Think unique... OLLI!

Did you know that four OLLI members are Mia docents and develop visits just for OLLI? One OLLI member works for the Twins—and organized a sports-themed OLLI Talks! series.

Two dramaturgs from the Guthrie, and staff from the Penumbra, Nautilus, and Artistry offer bookend courses just for us. This spring, OLLI Scholars (grad students) introduce you to beneficial garden insects, the amazing brain, monsters in opera, women and work, etc.

You could take a course on Lincoln or Lake Street’s history, visit a renowned local photographer’s studio, or learn to become a more powerful citizen advocate. Naturalists lead educational hikes along the Mississippi and in parks for OLLI. And VocalEssence introduces you to Bob Dylan’s music arranged for a choir!

The variety of courses is astounding - arts, architecture, cultural awareness, film, history, geography, literature, photography, politics, spirituality, medicine, music, science, as well as speakers’ series, and Books You Don’t Have Time to Read. For new-er members, there’s a “Welcome to OLLI” course.

Remember that most Special Interest Groups meet all year, learning and enjoying each other’s company without breaks. If you like to travel, join OLLIs on the North Shore, onboard a train to Glacier National Park, or exploring San Miguel de Allende in 2020.

No matter how you choose to participate, we are certain you will find OLLI to be an engaging, fun, informative, unique learning experience!

Happy Spring!

Your Brain on OLLI. What Do We Know?

by Connie Osterbaan, Ph.D., Board president

Tai Chi, BrainFit, Square Stepping. These are just some of the activities being studied in relation to maintaining cognitive health as we age. Cognitive function—a term that includes memory, executive function, concentration, and processing speed—is among the most heavily researched aspects of aging. As a cognitive social psychologist, I was curious about how a program like OLLI fits into the activities scientists are studying and whether findings of recent brain research support the notion that OLLI is a “health club for the mind.”

Findings from single studies are often overblown in the media. The underlying research reality is much messier. Results can differ depending on the study design, the aspect of cognition being studied, and the measures used. Some researchers rely on self-reports, others use batteries of validated tests of cognitive functions, and newer studies measure physical changes in the brain such as hippocampal volume. Some researchers follow cohorts of people across their lifetimes, others compare different groups of people at a single point in time, and some conduct experiments—on humans or mice—using rigorous designs. Across the varying research approaches I reviewed on aging and the brain, however, I found compelling evidence to suggest that engaging in sustained mental and social stimulation through a program like OLLI may indeed help us maintain—and possibly even regain—cognitive function as we age. Here are my key takeaways:

1. Aging is accompanied by varying rates and degrees of cognitive decline. However, research shows that the aged brain harbors the potential for neural plasticity in both function and structure, and that lifestyle choices influence whether we function in the higher or lower ranges of our possible cognitive functioning.

2. The Seattle Longitudinal Study of Adult Intelligence, and more than a dozen longitudinal studies on aging, concluded there is strong and sound empirical support that engaging in intellectually and mentally stimulating activities slows rates of cognitive aging and enhances levels of cognitive functioning in later life. Other studies show benefits from even short-term training programs begun in later life.

3. Studies on structural brain plasticity in adult learning suggest that activities should be complex, challenging, and sustained over time. Intellectual activities should be inherently meaningful for older adults and embedded in larger social contexts. Learning new skills gets you more than practicing well-honed skills, learning about something unfamiliar gets you...
more than learning about familiar subjects, and selecting challenging forms of mental stimulation may yield even greater benefits. Attending courses is generally rated as involving high cognitive demand.

4. Being socially active and having larger social networks of people you interact with at least once a month also cushions cognitive health. A recent randomized-controlled Chinese study showed that intellectual stimulation through social interaction was not only associated with cognitive improvements but with increases in brain volume.

Researchers are careful to note that intellectual and social enrichment are not panaceas against cognitive decline. However, on balance, available evidence suggests that participating in OLLI may be one choice we can make to help us continue to function in the higher range of our possible cognitive functioning—especially if we choose challenging courses in unfamiliar subject areas and take advantage of OLLI’s opportunities for social engagement through volunteer opportunities, courses, travel, and Special Interest Groups. And perhaps we should add a course that exposes our brains to a different form of novelty each week: computer coding, juggling, language apps, dive bars, playing the trumpet, square stepping... Any takers? [I’m serious, email olli@umn.edu if you’d take a novelty-of-the-week course.]

Make it New, Make it Challenging, Make it Social, Make it OLLI.

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**How to Join OLLI or Renew**

OLLI is a membership organization. We invite you to join, renew your membership, enroll in OLLI courses, attend events, participate in SIGs, join tours and travel opportunities, meet other curious seniors, etc.

**Online:** Go to OLLI.UMN.EDU and click on the Membership and Registration button on the right side of the page. On the Sign-In Page, follow the select either Sign in to existing account, or Create new account.

**Call:** 612-624-7847 for assistance.

**OLLI Scholarships**
We would like everyone who is interested to be able to benefit from OLLI. If you need an OLLI membership scholarship, please email the office at olli@umn.edu to receive the brief application.

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**Ask OLLI Llama**

**Answering member questions!**

*Olli Llama, Q:* Why are so many OLLI courses on Tuesdays?

*A:* During course scheduling, first, we try to honor our course leaders’ requests for their preferred course times and days. Second, we work with our partner sites to see when facilities are available. As a couple of you pointed out, Tuesdays are extra popular! There are a few things we are going to try to spread the joy. In the fall, we will move one of the OLLI Talks! to a different day of the week, and we will ask a couple of the Tuesday-loving course leaders if they are able to teach on another day.

*Q:* Why don’t I see the “add to cart” or “request course” button when I want to add a course to my cart?

*A:* First, make sure you are signed into your account. You will know that you are signed in because the top of the page will say "Welcome, (your name)!" Second, you may need to renew your membership or become a new member. Once you sign in to existing account, you will see the “add to cart” button and be able to add courses to your cart. A third possibility is that the registration system is offline because we are running allocation or because registration has ended.

*Thanks for asking!*
Special Interest Groups (SIGs)

About SIGs:
- Provide enriching opportunities beyond the OLLI classroom.
- Meet year round (except where noted).
- No registration—just join us or contact the name listed for details.

Can I Start a SIG? Yes! All is takes is a member or two willing to take the lead. We’ll help find other members who share the same interest.

Several OLLI members have been brainstorming new SIG ideas: museum hoppers, math enthusiasts, happy hour goers. If you are ready to take up the mantle for these or others, email or call Nancy Garland, SIG coordinator at 612-850-1495, nancyhgarland@gmail.com.

At the Theater: Weekend matinee live theater performances, followed by dinner nearby. Approx. once a month. Ron & Marghe Tabar, rjtabar@comcast.net.

Bridge/East Metro: 2nd & 4th Tuesdays, 6:00 pm, Falcon Heights. Kate Anderson, anderson1466@msn.com.

Bridge/West Metro: 1st & 3rd Mondays, 2:00 pm, Perkins, St. Louis Park. Carole Cranbrook, cranbrook61@msn.com.

Documentary Films: View and discuss. 3rd Fridays, 1:30–4:00 p.m, except July & Dec. Episcopal Homes, St. Paul. Joan Delich, sokadel@comcast.net.


Knitting/East Metro: 4th Wednesdays, 1:30 pm, The Yarnery, St. Paul. Ginny Mahlum, vmahlum@comcast.net.

Knitting/West Metro: 2nd Wednesdays, 1:30 pm, Shir Tikvah Congregation library, Minneapolis (usually). Nancy Garland, ng68@cornell.edu.

Memoir Writing: 3rd Thursdays, 1:00 p.m. Franklin Library, Minneapolis. Ken Rich, krich@gmail.com.

THE NEW YORKER Discussion Group: Thursdays, 2:00 pm, Uptown Lunds, 2nd floor, Joyce Popp, joycepopp44@gmail.com; Jennifer Restrepo, jrestrepo5652@gmail.com.

OLLI Qwesters – Biking: On hiatus until May. Wednesdays, May–Sep., Nell Bean, nellalbean@gmail.com.

Play Reading: 2nd Fridays, 10:00 am, Sep–June, Walker Place, Janet Kramer-Barr, janetkramer7@gmail.com; Jack Harkness, gharkness@comcast.net.

St. Paul Contemporary Fiction: OPEN for 3-4 members. 3rd Fridays, 10:30 am, Highland Park Library conference room, St Paul. Followed by optional lunch. Della Shupe, djshupe@gmail.com, 651-428-1492

Thursday Walkers: Weekly. Members take turns choosing and leading the walks in various locations. Optional lunch follows. Judy Remington, judyrem@comcast.net.

BOOK CLUB SIGs

American History Books: 1st Thursdays, 1:30 pm, Highland Park Library, St. Paul. No meetings in July or Aug. Jack Christensen, jecmdc@gmail.com.

Fiction/St. Paul East: 3rd Mondays, 1 pm, Grateful Table, Roseville. Sharon Thronson, salthrons@q.com, Georgia O’Hara, georgiaohara23@yahoo.com.

Fiction Minneapolis: Full

Fiction/Nonfiction Arden Hills: Full

Fiction St. Paul: 4th Thursdays, 1:30 pm, various locations & lunch. Ron Tabar rjtabar@comcast.net.

Mysteries: 1st Tuesdays, 2:30 pm, temp location. Karen Koepp, kkoeppl1@gmail.com.

Nonfiction Minneapolis: Full

Nonfiction St. Paul: 4th Thursdays, 1:30 pm, various locations & lunch. Ron Tabar rjtabar@comcast.net.

Politically Inspired Nonfiction: – Full

St. Paul Contemporary Fiction: OPEN for 3-4 members. 3rd Fridays, 10:30 am, Highland Park Library conference room, St Paul. Followed by optional lunch. Della Shupe, djshupe@gmail.com, 651-428-1492

The Rather Odd Book Club: Oddly, members do not all read the same book. We choose a decade in history and pool our insights, perspectives, and information. 4th Fridays, 3:00 pm, Edina. Jeannie Hanson, jkhans913@gmail.com or Shawn Hartfeldt, shartfeldt@yahoo.com.

Women’s Topics Book Club: Fiction/nonfiction. 2nd Tuesdays, (except Aug, Dec, Jan) 1:30 pm, St Paul JCC, Deborah Tabert, ddtat7220@comcast.net, Dot Delegard, dotdelegard@gmail.com.
**OLLI TRAVEL**

**Cruising Portugal’s Wine Valley**
October 15–27, 2019

Discover beautiful Portugal’s wine valley during a 12-day river cruise with other OLLI members. On “Secrets of the Douro River,” spend two days exploring Lisbon before boarding the cruise ship in Porto. Visit Pinhão, Vega de Terrón, and Fatima, visiting wineries and historical sites along the way. The cruise tour will mingle Aussies, Brits, and Canadians via the Emerald Company. Cherie Hamilton, past OLLI president, will serve as the OLLI trip host. Trip difficulty level: Walking on land and boat, no climbing.

For more information or to sign up, contact: Janet Tollund, Group Travel Directors, 952-885-2133 or jtollund@gtd.org.

**OLLI Study Trip to Glacier National Park**
June 30–July 7, 2019

OLLI Course Leader Andrew Selden will lead his second trip to Glacier National Park this summer! We’re still hammering out the details, but we will depart from St. Paul Sunday evening, June 30 on Amtrak’s Empire Builder, for an informative and fun 6-day trip. The trip will include informative presentations on the natural history and wildlife of the park, a day tour with a Blackfeet Indian guide, a narrated boat cruise on Lake McDonald, and a narrated Red Bus tour over Logan Pass on Going-to-the-Sun Road. The trip will be preceded by OLLI classroom presentations on Glacier National Park, the 19th century western expansion, and the role of the Great Northern Railway in developing the park.

For now, save the dates. Details and information on reserving your place will be published later this spring. Space is limited.

**OLLI Study Trip to Beautiful San Miguel de Allende**
January 3–12, 2020

Expand your understanding of globalization and discover beautiful San Miguel de Allende, Mexico, during a 10-day program through which you will experience the cultural richness of Mexico and a real-life example of Mexican-American interdependence!

The program starts on Friday with an orientation to San Miguel and Mexico. The first weekend includes an excursion to the Monarch Butterfly Biosphere Reserve and the amazing city of Guanajuato. Monday through Friday you’ll attend morning courses to learn what globalization means in personal and local terms, allowing you to practice the theory of Cultural Complementarity. Afternoons will include sessions on Mexican culture and history, along with explorations of the vibrant arts scene and expat community. During the final weekend, visit the ancient pyramids and archeological sites at Canada de la Virgen. Participants will stay in comfortable, centrally located hotels. Hector E. Garcia will serve as instructor and OLLI program host. Space limited to 20. Trip difficulty: Lots of walking around this hilly town. Optional climbing on tours. Itinerary is subject to change.

**UMAA TRAVEL**

OLLI members are eligible to participate in University of Minnesota Alumni Association-sponsored trips. All trip inquiries should be directed to the UMAA or the travel vendors listed below. Call 612-624-2323 or visit www.umnalumni.org/travel for more information and to view the full list of travel opportunities.

**Across Spain and Portugal**
September 29–October 15, 2019 from $5,478 including airfare
Travel in a small group through the Iberian Peninsula. From rugged Basque country to commanding Pyrenees peaks, Lisbon to vibrant Barcelona, splendid landscapes, fine art, and intimate lodgings in historic paradores and pousadas all await. Contact Odysseys Unlimited: 800-370-6765

**Italian Riviera**
October 19–27, 2019 from $2,995
Discover the Italian Riviera, the enchanting coast along the Ligurian Sea, while staying in the beautiful Sestri Levante for seven nights. Cruise to Portofino and Santa Margherita, admire the picturesque Cinque Terre villages, and explore Genoa and Camogli. In nearby Tuscany, visit historic Carrara and Lucca. Contact AHI: 800-323-7373

**Timeless Cuba**
November 15–23, 2019 from $2,349 including airfare
Discover the true depth and beauty of the once-forbidden island nation of Cuba on this impressive seven-night voyage aboard Oceania Cruises’ elegant Insignia. Experience Havana’s old-fashioned aesthetic, be enchanted by Cienfuegos’ French spirit, and uncover Santiago de Cuba’s rich heritage. Contact Go Next: 800-842-9023

*Dates, prices, and itineraries are subject to change. Check with the tour provider or UMAA for updated information.*
Spring 2019 Course Guide

Mar. 25–May 10

All information in this catalog is subject to change. All changes/updates are sent via email through the Up-to-Dater. Changes are also made to the online course guide and indicated as such in red.

HOW COURSES ARE LISTED:
Courses are listed by day of the week, start date, and start time. Some courses meet outside of the regular term. Please pay particular attention to session dates listed. Complete addresses for facilities/host sites are listed on pg. 18.

EARLY START DATES are indicated for courses that begin prior to Mar. 25

LATE START DATES are indicated for courses that begin after the week of Mar. 25–Mar. 29

OLLI Scholar classes are designated as such in the title of the class. The OLLI Scholar Program provides exceptional students who are experts in their field of study a paid opportunity to teach for OLLI during one of our four terms—fall, winter, spring, or summer.

Culture Corps classes are designated as such in the title of the class. The Culture Corps Program (scholarship) in the International Student and Scholar Services partners up with OLLI every year to strategically plan out 8–10 courses taught by international graduate students. With OLLI’s support, students are able to gain valuable curriculum development skills.

Key: Course Categories

10000s: Arts
20000s: Science & Technology
30000s: Social Sciences
40000s: Interdisciplinary
50000s: Tours

MONDAY

10267 North Star – Minnesota on Film
From Babbit to The Coens’ social satire, from 1950s rural lakeshore political thrillers to Rachel River’s psychological drama, Minnesota has been a continuing presence on the big screen over the decades since the 1930s. Join us for a retrospective look at the many ways that Minnesota has figured in memorable and enjoyable films, as we delve into the thematic, character, narrative, and cultural textures that have expressed the North Star state on film. Seats: 30
Larry Crawford, OLLI member with an interest in film
8 sessions, Mondays, Mar. 25–May 13, 9:30 am–12:00 pm, The Gardens at Episcopal Homes, Theater, St. Paul

30093 Let’s Talk about Life After Death. Really? Yes, Really.
Three out of 4 Americans believe in the paranormal according to the Gallup News Service (6-15-05). Using music, consciousness, and anecdotal videos, plus excerpts from Forever Ours by Dr. Janis Amatuzio, a retired Minnesota forensic pathologist, this course offers open-minded discussion and sharing with no answers. It is not a class on religion. Yes, we do have fun! As Einstein tells us, “The most beautiful thing we can experience is the mysterious.” Seats: 60
Kay Anderson, retired C.P.A., math and science educator, and OLLI member with a lifelong interest in the unknown
7 sessions, Mondays, Mar. 25–May 6, 10:00–11:30 am, Calvary Co-op, Prairie Room, Golden Valley

40022 OLLI Talks!: Sports
Join local sports figures and experts as they share their specialized knowledge and enthusiasm for their sport! Twins Curator Clyde Doepner, Vikings VP JP Paul, and Fox Sports North Jeff Grayson will be just a few of our guest speakers. A full list will be sent to participants via email prior to the first session. Seats: 50
Tom Rooney, senior guest services specialist, Minnesota Twins
7 sessions, Mondays, Mar. 25–May 6, 10:00–11:30 am, The Gardens at Episcopal Homes, Otto Hall, St. Paul

10008 Western Culture Art
Evolutionary Odyssey
Part IV of a nine-part series on Western Culture Art addresses the art of the European Middle Ages. As well as the primary subject matter, additional content covered includes interpreting selected masterpieces and current news from the worlds of art and art history. Seats: 40
Course Fee: $5
Gary Hanson, U of M and Stonier graduate, retired senior executive with Minneapolis Federal Reserve, OLLI Board member
7 sessions, Mondays, Mar. 25–May 6, 10:00–11:30 am, McNamara Alumni Center, OLLI Classroom 235, U of M

In this course we will discuss the social, political, and economic forces that have and continue to displace indigenous languages. Reviewing the social and individual effects of language loss help us understand why it’s important to bring languages back. Finally, we will learn from the language revitalization efforts in the United States and around the world, and even try our hand at learning some Ojibwe and Mixtec. Seats: 40

Long Beach, and former family law practitioner
6 sessions, Mondays, Mar. 25–Apr. 29, 10:00–11:30 am, Crystal Community Center, Activity Room, Crystal
Maria Schwedhelm, Ph.D. student, second language education, U of M, OLLI Scholar
7 sessions, Mondays, Mar. 25–May 6, 10:00–11:30 am, Becketwood, Kensington Square, Minneapolis

10211 Experience the Masters of Photography  LATE START DATE
Marvel at the photographic art of Edward S. Curtis, Dorothea Lange, Dave Heath, and Weegee and enlarge your repertoire of photographic art. These masters’ art abounds with messages about human nature, history, Native American culture, struggle, daily life, and much more that resonates with current issues at the forefront of our lives today. This four-session class will improve how we see and appreciate the art of photography. Includes special guest speaker (Apr. 15), Christopher Cardozo, world-renowned expert and author on Edward S. Curtis! No book required; photography experience is not expected. Seats: 40
Larry Greenbaum, former non-profit career agency director, former high school English teacher with a longtime passion for landscape photography, OLLI Board member
4 sessions, Monday, Apr. 1–22, 10:00–11:30 am, Folkestone, Theater, Wayzata

10442 Social Personalities of Women in Opera: A Collage  LATE START DATE
Opera excerpts explained in opening class and discussion of performance in final class. Verdi’s La Traviata, Act III, Puccini’s La Bohème, Act III, Beethoven’s Fidelio, Act II, and Strauss’ Der Rosenkavalier (excerpts) will be performed. Seats: 30
Alan Kagan, retired professor of ethnomusicology, U of M; Kay Lipton, Ph.D., UCLA, former musicologist at Texas State University
2 sessions, Mondays, Apr. 8 and 15, 10:00–11:30 am, Ferguson Hall, Room 280, U of M, St. Paul Campus

NEW 30569 Appreciating the Enlightenment  EARLY START DATE
Careful research on how the world can—and is—getting better: Steven Pinker’s new book, Enlightenment Now: The Case for Reason, Science, Humanism, and Progress (Viking, 2018), continues in great detail his explorations of the unique progress that began with the Enlightenment. Since change is part of our human history, each generation must now rediscover, and expand, the evidence-based science and humanist values that transformed the past 300 years. We will read and review this essential new book. Seats: 50
Bob Tapp, emeritus professor, humanities, religious studies, and South Asian studies, U of M
2 sessions, Mondays, Mar. 18 and May 13, 12:30–2:00 pm, 1666 Coffman, Social Room, Falcon Heights

NEW 10436 Cyrano de Bergerac
Cyrano is a poet and cadet with panache—and a grotesquely large nose. He loves Roxane, but she loves the handsome Christian. What can Cyrano do but help Christian woo Roxane? Set in 17th-century France and featuring drama’s second-most famous balcony scene, Cyrano de Bergerac is a swashbuckling comedy full of heroism and heart. Learn about and discuss the play’s text and characters as well as the Guthrie’s production. Play runs Mar. 16–May 5. Seats: 40
Carla Steen, dramaturg, Guthrie Theater
2 sessions, Mondays, Mar. 25 and May 6, 12:30–2:00 pm, Abiitan Mill City, Classroom, Minneapolis

NEW 10438 Greatest Hits of the English Renaissance
We will survey English music, both secular and sacred, from the earliest manuscripts through the reign of James I. We will discuss the musical instruments of the period, the transition from handwritten manuscripts to printed scores and the emergence of popular music from music of the court. Examples will include madrigals (Morley and others), lute music (Dowland), church music (Gibbons, Byrd), organ music, harpsichord music (Fitzwilliam Virginal Book), and others as time permits. Seats: 40
James Hart, retired attorney, choral conductor, keyboard performer
7 sessions, Mondays, Mar. 25–May 6, 12:30–2:00 pm, Becketwood, Minneapolis

20146 Understanding the Universe – Part V
Join us for a continuation of the grand tour of the universe—learning about the cosmos from its very beginnings (the Big Bang) to what we know today about astronomy and cosmology, and what we have left to learn: dark energy, dark matter, the end game). Each week we view two 30-minute lectures by Alex Filippenko, professor of astronomy and astrophysics at the University of California, augmented with class discussion. Part V covers stellar explosions, black holes, and the Milky Way and other galaxies. Seats: 50
Gary Hanson, U of M and Stonier graduate, retired senior executive with Minneapolis Federal Reserve and OLLI Board member
7 sessions, Mondays, Mar. 25–May 6, 12:30–2:00 pm, McNamara Alumni Center, OLLI Classroom 235, U of M

10435 Metamorphoses: Mary Zimmerman’s Play on Ovid
LATE START DATE
In what’s considered her signature theatrical piece, once hailed as “the theater event of the year” (Time), Tony Award-winning director and playwright Mary Zimmerman juxtaposes the ancient and the contemporary in a visually stunning theatricalization of Roman poet Ovid’s powerful masterwork, Metamorphoses. Performed in and around a large pool of water, a ravishing effect, an ensemble of actors embodies figures from Greek mythology to share both well-known and rarely told stories of transformation. Play runs Apr. 13–May 19. Seats: 50
Jo Holcomb, senior dramaturg, Guthrie Theater
2 sessions, Mondays, Apr. 1 and 8, 12:30–2:00 pm, Abiitan Mill City, Classroom, Minneapolis

NEW 10436 Der Rosenkavalier
Byrd), organ music, harpsichord music (Fitzwilliam Virginal Book), and others as time permits. Seats: 40
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Jo Holcomb, senior dramaturg, Guthrie Theater
2 sessions, Mondays, Apr. 1 and 8, 12:30–2:00 pm, Abiitan Mill City, Classroom, Minneapolis

NEW 10436 Der Rosenkavalier
B
Danielle Quist, lead naturalist, North Mississippi Regional Park
1 session, Monday, Mar. 25, 1:00–2:30 pm, Kroening Interpretive Center, Minneapolis

10431 Writing Retreat with Coaching LATE START DATE
Something different—and at Lutsen Resort! Bring any writing project you’re working on or want to start, whether fiction, nonfiction, blog, memoir, travel journal, etc. Each full day will feature a tips presentation and warm-up writing exercise from me; solo writing time for you; free time while I’m coaching two or three people; a pleasant walk/stroll/hike; and a dinner with wine. Write away! Lodgings are at a huge discount at the Poplar River condos, part of Lutsen Resort. Seats: 10
Course Fee: $500/person for a double with two beds; $650/person for a single (hugely discounted rates). Limit: 12 people (four in singles and eight in doubles). After you receive confirmation that you are registered for the course, email the course leader at jkhans913@gmail.com with your room choice (double or single), carpool interest, and to coordinate course fee payments.
Jeannie Hanson, professional writer, coach, and literary agent, published 13 books and more than 100 articles (double or single), carpool interest, and to coordinate course fee payments.
Jeannie Hanson, OLLI member, retired literary agent/professional science journalist
5 sessions, Monday–Friday, May 20–24, 8:00 am–5:00 pm, Lutsen Resort

NEW 20144 Flicks on Tuesday:
Hitchcock on Sexuality and Gender
The recent premiere of Marnie as an opera (originally released as a Hitchcock film in 1964), has called attention to the continuing analysis of Hitchcock’s films as texts dealing with sexuality and gender. In the light of recent scholarship, we will examine such films as Frenzy, The Birds, Vertigo, and Shadow of a Doubt. Seats: 50
Jack Stuart, emeritus professor of history, California State University, Long Beach
7 sessions, Tuesdays, Mar. 26–May 7, 9:30 am–12:00 pm, Westminster Presbyterian Church, Meisel Room, Minneapolis
NEW 40023 Welcome to OLLI!

**EARLY START DATE**

Welcome new-ish OLLI members! The OLLI Board president and executive director invite you to come and gain an overview of OLLI and its history, and learn about how the courses, SIGs, events, travel, and volunteering all work together to create OLLI. You are invited to stay afterwards, purchase lunch at D’Amico and Sons, and visit with the co-leaders and other new OLLI members.

Seats: 50

Peg Lonnquist, OLLI executive director and Connie Osterbaan, OLLI Board president

**NEW 30561 The Power of a Citizen Advocate**

In this course, participants will learn how to leverage their power as a citizen to influence public policy and lawmakers. Participants will learn the difference between decision-maker advocacy, person-to-person advocacy, and media advocacy, and how to be an effective citizen advocate. The course will also discuss tips for building relationships with elected officials.

Seats: 30

Erin Parrish, associate state director for advocacy and outreach for AARP Minnesota.

**NEW 30562 The American Dream: From Jamestown to Silicon Valley**

What does it mean to be an American? What is meant by “with liberty and justice for all”? Why were the words “to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity,” placed in the U.S. Constitution’s preamble? This three-part course will explore these questions through a Great Courses video series including: The American Mind, presented by Professor Allen C. Guelzo, Librarian of Congress Daniel Boorstin’s The Americans, and Harvard historian Jill Lepore’s These Truths. Seats: 40

Peter Bl ewett, master’s degrees in political economy and history; associate professor of history, University of Alaska

7 sessions, Tuesdays, Mar. 26–May 7, 10:00–11:30 am, Calvary Co-op, Prairie Room, Golden Valley

**30038 Current Economic and Behavioral Issues**

This course follows current macroeconomic policy issues related to the past recession as well as issues brought up by the recent election. Focus will include tax policy, debt and deficits, international trade, and economic inequality. Economists introduced include: Paul Krugman, Joseph Stiglitz, Stephanie Kelton, and Thomas Piketty. The other major topic is the new field of behavioral economics, particularly its implication for the border field of economics; Daniel Kahneman, Daniel Ariely, and Richard Thaler will be introduced. Seats: 50

Don Renner, emeritus professor of economics, Minnesota State University, Mankato

7 sessions, Tuesdays, Mar. 26–May 7, 10:00–11:30 am, The Waters on 50th, Community Room, Minneapolis

**30154 Islam and Muslims**

After summarizing the history of Islam and its societies, we will touch on its customs, values, and current discontents. Esam Aal will present a Muslim’s view of his faith and lead a panel discussion, Minnesota Muslims—Hopes and Anxieties. Seats: 40

Esam Aal, OLLI member

Louis Lavoie, studied physics at the University of Chicago’s Institute for Nuclear Studies, author of Anger In the East: Historic Sources of Muslim Discontent

5 sessions, Tuesdays, Mar. 26–Apr. 23, 10:00–11:30 am, Folkestone, Theater, Wayzata

**NEW 30575 Abraham Lincoln**

Lincoln was a fascinating man and president. Lincoln’s early life will be discussed, including why he did not attend his father’s funeral. Lincoln had a disease and we will look at the full spectrum of that ailment. Lincoln is the only president to hold a patent. The full truth about the Emancipation Proclamation—very different from our assumptions. Much more. Seats: 220

J.B. Andersen, educator, curator, and writer

6 sessions, Tuesdays, Mar. 26–Apr. 30, 10:00–11:30 am, Roseville Lutheran Church, Roseville

**NEW 20148 Introduction to Climate Science for Minnesotans**

This course presents a broad overview of the science of climate change, with a particular focus on Minnesota. We will look in-depth at past, present, and future climate as well as the tools scientists use to study the climate system. We will end the class with a critical discussion of proposed actions to limit global warming. Seats: 50

Sam Potter, Ph.D., atmospheric and oceanic Sciences, Princeton University

7 sessions, Tuesdays, Mar. 26–May 7, 10:00–11:30 am, Johanna Shores, Community Room, Arden Hills

**40001 OLLI Talks!**

Join local scholars and experts as they share their specialized knowledge and enthusiasm for their topic. Speakers and topics for this term are listed below. Co-sponsored with Hennepin County Library–Southdale and open to Southdale library users. To recommend a speaker, contact the convener.

Seats: 150

Susan McCloskey, convener and OLLI member

7 sessions, Tuesdays, Mar. 26–May 7, 10:00–11:30 am, Hennepin County Library–Southdale, Full meeting room, Edina

**Mar 26: Who Owns Your Personal Information in the Era of Big Data, Don Gemberling, retired attorney, OLLI member**

**Apr 2: Why We Can't Stop Eating, Allen S. Levine, professor, food science and nutrition, U of M, president of The Obesity Society for health professionals**
NEW 30658 Saving the Sciences

**EARLY START DATE**


Bob Tapp, emeritus professor, humanities, religious studies, and South Asian studies, U of M
2 sessions, Tuesdays, Mar. 19 and May 14, 11:30 am–1:00 pm, 1666 Coffman, Social Room, Falcon Heights

NEW 10456 The Schumanns – A Dynamic Duo

Robert and Clara Schumann were able to merge their lives and their musical careers for only 14 years, yet we enjoy their legacy 170 years later. We will listen to Teaching Company lectures, followed by discussion and music. Note extended time. Seats: 20
Karl Willson, OLLI member and music listener
7 sessions, Tuesdays, Mar. 26–May 7, 12:30–2:30 pm, The Waters of Highland Park, Well-Being Room, St. Paul

NEW 30557 Francophone Africa: Pre-Colonization to the Present–Culture Corps

“Until the lion tells his side of the story, the tale of the hunt will always glorify the hunter.” The goal of this course is to discuss and retrace the social and economic structures of French-speaking Africa before the arrival of the colonizers and analyze the alterations colonization brought to the local ways of doing and living, through in-class
discussions and guest speakers. Seats: 30
Seyni Mbaye, master’s candidate, international development practice, Humphrey School of Public Affairs, U of M, native of Senegal, West Africa. 7 sessions, Tuesdays, Mar. 26–May 7, 12:30–2:00 pm, McNamara Alumni Center, OLLI Classroom 235, U of M

40004 Tuesday Scholar: OLLI Talks! at Roseville Library
Join scholars from area colleges and elsewhere as they share their specialized knowledge and enthusiasm. It’s like hearing your favorite college professors again without worrying about writing papers or taking finals! Seats: 65
Judy Woodward, history coordinator, Ramsey County Library 6 sessions, Tuesdays, Mar. 26 - Apr. 30, 1:00 - 2:30 pm, Roseville Library, Community Room, Roseville

Mar. 26: How Do Racial Attitudes Influence American Politics? with Howard Lavine, Arleen C. Carlson professor of political science and psychology, U of M, and director of the Center for the Study of Political Psychology

NEW 30566 After the War to End All Wars: The Postwar Experiences of World War I LATE START DATE
World War I did not end all wars. Join one of the library’s most popular speakers, Janet Woolman, as she looks at the immediate results as well as the lasting legacy of the First World War. The four sessions will focus on the Russian Revolution and civil war; the mixed results of the war for western Europe; the fate of the European colonies in Africa, the Middle East, and Asia; and the complex economic and social issues masked by the Roaring Twenties and life in post-war America. Seats: 65
Janet Woolman, former history educator, Blake School Judy Woodward, history coordinator, Ramsey County Library 4 sessions, Tuesdays, May 7–28, 1:00–2:30 pm, Roseville Library, Community Room, Roseville

NEW 20151 Prairie Ecology Tour LATE START DATE
Over 18 million acres of prairie once covered western Minnesota. Today, less than one percent remains. Explore the intricate relationships between animals, plants, and land in one of the most complex and diverse ecosystems in the world on a tour of our restored prairie with a naturalist. Meet in the Kroening Interpretive Center. Seats: 20
Course Fee: $10
North Mississippi Regional Park naturalist, Kroening Interpretive Center, Minneapolis
Section 1: 1 session, Tuesday, Apr. 23, 1:30–3:00 pm, Kroening Interpretive Center, Minneapolis
Section 2: 1 session, Tuesday, May 7, 1:30–3:00 pm, Kroening Interpretive Center, Minneapolis

30181 Democracy: Its Origins and Awakenings
Read and discuss selected chapters in Of the People and By the People (2011) by Roger Osborne. Each historical period covered in the text will focus on the challenging issues relating to a particular awakening. When possible, class discussion will also touch on implications for modern democratic practice. Used copies of the text may be purchased inexpensively online. Seats: 40
Charles H. Nelson, emeritus professor of sociology, Muskingum University 7 sessions, Tuesdays, Mar. 26–May 7, 2:15–3:45 pm, McNamara Alumni Center, OLLI Classroom 235, U of M

20037 Warblers and Other Birds of Eastman Nature Center LATE START DATE
Hike the trails of Eastman Nature Center in Elm Creek Park Reserve to observe the many migrating songbirds. Look for warblers and also see some waterfowl, gnatchatchers, thrushes, kinglets, raptors, and more. Bring your own binoculars or request to borrow a pair. Seats: 20
Course Fee: $5
Lauren Borer, interpretive naturalist, Eastman Nature Center 1 session, Wednesday, May 1, 7:00–9:30 am, Eastman Nature Center, Outdoor course, Maple Grove, MN

NEW 20150 Mississippi River Flyway Bird Watching LATE START DATE
Each year, an estimated 325 bird species use the Mississippi River to guide their roundtrip migration. Find out more about how and why birds use the Mississippi River to guide them during such an impressive journey. Then, develop your bird-watching skills while looking for migratory birds along the river with a naturalist. All experience levels are welcome. Binoculars provided if needed. Meet in the Kroening Interpretive Center. Seats: 12
Course Fee: $30
North Mississippi Regional Park naturalist, Kroening Interpretive Center 3 sessions, Wednesdays, Apr. 24–May 8, 8:00–9:30 am, Kroening Interpretive Center, Minneapolis

10081 Scandinavia through the Lens LATE START DATE
View four award-winning Nordic films that look at seemingly ordinary characters in mundane circumstances with humor and emotion that change their lives and the lives of those around them in unexpected and intriguing ways. Each character is rooted in his or her society, but it is their humanity that make their appeal universal. Films will be followed by discussion. Seats: 60
Steve Benson, retired OLLI executive director
30556 History of Africa: 1500–1800
This course examines the history of sub-Saharan Africa from the Portuguese invasion to the beginnings of European occupation. Two of the major issues examined will be the trade in enslaved humans and the West African jihads from the late 1700s to 1800. Readings, lectures, and discussions will be used in about equal proportions. Seats: 40
Tom O’Toole, emeritus professor of sociology and anthropology, St. Cloud State University
7 sessions, Wednesdays, Mar. 27–May 8, 10:00–11:30 am, Lenox Community Center, Little Theater, St. Louis Park

50045 Secrets of the Library
Think you know all about libraries? We will expand your knowledge of libraries and the secrets they hold. Join us as we tour libraries of all types to see how they have evolved and adapted to new demands, new technologies, and new users. Participants are responsible for transportation. These are walking tours and some of the libraries are large. Let us know if there is a library/archives you want to visit. First meeting location will be emailed to participants. Seats: 20
Ann Walker Smalley, director, Metronet Olivia Moris, continuing education manager, Metronet
7 sessions, Wednesdays, Mar. 27–May 8, 10:00 am–12:00 pm, Various Libraries

NEW 10448 Figaro through the Operatic Lens of Mozart and Rossini
Using Rossini’s and Mozart’s operatic settings of Beaumarchais, in first 2 Figaro plays—The Barber of Seville and The Marriage of Figaro—we will develop an understanding of how music portrays characters in opera, and gain insight about the circumstances that led to these works coming to fruition in the first place. Though both settings revolve around Figaro, whose ingenuity and cunning served as a symbol of class revolt against the upper classes, their respective musical treatments reflect the lower class’s steady ascendency in society. Seats: 65
Kay Lipton, Ph.D., UCLA, former musicologist at Texas State University
7 sessions, Wednesdays, Mar. 27–May 8, 10:00–11:30 am, Folkestone, Theater, Wayzata

NEW 10432 Weisman Art Museum Book Club Tours LATE START DATE
The WAM Book Club is a reading list comprised of three books to choose from that directly tie to the exhibition Baggage Claims, and invites groups to schedule a custom tour and discussion with a tour guide who has also read your book of choice. Participants are encouraged to read one, two, or all three books, then choose a date to tour the exhibit. Multiple dates are offered for each book. Once you are confirmed as registered by the OLLI office, WAM will contact you for your preferred book and date. Parking: $3/hour.
Seats: 15 (each date)
Jamee Yung, director of education, WAM

Wednesday Tours 10:00–11:30 am
Apr. 10 or May 8: The Tea Girl of Hummingbird Lane, by Lisa See
May 1: The Latehomecomer: A Hmong Family Memoir, by Kao Kalia Yang

Friday Tours 12:30 - 2:00 pm
Apr. 5: The Tea Girl of Hummingbird Lane, by Lisa See
Apr. 12 or May 3: The Latehomecomer: A Hmong Family Memoir, by Kao Kalia Yang
Apr. 26: The Displaced: Refugee Writers on Refugee Lives, edited by Viet Thanh Nguyen

NEW 10455 Moral Foundation Theory
In his book, The Righteous Mind, Jonathan Haidt’s intent is foreshadowed in the subtitle, Why Good People are Divided by Politics and Religion. This course will explore the Moral Foundation Theory first proposed by Jonathan Haidt and Jesse Graham, the six moral pillars identified by the theory and how our instincts and emotions can be at odds with our reasoning. We will try to answer the question, “Can we all get along?” Seats: 40
Jay Wetmore, lifelong learner about economics toward business management and investing

NEW 10458 The ABC of It: Why Children’s Books Matter LATE START DATE
This class will be divided into three segments exploring the foundations of the publishing of children’s books, how books get into the hands of children, and the art of children’s books, using the physical exhibit of manuscripts;

20095 Swimming in Blue Waters LATE START DATE
A three-part course which explores the history, how, and why of swimming; the global attraction to water and its many uses, including swimming; and why blue is the preferred color and its compatibility to both the mind and water. Seats: 13
Bob Erickson, Ed.D., Swim Hall of Fame member - St. Louis Park, educator, global traveler
3 sessions, Wednesdays, Apr. 17–May 1, 10:00–11:30 am, Ridgedale Library, Robert H. Rohlf Meeting Room, Minnetonka

LATE START DATE
NE W 10448 Figaro through the Operatic Lens of Mozart and Rossini
Using Rossini’s and Mozart’s operatic settings of Beaumarchais, in first 2 Figaro plays—The Barber of Seville and The Marriage of Figaro—we will develop an understanding of how music portrays characters in opera, and gain insight about the circumstances that led to these works coming to fruition in the first place. Though both settings revolve around Figaro, whose ingenuity and cunning served as a symbol of class revolt against the upper classes, their respective musical treatments reflect the lower class’s steady ascendency in society. Seats: 65
Kay Lipton, Ph.D., UCLA, former musicologist at Texas State University
7 sessions, Wednesdays, Mar. 27–May 8, 10:00–11:30 am, Folkestone, Theater, Wayzata

NEW 10432 Weisman Art Museum Book Club Tours LATE START DATE
The WAM Book Club is a reading list comprised of three books to choose from that directly tie to the exhibition Baggage Claims, and invites groups to schedule a custom tour and discussion with a tour guide who has also read your book of choice. Participants are encouraged to read one, two, or all three books, then choose a date to tour the exhibit. Multiple dates are offered for each book. Once you are confirmed as registered by the OLLI office, WAM will contact you for your preferred book and date. Parking: $3/hour.
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Jay Wetmore, lifelong learner about economics toward business management and investing

NEW 10458 The ABC of It: Why Children’s Books Matter LATE START DATE
This class will be divided into three segments exploring the foundations of the publishing of children’s books, how books get into the hands of children, and the art of children’s books, using the physical exhibit of manuscripts;
NEW 10434 Health and Welfare: Body Image in Soviet Culture  
**EARLY START DATE**
Among the values of the Soviet era was a certain understanding of the ideal human body. The concept of the healthy worker dominated visuals, athletic programs, and leisure activity. Exploring this theme gives some background to the exhibit currently at The Museum of Russian Art. Seats: 20. **Tour is free to TMORA members and $8 for seniors.**
Carol Veldman Rudie, lead docent and outreach education coordinator at TMORA 
Registering for a tour automatically registers you for the presentation on Monday, Mar. 18. **Presentation:** Monday, Mar. 18, 11:00 am-12:30 pm, Roseville Library, Community Room, Roseville 

Choose from one of the following:  
**Tour 1:** Wednesday, Mar. 20, 10:00–11:30 am  
**Tour 2:** Wednesday, Mar. 20, 12:30–2:00 pm  
**Tour 3:** Thursday, Mar. 21, 10:00–11:30 am  
**Tour 4:** Thursday, Mar. 21, 12:30–2:00 pm  
**Tour 5:** Friday, Mar. 22, 10:00–11:30 am  
**Tour 6:** Friday, Mar. 22, 12:30–2:00 pm  
**Tours will be held at The Museum of Russian Art**

NEW 30558 Education Around the World–Culture Corps  
In this course, we will take a look at schooling in South Africa, Finland, China, Pakistan, and the United States, and reflect on how practices are similar to or different from our own experiences of schooling. We will examine a variety of texts, watch video clips, hear from guest lectures, and have discussions to explore the successes and failures of K-12 educational systems of different regions, whilst also identifying the attitudes of multiple stakeholders within these nations toward education. This course will require your active participation within and beyond our time together. Seats: 30 
Jeanine Janse van Rensburg, master’s student, comparative international development education, U of M 

**7 sessions, Wednesdays, Mar. 27–May 8, 12:30–2:00 pm, McNamara Alumni Center, OLLI Classroom 235, U of M**

NEW 10454 An In-Depth Study of Two Operas  
Class sessions will separately focus upon two stirring operas, *The Flying Dutchman*, an early German opera of Richard Wagner, 1843, and *Porgy and Bess*, by George Gershwin, 1935, America’s first opera. We will watch and listen to important features such as the creation of dramatic moments, the style of the music, origin of the story, thoughts and goals of the composers and lyricists, and the various interpretations in a staged performance. The course leader will demonstrate from the piano. No music experience needed. Seats: 40 
Karen Boubel, emeritus professor of music, Minnesota State University, Mankato, OLLI member 

**7 sessions, Wednesdays, Mar. 27–May 8, 1:00–3:00 pm, St. Paul JCC, Room G, St. Paul**

NEW 30567 History with J.B. Andersen  
**EARLY START DATE**
When it comes to history, J.B. Andersen is a true renaissance man, interested in everything that shapes and reflects the human story, join him as he takes on four more subjects that will intrigue and amuse you: the electoral college; the great flu pandemic of 1918; Scandinavian governors of Minnesota; and May Day. Seats: 65 
J.B. Andersen, educator, curator, and writer, Judy Woodward, history coordinator, Ramsey County Library 

**4 sessions, Wednesdays, Apr. 3–May 1 (no class Apr. 17), 1:00–2:30 pm, Roseville Library, Community Room, Roseville**

30565 The History Book Club  
**EARLY START DATE**
The Roseville History Book Club meets monthly with Clarence White, associate director of the East Side Freedom Library for discussions on a wide variety of topics from American history. Enrollment limited to ensure an intimate discussion experience. Extra copies of the books available at the library. Seats: 15 
Judy Woodward, history coordinator, Ramsey County Library 
Clarence White, associate director of the East Side Freedom Library 

**Mar. 20:** Claiming the City, by Mary Wingerd, explores the roots of St. Paul’s identity and how its history differed from Minneapolis. 
**Apr. 17:** An Indigenous Peoples’ History of the United States, by Roxanne Dunbar Ortiz, about history viewed from the perspective of Native Americans. 
**May 15:** *I Never Had It Made: An Autobiography of Jackie Robinson*, learn about the life of the first black player in major league baseball.

10032 Books You Don’t Have Time to Read, West Metro  
Experienced presenters summarize books of interest, answer questions, and lead a discussion of salient points. Books are chosen by presenters for their current and historic interest. Topics open for learning and discussion include fiction, politics, religion, science, and history. Seats: 40 
Jim Martin, convener, attorney 

**7 sessions, Wednesdays, Mar. 27–May 8, 1:30–3:00 pm, Ridgedale Library, Robert H. Rohlf Meeting Room, Minnetonka**

**Mar. 27:** *12 Rules for Life: An Antidote to Chaos*, by Jordan Peterson. Presented by Dan Hunt 
**Apr. 3:** *Skin in the Game: Hidden Asymmetries in Daily Life*, Nassim Taleb. Presented by Ron Tabar 
**Apr. 10:** *Becoming*, Michele Obama. Presented by Lynn Bolnick


May 1: Ida: A Sword Among Lions (Biography of Ida Wells), Paula Giddens. Presented by Lonni Skrentner

May 8: The Rise and Fall of the Third Reich, William Shirer. Presented by Jim Martin

NEW 10439 Music, Medicine, and Wellness LATE START DATE
Music therapy, medical musicianship, and clinical music practice all involve the use of music as a healing modality. How these are related but distinct fields similar and how do they differ? And, what makes music such a powerful healing modality in the first place? Please join us to explore these topics and to learn some techniques for improving your own wellness through music! No musical background needed. Seats: 50
Jenzi Silverman, Ph.D., U of M, ATCL, OLLI member, and music lover
5 sessions, Wednesdays, Apr. 10–May 8, 12:30–2:00 pm, Knollwood Place, St. Louis Park

10443 Paradigms and Paradoxes: Four Centuries of Art at Mia
In every era there are hinge events—wars, explorations, inventions, religious revivals, pogroms—that help to shape the art of a culture. This spring we will spotlight key moments that had outsized impact on the art of their time. Each tour will focus on a specific century—from the 17th century to the 20th—and consider how powerful hinge events in various nations and cultures helped to inspire the artistic creations that we see and cherish today. Seats: 45
Emily Shapiro, Mia docent and OLLI member, Kay Miller, Mia docent and OLLI member, James Allen, Mia docent and OLLI member, Linda Krueger, Mia docent

Section 2: 4 sessions, Wednesdays, Apr. 24–May 15, 2:15–3:45 pm, Mia, Minneapolis

NEW 10450 Monsters and Monstrosity in Opera—OLLI Scholar
This course explores the idea of monstrosity in opera from mythological creatures as metaphors to the human tragedy of madmen and madwomen. We’ll look at monsters in operas from Monteverdi’s Orfeo to Mozart’s The Magic Flute to Adé’s The Tempest. By the end of the class, attendees will better understand plots of famous operas and have a richer appreciation for their dramas. We will cover some basic musical information, but the class requires no musical training. Seats: 50
Joe Nelson, Ph.D. candidate, musicology, U of M
7 sessions, Wednesdays, Mar. 27–May 8, 2:15–3:45 pm, Sholom East Campus, Community Room, St. Paul

NEW 10453 Love, Life, and Death in Contemporary India—Culture Corps
The Supreme Court of India has ruled that privacy is a fundamental right of every Indian citizen. Yet the same country is also witnessing the lynching of people because of the food they consume, the faith they practice, or the people they love. This course examines social life in India in all its violence, messiness, and potentiality. We will read contemporary thinkers, watch videos and films, and speak with activists in India to make sense of what it means to live, love, and die in India today. Seats: 30
Sayan Bhattacharya, queer activist and writer from India, Ph.D. candidate, gender, women, and sexuality studies, U of M
7 sessions, Wednesdays, Mar. 27–May 8, 2:15–3:45 pm, McNamara Alumni Center, OLLI Classroom 235, U of M

20038 Woodcocks: the Sky Dancers LATE START DATE
Stalk for woodcock on this spring night! Learn their natural history indoors, then head out at dusk. Rush for position, then wait and listen as the male swoops and twitters high above in an aerial dance, and hope he re-lands nearby. Limited space on this off-trail treat. To invite a grandchild or other friend, ages 10+, register through ThreeRiversParks.org
Seats: 14
Elaine Tucker, interpretive naturalist, B.A. biology, M.A. teaching, a lifetime of interest
Eastman Nature Center, Osseo
Section 1: 1 session, Wednesday, Apr. 10, 6:45–9:00 pm (rain date Apr. 12, 6:45–9:00 pm).
Section 2: 1 session, Thursday, Apr. 25, 7:00–9:15 pm (rain date Apr. 30, 7:00–9:15 pm)

THURSDAY

20147 Getting Started with Birding LATE START DATE
Spend a couple of beautiful spring mornings at Eloise Butler Wildflower Garden and Bird Sanctuary while you learn tips and techniques of birding from an experienced birder. New birders and birders with a bit more experience will learn how to identify birds based on sight, sound, and behavior. Bring your own binoculars and a field guide, or borrow ours. Meet at the Eloise Butler Wildflower Garden parking lot. Fee covers the cost of a private program offered with a naturalist. Seats: 20
Course Fee: $30
Garden naturalist, Eloise Butler Wildflower Garden and Bird Sanctuary

3 sessions, Thursdays, May 2–16, 8:30–10:00 am, Eloise Butler Wildflower Garden and Bird Sanctuary, Minneapolis

10429 American Theater
Come join us to watch and discuss films based on some of the classics of American theater. Seats: 40
Bonnie Nelson, retired humanities educator and OLLI member
8 sessions, Thursdays, Mar. 28–May 16, 9:30 am–12:30 pm, Hennepin County Library–Walker, Calhoun Meeting Room, Minneapolis
Mar. 28: Marty (1:30)
April 4: Foxfire (1:39)
April 11: Death of a Salesman (2:00)
April 18: Glengarry Glen Ross (1:40)
April 25: The Skin of Our Teeth (2:00)
May 2: Who’s Afraid of Virginia Woolf? (2:11)
May 9: The Crucible (2:03)
May 16 - Doubt (1:43)

40020 The Mutual Interaction of Society and Technology
This broad interactive look at the impact of technology will include consideration of the industrial revolutions, the elements that constitute technology, transportation and its social impact, intent and growth of the Internet, the development of social media for companies and individuals, medical technology, and the development of artificial intelligence, robotics, and consumer profiling. Interactive in this case means small group discussions about specific topics, taking advantage of the broad range of meaningful life experiences present among those in the class. Seats: 15
Ronald Frazzini, retired aerospace engineer, adjunct professor for graduate liberal studies, Metropolitan State University; adjunct instructor for leadership minor, U of M
7 sessions, Thursdays, Mar. 28–May 9, 10:00–11:30 am, Folkestone, Auditorium, Wayzata

10233 Preserving the Past: Saving Historic Buildings in the Twin Cities
Participants will learn about historic preservation in the Twin Cities as illustrated by residential, commercial, and industrial projects. Tours include visits to St. Paul’s Irvine Park and the Healy block in Minneapolis to meet homeowners. Also included are tours of the Can Can Wonderland building, Schmidt’s Brewery, and the Minneapolis warehouse district. Members are invited to gather for lunch at a neighborhood restaurant after class.
Note: Participants must drive to and find parking at different locations. Tours include climbing stairs, walking several blocks, standing, and limited bathroom facilities during some tours. Seats: 20
Course Fee: $20
Edrie Murphy, arts affinity group member and OLLI member
7 sessions, Thursdays, Mar. 28–May 9, 10:00–11:30 am, Various Sites

10060 Artpolitik: The Art of Political Protest
This course will examine the relationship between art and politics by considering historical and contemporary images inspired by Dada, Surrealism, Socialist Realism, the Situationist International and social anarchists. Seats: 20
Neala Schleu Ting, Ph.D., American studies (emphasis in political philosophy and intellectual history), U of M
6 sessions, Thursdays Mar. 28–May 2, 10:00–11:30 am, The Waters of Highland Park, Well-Being Room, St. Paul

NEW 10449 Contemporary Art and National Identity—OLLI Scholar
Explore the ways contemporary artists investigate concepts of national identity, nationalism, and citizenship in an era of global commerce and international art markets. Look closely at works from international artists that examine the visual features and contextual frameworks of national identity formation, including cultural traditions, territory, land and borders, national symbols, and legal definitions. Consider various new media techniques as well as types of display such as art biennials. Seats: 50
Shannon Flaherty, Ph.D. candidate, art history, U of M, OLLI Scholar
7 sessions, Thursdays, Mar. 28–May 9, 10:00–11:30 am, McNamara Alumni Center, OLLI Classroom 235, U of M

NEW 20156 Protecting Your Garden with Beneficial Insects—OLLI Scholar
This course will focus on basic identification of beneficial insect predators and parasitoids, how to promote their presence, and their role in ecological pest management practices. We will spend time in the classroom and in hands-on activities. Participants leaving this course will have the knowledge to confidently interact with insects in different habitats including their gardens or farms. Seats: 30
Hannah L. Gray, Ph.D. candidate, entomology, U of M
7 sessions, Thursdays, Mar. 28–May 9, 12:30–2:00 pm, Johanna Shores, Theater, Arden Hills
NEW 20152 Cloud Identification and Weather  LATE START DATE
Over one hundred different cloud formations exist, but each can be classified as one of ten major cloud types. Discover nephology, the science of clouds, by learning cloud physics, identification, and how they can inform weather conditions. Explore air, wind, clouds, and rain to determine the wonders of weather, then test your knowledge on the park trails with a naturalist. Meet in the Kroening Interpretive Center. Seats: 20
Course Fee: $10
Naturalist, North Mississippi Regional Park
1 session, Thursday, Apr. 25, 1:30–3:00 pm, Kroening Interpretive Center, Minneapolis

NEW 30571 Modern American Journalism: A History—OLLI Scholar  LATE START DATE
Journalism is in a state of crisis, but the crisis is not new. Terms we hear every day—like fake news, misinformation, and media bias—have roots in the American past, from World War I to Watergate to the War on Terror. To understand the making of our current moment, this course uses readings, media, lectures, and discussion to explore the history of modern journalism in the United States, from the early 20th century to the present. Seats: 30
Patrick G. Wilz, Ph.D. candidate, History Department, U of M
7 sessions, Thursdays, Mar. 28–May 10, 2:15–3:45 pm, McNamara Alumni Center, OLLI Classroom 235, U of M

NEW 10445 VocalEssence, The Times They Are A-Changin’  LATE START DATE
Bob Dylan’s timeless music has captured listeners all over the world. At the finale to VocalEssence’s 50th season we will present Dylan’s music as arranged for choir. Join us to hear how this came about, have an opportunity to join in singing some of these great melodies, and enjoy some surprises—as you come to expect from Philip Brunelle. Philip Brunelle, founder and artistic director, VocalEssence, Ann Buran, convener and OLLI member
Presentation: 1 session, Thursday, Apr. 25, 2:15–3:45 pm, Plymouth Congregational Church (LaSalle St. entrance), Guild Hall, Minneapolis
Performance: Saturday, Apr. 27, 8:00–10:00 pm, Palace Theater, 17 W 7th Place, St. Paul.
Tickets can be purchased through the Minnesota Orchestra Box Office: 612-371-5642. Mention OLLI for discount. Seats: 60

NEW 30559 Jury Duty in Minnesota  LATE START DATE
A review of jury duty in the Minnesota state courts: How are jurors chosen and qualified? How does it work? What are the rights and obligations of prospective jurors? Seats: 100
Rob Manning, court operations supervisor, Jury Office, 4th Judicial District
1 session, Thursday, Mar. 28, 2:30–3:45 pm, Abitain Mill City, Classroom, Minneapolis

NEW 30560 Backstage at Victor/Victoria at Artistry  LATE START DATE
Meet the creative team and actors responsible for this wonderful show. A tour of the stage is included. Seats: 60
2:15–3:45 pm, Plymouth Congregational Church (LaSalle St. entrance), Guild Hall, Minneapolis
NEW 10452 Measure for Measure: A Shakespeare Play for Our Times

LATE START DATE

A man uses his power and position to take advantage of a young woman. It sounds like a #MeToo moment, but then Shakespeare has always been relevant. In the promiscuous world of Vienna, the straight-laced Angelo is put in charge of reviving strict laws about sexual conduct. He plans to make an example of young Claudio for impregnating his girlfriend out of wedlock by sentencing him to death. When Claudio’s virtuous sister, Isabella, pleads for his life, Angelo offers to spare him – in exchange for her virginity. Shakespeare’s masterful play “weaves between the moral posts of lust, mercy and justice.” Students will be expected to read the play on their own (“No Fear Shakespeare” offers online side-by-side texts pairing Shakespeare’s original language with a modern version). Class time will be spent analyzing key scenes and themes, as well as viewing an excellent BBC production. Seats: 50

Laurie Bangs, former English teacher
4 sessions, Fridays, Apr. 19–May 10, 10:00 am–12:00 pm, The Gardens at Episcopal Homes, Otto Hall, St. Paul

20015 Natural History of Minneapolis Parklands

LATE START DATE

Visit five Minneapolis parks to discover how they were formed, what lives there, and what makes each place special. More detailed information will be sent just prior to the first week. Participants will meet at each park listed. Fee covers the cost of a private program offered with a naturalist. Seats: 20

Course Fee: $40

Garden naturalist, Eloise Butler
Wildflower Garden and Bird Sanctuary
5 sessions, Fridays, May 3–31, 10:00–11:30 am, Various Parks, Minneapolis

May 3: Minnehaha Park

May 10: Mississippi River Gorge

May 17: Theodore Wirth Park, Quaking Bog, and Spring

May 24: Bassett Creek

May 31: Lyndale Gardens and Roberts Bird Sanctuary

NEW 10447 The Hurricane, a Nautilus Music-Theater Rough Cut Production

LATE START DATE

Nautilus provides opportunities for artists to create, develop, and produce new works for music-theater that are emotionally expansive, dramatically engaging, and spiritually stimulating. Learn more about the creative process for a new musical theater work, The Hurricane, book and lyrics by Cory Hinkle with music by Carla Patullo. Attend one of the two musical readings depicting an elderly Texas woman and mute-deaf child refusing the evacuation mandate. During the final session we will discuss the rough cut in more depth with the performers. Seats: 30

Ben Krywosz, Nautilus founder and artistic director; international opera and theater director
2 sessions, Friday, May 10 & Wednesdays, May 15, 10:00–11:30 am, Nautilus Studio, St. Paul

10023 Books You Don’t Have Time to Read, East Metro

Experienced presenters summarize books of interest, answer questions, and lead a discussion of salient points.Books are chosen by presenters for their current and historic interest. Topics open for learning and discussion include fiction, politics, religion, science, and history. Seats: 40

Jim Martin, convener, attorney
6 sessions, Fridays, Mar. 29–May 10 (no class Apr. 26), 12:30–2:00 pm, St. Paul

JCC, Room G, St. Paul


Apr. 5: Skin in the Game: Hidden Asymmetries in Daily Life, Nassim Taleb. Presented by Ron Tabar

Apr. 12: Becoming, Michele Obama. Presented by Lynn Bolnick

Apr. 19: Wolves at the Door, Judith Pearson. Presented by Fred Brier

Apr. 26: No class

May 3: Ida: A Sword Among Lions (Biography of Ida Wells), Paula Giddens. Presented by Lonni Skrentner

May 10: The Rise and Fall of the Third Reich, William Shirer. Presented by Jim Martin

10437 Toni Morrison’s Remaking of Classical Mythology

Toni Morrison studied the classics in college and Greco-Roman myth has been an important component of her writing from the beginning. This class will involve lectures on that mythology and the paradoxical transformations that Morrison makes of it, as well as participant discussion of her two most popular books. Texts: Song of Solomon and Beloved. Seats: 20

William Freiert, emeritus professor of classics, Gustavus Adolphus College
7 sessions, Fridays, Mar. 29–May 10, 12:30–2:00 pm, Edina Senior Center, Classroom 2, Edina

NEW 30573 Women and Work in Modern America—OLLI Scholar

The question of how women juggle work-life balance has long been a hot topic. American women have, however, always worked. They have also long been charged with raising families and managing the home. Across the twentieth century, this course explores the history of the changing circumstances under which various American women made decisions about and balanced their obligations to provide and care for their families and themselves. Seats: 40

Brooke Depenbusch, Ph.D. candidate, history of modern America, College of Liberal Arts, U of M
7 sessions, Fridays, Mar. 29–May 10, 12:30–2:00 pm, Abiitan Mill City, Classroom, Minneapolis

NEW 20154 Senses in the Season Hike

LATE START DATE

After the hustle and bustle of the week, take a peaceful walk through the park to realign your senses with nature.
OLLI at the UMN Values and Traditions

- High-quality, volunteer-led educational programs and activities
- Broad selection of programs and activities focused on shared interests
- Promotion of friendships through active participation and social interaction
- Volunteer leadership and shared involvement throughout the organization

OLLI Gifts & Gear

Finally, the t-shirt you have been requesting! You can also purchase mugs, long sleeve T’s, and cell phone covers. Visit: https://teespring.com/stores/olli-gifts-and-gear today!

All proceeds will go to the OLLI Fund.
Thank you!

Discover how each season piques our senses in different ways. Reset your mind and body from overstimulation and become grounded in nature while appreciating the nuances each season offers. Meet in the Kroening Interpretive Center. Seats: 12 Course Fee: $10

Naturalist, North Mississippi Regional Park
Kroening Interpretive Center, Room 107, Minneapolis Seats: 12

Section 1: Friday, Apr. 12, 1:00–2:30 pm
Section 2: Friday, Apr. 19, 1:00–2:30 pm
Section 3: Friday, Apr. 26, 1:00–2:30 pm

20028 Spring Tree ID LATE START DATE
As the snow melts and the ground thaws, the trees are ready to awaken! Without a full canopy of leaves, how can you identify trees? Learn a few tricks from a garden naturalist to help identify trees using their bursting buds, their bark, and their twigs as we take a stroll around the garden. Meet at the Eloise Butler Wildflower Garden parking lot. Fee covers the cost of a private program offered with a naturalist. Seats: 20

Course Fee: $10

Garden naturalist, Eloise Butler Wildflower Garden and Bird Sanctuary

50030 Spring Wildflower Tour LATE START DATE
In April and May, many woodland wildflowers are in bloom, including some of the spring ephemerals native to our region. The Eloise Butler Wildflower Garden and Bird Sanctuary is one of the premier locations in the Twin Cities metro area to see these beauties. Learn about the characteristics of various species in bloom, with different flowers on display during each visit! Meet at the Eloise Butler Wildflower Garden parking lot. Fee covers the cost of a private program offered with a naturalist. Seats: 20

Course Fee: $10

Garden naturalist, Eloise Butler Wildflower Garden and Bird Sanctuary

Section 1: Friday, Apr. 12, 1:00–2:30 pm
Section 2: Friday, Apr. 19, 1:00–2:30 pm
Section 3: Friday, Apr. 26, 1:00–2:30 pm

50003 Eloise Butler Wildflower Garden History Tour LATE START DATE
Learn about the 112-year old garden’s creation and growth, as we walk the paths and visit sights from a then-and-now perspective. Discover the story behind the incredible woman for whom the garden was named. Take an in-depth look at the subsequent four garden curators and their contributions to the garden’s maintenance. You will be inspired by the foresight of the garden’s early days and our current vision for the garden’s future. Meet at the Eloise Butler Wildflower Garden parking lot. Fee covers the cost of a private program offered with a naturalist. Seats: 30

Course Fee: $10

Garden naturalist, Eloise Butler Wildflower Garden and Bird Sanctuary

Tour 1: 1 session, Friday, May 10, 1:30–3:00 pm
Tour 2: 1 session, Friday, May 17, 1:30–3:00 pm
Tour 3: 1 session, Friday, May 24, 1:30–3:00 pm

NEW 20149 Honey Bees and Insect Societies—OLLI Scholar
Would you like to view honey bee colonies up close (bee suits provided)? How about examining pinned specimens of various social insect species and castes under powerful microscopes? This course covers how insect societies function (with a focus on honey bees), some of the amazing collective abilities of insect colonies, a brief survey of the diversity of social insect species, and theories about how these superorganisms have evolved. Seats: 20

Morgan Carr-Markell, Ph.D. candidate, entomology, U of M

7 sessions, Fridays, Mar. 29–May 10, 2:15 –3:45 pm, U of M, Hodson Hall, Room 480, St. Paul
Facilities/Host Sites

Remember that OLLI is a guest at course sites. Please honor their policies so that we are invited to return. Please welcome the site guests to OLLI courses—that is part of our agreement with them. To be respectful to the sites’ requests, and fair to other members, please do not attend a course for which you are wait-listed, or not registered, and let us know if you need to drop a course.

Thank you!

1666 Coffman
1666 Coffman St.
Falcon Heights, MN 55108

AARP Center
228 West Market, Mall of America
Bloomington, MN 55425

Abiitan Mill City
428 S 2nd St.
Minneapolis, MN 55401

Artistry at the Bloomington Center for the Arts
1800 W Old Shakopee Rd.
Bloomington, MN 55431

Becketwood
4300 W River Pkwy.
Minneapolis, MN 55406

Calhoun Isles
3151 Dean Ct.
Minneapolis, MN 55416

Calvary Center Cooperative
7600 Golden Valley Rd.
Golden Valley, MN 55427

Crystal Community Center
4800 Douglas Dr. N
Crystal, MN 55429

Eastman Nature Center, Elm Creek Park Reserve
13351 Elm Creek Rd.
Maple Grove, MN 55369

Edina Senior Center
5280 Grandview Sq.
Edina, MN 55436

Eloise Butler Wildflower Garden and Bird Sanctuary
1 Theodore Wirth Pkwy.
Minneapolis, MN 55422

Folkestone
100 Promenade Ave.
Wayzata, MN 55391

Hennepin County Library–Ridgedale
12601 Ridgedale Dr.
Minnetonka, MN 55305

Hennepin County Library–Southdale
7001 York Ave. S
Edina, MN 55435

Hennepin County Library–Walker Library
2880 Hennepin Ave.
Minneapolis, MN 55408

Johanna Shores
3200 Lake Johanna Blvd.
Arden Hills, MN 55112

Knollwood Place Apartments (on the Sholom Campus)
3630 Phillips Pkwy.
St. Louis Park, MN 55426

Kroening Interpretive Center
4900 N Mississippi Dr.
Minneapolis, MN 55430

Lenox Community Center
6715 Minnetonka Blvd.
St. Louis Park, MN 55426

Lutsen Resort Lodge
5700 W Minnesota 61
Tofte, MN 55612

Minneapolis Institute of Art
2400 3rd Ave. S
Minneapolis, MN 55404

Nautilus Music-Theater
308 Prince St., #190
St. Paul, MN 55101

Penumbra Theatre
270 N Kent St.
St. Paul, MN 55102

Plymouth Congregational Church
1919 Lasalle Ave., Door 1
Minneapolis, MN 55403

Ramsey County Library–Roseville
2180 Hamline Ave. N
Roseville, MN 55113

Sholom East Campus
740 Kay Ave E.
St. Paul, MN 55102

St. Paul JCC
1375 St. Paul Ave.
St. Paul, MN 55116

The Gardens at Episcopal Homes
1860 University Ave. W
St. Paul, MN 55104

The Kenwood
825 Summit Ave.
Minneapolis, MN 55403

The Museum of Russian Art
5500 Stevens Ave. S
Minneapolis, MN 55419

The Waters of Highland Park
678 Snelling Ave. S
St. Paul, MN 55116

The Waters of White Bear Lake
3820 Hoffman Rd
White Bear Lake, MN 55110

The Waters on 50th
3500 W 50th St.
Minneapolis, MN 55410

Third Place Gallery
3730 Chicago Ave
Minneapolis, MN 55407

U of M, Elmer L. Andersen Library
222 21st Ave S
Minneapolis, MN 55455

U of M, Ferguson Hall
2106 4th St. S
Minneapolis, MN 55455

U of M, McNamara Alumni Center
200 Oak St. SE Minneapolis, MN 55455
[Parking/light rail/bus/bike info: https://mac-events.org/directions/index.html. Call Parking at 626-7275 on the day of class to inquire about any events which may reduce parking in the University Ramp.]

Weisman Art Museum
333 E River Pkwy.
Minneapolis, MN 55455

Westminster Presbyterian Church
1200 S Marquette Ave.
Minneapolis, MN 55403
**Course Allocation Registration**

OLLI uses a Course Allocation Registration process to assign member requests to courses on an equal opportunity basis. A lottery is only run on courses that have more requests than seats available.

There are three periods to Course Allocation Registration: Course Request Period, Allocation Period, and Additional Registration Period.

1) **Course Request Period**
   During this period, which lasts approximately two weeks, members decide which courses they want and enter their requests online or by mail. (Those who request by mail will have the same amount of time to make their requests and mail them to the OLLI office for processing.) During this period, members are “requesting” the courses they want.
   a. Request courses based on your preferences. A first request will be marked as Priority #1; a second request will be Priority #2, and so on. Members can request as many courses as they would like to take during the Request Period.
   b. At any time during the Course Request Period, members may change priorities and add requests. To remove a request, you must contact the office by email at olli@umn.edu or phone 612-624-7847.

2) **Allocation Period**
   Allocation is only run on courses that have more requests than seats available. The computer software fills courses according to member requests/priorities. The database is closed during this period to retain the integrity of member requests. It is during this period of allocation/registration that members become “registered” in courses. Consequently, members cannot alter their requests during this time.

3) **Additional Registration Period**
   After the Allocation Period is completed and members are registered in their courses, members are encouraged to register for as many additional available courses as they wish. A list of courses with seats still available is sent via email through the OLLI Up-to-Dater and a link in your Allocation Confirmation prior to the start of the Additional Registration Period.

**Requesting Courses**

1) **How to request courses:**
   - Go to olli.umn.edu and click on the Membership and Registration button on the right side of the screen.
   - On the Sign In page, find the Sign in to Existing Account option and enter your username and password.
   - Follow the instructions listed under How to Request/Register for Courses.
   - Select the Category from the column on the left of the page.
   - Select a course from the list on the right.
   - Click the Request Course box.
   
   **TIP:** Be sure to click on the Request Course button for each course.

   - Once all of your requested courses are added to your cart, check your selections. Remove unwanted courses by clicking on Remove. Once you are satisfied, click on Check Out.
   - Verify your personal data on Check Out: My Information. Please verify your email address. Click Next.
   - You will receive a Course(s) Request Acknowledgment email listing the courses you have requested.

2) **How to double-check your Course Requests and Priorities after you click purchase** (be sure you are signed into your account):
   - Click on My Account, then Course Priorities
   - Check your course priorities and re-prioritize using the dropdown list under the column priority
   - Then click Save Priorities
   
   **TIP:** Look for the message Priority(ies) Saved Successfully which will appear in green above the Priority column.

3) **How to change course requests during the Course Request Period:**
   - To add requests or change your priority order, access your online account any time during the Course Request Period.
   - To remove a course, you must contact the office by email olli@umn.edu.
   
   **TIP:** Congratulate yourself! You did it!

**Requesting Courses by Mail**

The office must receive course requests no later than Monday, Feb. 25, 2019, at 4:00 pm. Mail the following information on an 8.5” x 11” sheet of paper and mail it to: OLLI, U of M, McNamara Alumni Center, Suite 250, 200 Oak St. SE, Minneapolis, MN 55455

- First and last name
- Mailing address
- Daytime phone
- Email address
- Numbered list of course requests in order of your priority; #1 being your highest priority.
- Include course number and title for as many courses as you wish to attend
- Do NOT send payment for course fees at this time.
- DO submit payment for Membership purchase, if necessary.
Important Spring Term Dates

**February**
Course guide delivered week of: Feb. 11
Request Period: Feb. 11-25, 4 pm
Allocation Period: Feb. 26-28

**March**
Additional Registration Period: Mar. 1-8, 4 pm
First Day of Courses: Mar. 25

OLLI Wednesday Walkers touring MN Federal Reserve Bank