalists John Hines, Marcia Fluer, Howard Sinker, and Lori Sturdevant. Seats: 150

Lynn Bolnick, OLLI course development team leader, OLLI member

7 sessions, Fridays, Oct. 11–Nov. 22, 10:00–11:30 am, Plymouth Congregational Church, The Conn Theater, Minneapolis

Oct. 11: Jim Gilbert, naturalist; former executive director of Linnaeus Arboretum, Gustavus Adolphus; author; host of Nature Notes on WCCO radio

Oct. 18: Ellen Kennedy, founder and executive director, World Without Genocide, Mitchell Hamline School of Law

Oct. 25: Alan Page, retired justice, Minnesota State Supreme Court; co-founder, Page Education Foundation; former Minnesota Viking; co-author of three children’s books

Nov. 1: Colleen Landkamer, commissioner, Blue Earth County; former president, National Association of Counties; former Minnesota director, U.S. Department of Agriculture Rural Development

Nov. 8: Steve Hunegs, executive director, Jewish Community Relations Council of Minnesota and the Dakotas

Nov. 15: Sondra Samuels, president and CEO, Northside Achievement Zone, Minneapolis

Nov. 22: R.T. Rybak, president and CEO, Minneapolis Foundation; former mayor of Minneapolis

**SAVE THE DATE!**

**OLLI Anniversary Event**

Sept. 15, 2020

**CELEBRATING**

1995–2020

OLLI University of Minnesota
NEW 30599 Off the Beaten Path—Exploring St. Paul’s Sacred Spaces
In this touring class, we’ll sample St. Paul’s sacred spaces, including Dakota sites, a cemetery, the work of famous architects, repurposed churches, and the city’s oldest building. We will use coaches, walking, and driving/carpooling in various sessions. Expect to stand, walk a few blocks, and manage steps and uneven terrain. Each class meets for two hours. You’ll receive a course schedule via email in late September, with weekly updates.
Seats: 26
Course Fee: $25 (offered with the Preservation Alliance of Minnesota)
Kristin Anderson, Ph.D., teaches architectural history at Augsburg, including courses on the locally built environment. She studies local sports facilities. 
Marghe Tabar, course coordinator and OLLI member
7 sessions, Fridays, Oct. 11–Nov. 22, 10:00 am–12:00 pm, Various Locations, St. Paul

20132 Minnesota Ecology
EARLY START DATE
Find out why Minnesota is a great place to study ecology! We will discuss ecological principles on populations, habitats, biomes, and watersheds. Learn what role our state plays in the bigger North American landscape. Seats: 10
Course Fee: $30 Fee covers the cost of a private program offered with naturalist Naturalist, Eloise Butler Wildflower Garden and Bird Sanctuary
Meet in parking lot near entrance, Minneapolis. (Parking not incl. $1/hr, $4/day.) Terrain includes stairs, small hills, and unpaved trails
3 sessions, Fridays, Sep. 27–Oct. 11, 1:30–3:00 pm, Eloise Butler Wildflower Garden and Bird Sanctuary.

NEW 10485 Bookend: Backstage with A New Brain at Artistry
LATE START DATE
Meet the creative team and actors behind Artistry’s production of A New Brain. Play runs Oct. 18–Nov. 9. Tickets can be purchased through the box office: 952-563-8575. Seats: 60
Anita Ruth, music director, Artistry 2 sessions, Fridays, Oct. 25 and Nov. 8, 10:00–11:30 am, Artistry at the Bloomington Center for the Arts, Council Chambers, Bloomington

The following course is a MONDAY course:
NEW 10486 J. S. Bach’s Christmas Oratorio
LATE START DATE
In this class we’ll explore the music and texts of Johann Sebastian Bach’s beloved masterpiece, the Christmas Oratorio.
This multi-sectioned work features chorus, orchestra, and soloists, and was written for different days of the Christmas season. Our goal will be to prepare knowledgeable listeners for one of the upcoming performances in the Twin Cities. Seats: 30
Richard C. Resch, emeritus professor and cantor, Concordia Theological Seminary, Bach Society of Minnesota board member
3 sessions, Mondays, Nov. 4–18, 10:00–11:30 am, The Waters of Highland, Well Being Studio, St. Paul

NEW 10487 Metamorphoses, Myth, and Meaning
LATE START DATE
The Guthrie’s recent revival of Mary Zimmerman’s Tony Award-winning Metamorphoses prompts a fresh look at her source, Ovid’s Metamorphoses. Through lecture and discussion, this course will examine the Roman poet’s brilliant retelling of Greek myths and the myriad ways in which mythology creates meaning. Course leader highly encourages participants read The Metamorphoses of Ovid, tr. Allen Mandelbaum (Harcourt Brace) or other translation. Seats: 20
William Freiert, emeritus professor of classics, Gustavus Adolphus College
7 sessions, Fridays, Oct. 11–Nov. 22, 12:30–2:00 pm, Edina Senior Center, Classroom 2

NEW 30607 Persuasive Technology—How Technology Affects What You Think and Do—OLLI Scholar
LATE START DATE
Students will learn about the strategies and techniques used by technology companies to influence the thoughts and actions of people who use their services. We will examine how the design of popular technologies such as smartphones, search engines, and social media have contributed to societal problems such as fake news, polarization, and addiction, and then explore how or if persuasive technologies can be used to solve these societal problems. All are welcome! No technology expertise required. Seats: 30
Ryan Wold, Ph.D. student, rhetoric and scientific and technical communication, U of M
7 sessions, Fridays, Oct. 11–Nov. 22, 12:30–2:00 pm, Abitain Mill City, Classroom, Minneapolis

20155 North Mississippi Past and Present Hike LATE START DATE
The mighty Mississippi influences how we live, work, and play as it runs through the heart of our city. Hike with a naturalist to learn more about the historical uses and changing landscape of the North Mississippi Regional Park. Find out how attitudes toward the river and human use of this water resource have changed over time. Seats: 20
Course Fee: $10
North Mississippi Regional Park naturalist, Kroening Interpretive Center
1 session, Friday, Nov. 8, 11:00 am–12:30 pm, Kroening Interpretive Center, Minneapolis

Key: Course Categories
10000s: Arts
20000s: Science & Technology
30000s: Social Sciences
40000s: Interdisciplinary
50000s: Tours
**NEW 20425 Minnesota Tree Identification**
Learn how to use a dichotomous key to identify local trees by comparing different features while on a hike through the park. Learn more about the species you find and how trees support the habitats where they live. Join us for this 90-minute exploratory walk along the park trails. Seats: 15

**Course Fee: $10**
North Mississippi Regional Park naturalist, Kroening Interpretive Center
1 session, Friday, Oct. 11, 1:00–2:30 pm, Kroening Interpretive Center, Minneapolis

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**NEW 40029 Great Decisions—Roseville Library**
Great Decisions, a national program developed by the Foreign Policy Association and sponsored by Global Minnesota, features an impressive array of seven expert speakers who cover the most critical issues facing America, including China's geopolitics, media and foreign policy, and global health issues.

Ten copies of the 2019 Briefing Book for this series are available for checkout at the Ramsey County Library, through the generosity of Global Minnesota. Optional 2019 briefing booklet for this series available for purchase ($25). Call OLLI at 612-624-7847 by September 30 to reserve a copy. Booklets distributed the first day of class (checks only—payable to UMN). Seats: 65

Judy Woodward, history coordinator, Ramsey County Library
7 sessions, Fridays, Oct. 11–Nov. 29 (No class Nov. 1), 1:00–2:30 pm, Roseville Library, Community Program Room

**Oct. 11:** The U.S. and Mexico, John Oswald

**Oct. 18:** The Middle East, Andrew Latham

**Oct. 25:** Refugees and Global Migration, Ellen Kennedy

**Nov. 1:** No class

**Nov. 8:** Nationalism in Europe, Thomas Wolfe

**Nov. 15:** Nuclear Negotiations, Todd Lefko

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**20154 Senses in the Season Hike LATE START DATE**
After the hustle and bustle of the week, take a peaceful walk through the park to realign your senses with nature. Discover how each season piques our senses in different ways. Reset your mind and body from overstimulation and become grounded in nature while appreciating the nuances each season offers. Meet in the Kroening Interpretive Center, Room 107, Minneapolis. Seats: 12

**Course Fee: $10**
North Mississippi Regional Park naturalist, Kroening Interpretive Center
1 session, Friday, Oct. 25, 1:00–2:30 pm, Kroening Interpretive Center, Room 107, Minneapolis

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**NEW 20422 Bees and Honey EARLY START DATE**
Learn more about extraordinary honeybees from their taxonomic relationship to other insects to their life cycle and a hive’s social structure. We will touch on beekeeping and end with a honey harvest. Observe live, working bees in their hive through glass. Handle beekeeping equipment and learn the part each tool plays in the yearly cycle of hive care. Finally, “bee” part of the process: Help uncap comb and spin the extractor for the sweetest reward around. Seats: 20

**Course Fee: $5**
Elaine Tucker, interpretive naturalist, B.A. biology, M.A. teaching
1 session, Friday, Oct. 4, 1:30–3:30 pm, Eastman Nature Center, Maple Grove

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**NEW 30605 Retaining Adaptability and Vitality while Aging—OLLI Scholar**
Any Minnesotan will know animals exposed to hardship often live longer! In this class we will discuss the biological principle of hormesis, how low exposure to something harmful can actually be beneficial. You are not a machine, but a living, breathing biological wonder that has an inner mechanism for self-repair. As time goes on, this mechanism becomes stronger. Secondary aging can be enhanced through lifestyle factors and our environment. Find out why life gets better after 50. Seats: 40

Deborah Walters, master’s of biological sciences, U of M
7 Sessions, Fridays, Oct. 11–Nov. 22, 1:00–2:30 pm, Lenox Community Center, Little Theater, St. Louis Park

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**NEW 30591 Star Trek for Dinner**
Now fifty years after it was aired, the original Star Trek from the late 1960s offers timely insight to the values and beliefs of the “Greatest Generation,” those Americans who came of age on the battlefronts and home front of World War II. In this class, grandparents—actual or honorary—will learn how to use this iconic TV show to teach history, literature, and the values that made America great. Seats: 30

Rick Menzel, veteran history teacher, retired Army officer
5 sessions, Fridays, Oct. 11–Nov. 8, 2:15–3:45 pm, AARP, Conference Center, Minneapolis
Dear OLLI Llama,

Q: What is OLLI doing to help with our environmental footprint?

A: Perfect timing for this question!
Since each course guide is about 20 pages (even after we shrunk the font and descriptions a little), and we print about 1400, that equals 28,000 pages, times four terms. According to an analysis from the Sierra Club, this is the equivalent of one-and-a-half trees! 66% of our OLLI members told us they are ready for an online course guide and 23% said they would be ready in the near future. A few of the other 122 OLLIs nationwide have made the transition to online guides only—or some hybrid model. All OLLIs are considering this not only because it helps the environment, but also because the cost of paper is increasing, and it really helps that updates can be made right away in an online version.

What can OLLI members at the U of MN do? We encourage you to choose the new option. Go Green: in your My Information page. This page is the first page you see after you select Check Out when ordering online. You’ll find it right after the box for your email address. You can also log in to your account at any time and click on My Account and then click on My Profile and select the Go Green: box. When you Go Green: you will no longer receive a Course Guide in the mail. You will get a notice when the OLLI Course Guide is available online!

Q: Could I teach or coordinate an OLLI course?

A: YES! OLLI is always looking for new courses and new course leaders. It is what keeps OLLI fresh and interesting. Contact the OLLI office if you have an area of expertise that you would like to teach a course. Or, if you don’t want to teach but are willing to work with others to put together a course contact Lynn Bolnick from the Curriculum Committee at lbolnick@outlook.com.

Thanks for asking!
Facilities/Host Sites

Remember that OLLI is a guest at course sites. Please honor their policies so that we are invited to return. Please welcome the site guests to OLLI courses—that is part of our agreement with them. To be respectful to the sites’ requests, and fair to other members, please do not attend a course for which you are wait-listed, or not registered, and let us know if you need to drop a course.

Thank you!

1666 Coffman
1666 Coffman St.
Falcon Heights, MN 55108

AARP Center
228 West Market, Mall of America
Bloomington, MN 55425

Abiitan Mill City
428 S 2nd St.
Minneapolis, MN 55401

American Swedish Institute
2600 Park Ave.
Minneapolis, MN 55407

Artistry at the Bloomington Center for the Arts
1800 W Old Shakopee Rd.
Bloomington, MN 55431

Becketwood
4300 W River Pkwy.
Minneapolis, MN 55406

Calvary Center Cooperative
7600 Golden Valley Rd.
Golden Valley, MN 55427

Crystal Community Center
4800 Douglas Dr. N
Crystal, MN 55429

Eastman Nature Center, Elm Creek Park Reserve
13351 Elm Creek Rd.
Maple Grove, MN 55369

Edina Community Center
5701 Normandale Rd.
Edina, MN 55424

Edina Senior Center
5280 Grandview Sq.
Edina, MN 55436

Eloise Butler Wildflower Garden and Bird Sanctuary
1 Theodore Wirth Pkwy.
Minneapolis, MN 55422

Folkestone
100 Promenade Ave.
Wayzata, MN 55391

Brookdale Library
6125 Shingle Creek Pkwy.
Brooklyn Center, MN 55430

Hennepin County Library—Ridgedale
12601 Ridgedale Dr.
Minnetonka, MN 55305

Hennepin County Library—Walker
2880 Hennepin Ave.
Minneapolis, MN 55408

Johanna Shores
3200 Lake Johanna Blvd.
Arden Hills, MN 55112

Knollwood Place Apartments
(on the Sholom Campus)
3630 Phillips Pkwy.
St. Louis Park, MN 55426

Kroening Interpretive Center
4900 N Mississippi Dr.
Minneapolis, MN 55430

Lenox Community Center
6715 Minnetonka Blvd.
St. Louis Park, MN 55426

Linden Hills Recreation Center
3100 43rd St. W
Minneapolis, MN 55410

Lutsen Resort Lodge
5700 W Minnesota 61
Tofte, MN 55612

Mia
2400 3rd Ave. S
Minneapolis, MN 55404

Parkshore Senior Campus
3663 Park Center Blvd.
St. Louis Park, MN 55416

Penumbra Theatre
270 N Kent St.
St Paul, MN 55102

Plymouth Congregational Church
1919 Lasalle Ave., Door 1
Minneapolis, MN 55403

Ramsey County Library—Roseville
2180 Hamline Ave. N
Roseville, MN 55113

Richfield Community Center
7000 Nicollet Ave. S
Richfield, MN 55423

Roseville Lutheran Church
1215 Roselawn Ave. W
Roseville, MN 55113

St. Paul JCC
1375 St. Paul Ave.
St. Paul, MN 55116

The Kenwood
825 Summit Ave.
Minneapolis, MN 55403

The Museum of Russian Art
5500 Stevens Ave. S
Minneapolis, MN 55419

The Waters of Highland Park
678 Snelling Ave. S
St. Paul, MN 55116

The Waters on 50th
3500 W 50th St.
Minneapolis, MN 55410

U of M Continuing Education and Conference Center
1890 Buford Ave.
St. Paul, MN 55108

U of M, Ferguson Hall
2106 4th St. S
Minneapolis, MN 55455

U of M, Mariucci Arena
1901 4th St., SE
Minneapolis, MN 55455

U of M, McNamara Alumni Center
200 Oak St, SE
Minneapolis, MN 55455

Call Parking at 612-626-7275 on the day of class to inquire about any events which may reduce parking in the University Ave. Ramp. Also, visit https://www.pts.umn.edu/content/parkme-app for real time updates on available space in lots and ramps on the East Bank.

Weisman Art Museum
333 E. River Pkwy
Minneapolis, MN 55455
Become an OLLI Member

We invite you to join OLLI to enroll in OLLI courses, attend events, participate in SIGs, join tours and travel opportunities, and meet other curious cohorts!

**Join Online:** Go to OLLI.UMN.EDU and click on the Membership and Registration button on the right side of the page. On the Sign-In Page, read instructions under New to OLLI and follow the prompts for next steps.

**Join by Mail:** Mail a check for $240 along with your course requests in order of priority, before September 9, 2019. Make check payable to the University of Minnesota. Mail to: OLLI, McNamara Alumni Center, 200 Oak St. SE, Suite 250, Minneapolis, MN 55455. Please include your full name (as you wish to be called), address, daytime phone number, and email address. You will receive an email confirmation within 24 hours of receipt of your check and course requests.

**OLLI Scholarships are available.** If you are interested in an OLLI membership scholarship, please call the office at 612-624-7847 to receive the brief application.

Important Information

**1. Membership Fees.** Only $240 for all this! Memberships run one year from date of purchase.

**2. Accessibility.** We accommodate persons with disabilities. If you have special needs, please address them in advance with your course leader or the OLLI office.

**3. Missing a Class.** If you need to miss a class, please let your course assistant know.

**4. Weather Cancellations.** If OLLI cancels courses due to inclement weather, we will email all course leaders and course participants by 8:00 am the morning of the class. We post OLLI cancellations on our home page olli.umn.edu. We call those without email. If you do not hear from us, assume that your course will be held. We cancel classes if the Minneapolis Public Schools close, or the University of Minnesota is closed.

Yes, we’d prefer to not cancel any course, but first we consider your safety and our many sites’ closure decisions.

**5. Photographing.** OLLI reserves the right to take photographs or videos during any program and to use them for promotional purposes. Participants who prefer that their images not be used are asked to contact the OLLI office.

**6. Accessibility.** OLLI is committed to providing equal access to its programs. If you have vision, hearing, or mobility problems that may interfere with your full participation in our courses and/or activities, please call the OLLI office at 612-624-7847, to request accommodation.

**7. Time or Location Changes.** Periodically, class times or locations may change. The most recent info is in the Course Guide, on the OLLI website and will be sent in an Up-To-Dater.

**8. Other Procedures.**

- **Please wear your name tag.** It helps course leaders and course assistants. And it helps OLLI create a more welcoming community
- **Check in on the roster that the course assistant or leader has before each class.**
- **Housekeeping.** Please keep classrooms clean.
- **OLLI courses are offered in the spirit of academic freedom.**
- **Course comment forms will be sent at the end of each course.** Please complete them truthfully and tactfully, as we use this information in our future planning.
Course Allocation Registration

OLLI uses a Course Allocation Registration process to assign member requests to courses on an equal opportunity basis. (A lottery is only run on courses that have more requests than seats available.)

There are three periods to Requesting/ Registering for OLLI Courses: Course Request, Allocation, and Additional Registration.

1) Course Request Period
During this period, members decide which courses they want and enter their requests online or by mail. During this period, members are “requesting” the courses they want.

a. Request courses based on your preferences. A first request will be marked as Priority #1; a second request will be Priority #2, and so on. Members can request as many courses as they would like during the Course Request Period.

b. At any time during the Course Request Period, members may change priorities and add requests. To remove a request, you must contact the office by email at olli@umn.edu or phone 612-624-7847.

2) Allocation Period
Allocation is only run on courses that have more requests than seats available. The computer software fills courses according to member requests/priorities. The database is closed during this period to retain the integrity of member requests. During this period members become “registered” in courses. Consequently, members cannot alter their requests during this time.

3) Additional Registration Period
After the Allocation Period is completed and members are registered in courses, members register for as many additional available courses as they wish. A list of courses with seats still available is sent via email through the Up-to-Dater as soon as the Additional Registration Period begins.

Requesting Courses

1) How to request courses:
• Go to olli.umn.edu and click on the Membership and Registration button on the right side of the screen.
• On the Sign In page, find the Sign in to Existing Account option and enter your username and password.
• Follow the instructions listed under How to Request/Register for Courses.
• Select the Category from the column on the left of the page.
• Select a course from the list on the right.
• Click the Request Course box.
  TIP: Be sure to click on the Request Course button for each course.
• Once all of your requested courses are added to your cart, check your selections. Remove unwanted courses by clicking on Remove. Once you are satisfied, click on Check Out.
  TIP: Members do not pay course fees during the Course Request Period. After you receive your course confirmation email you need to log in to your account and pay any course fees that may be due.
• Verify your personal data on Check Out: My Information. Please verify your email address. Click Next.
  TIP: Be sure to click Purchase or your requests will not be retained.
• You will receive a Course(s) Request Acknowledgment email listing the courses you have requested.

2) How to double-check your Course Requests and Priorities after you purchase
• Click on My Account, then Course Priorities
• Check your course priorities and re-prioritize using the dropdown list under the column priority
• Then click Save Priorities
  TIP: Be sure to click Save Priorities or your prioritization will not be retained.
  TIP: Look for the message Priority(-ies) Saved Successfully which will appear in green above the Priority column

3) How to change course requests during the Course Request Period:
• To add requests or change your priority order, access your online account any time during the Course Request Period.
• To remove a course, you must contact the office by email olli@umn.edu.
  TIP: Congratulations! You did it!

Requesting Courses by Mail

The office must receive course requests no later than 4 pm Monday, Sept. 9. Mail the following information on an 8.5” x 11” sheet of paper to: OLLI, U of M, McNamara Alumni Center, 200 SE Oak St, Ste 250, Minneapolis, MN 55455
• First and last name
• Mailing address
• Daytime phone
• Email address
• Numbered list of course requests in order of your priority; #1 being your highest priority.
• Include course number and title for as many courses as you wish to attend
• Do NOT send payment for course fees at this time.
• DO submit payment for Membership purchase, if necessary.
Important Dates

August 2019
Request Period
Aug. 26–Sep. 9, 4 pm

Allocation
Sep. 10–12

Additional Registration Period
Sep. 13–til two days before the first day of the class

Save the Date!
September 15, 2020

OLLI at the UMN 25th Anniversary Event!

2019 OLLI summer course: 40024: Music Therapy and Its Clinical Practice - OLLI Scholar