



**COURSE GUIDE**  
Spring 2021

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**College of Continuing  
& Professional Studies**

UNIVERSITY OF MINNESOTA

# One (Awesome) OLLI

by Anastasia Faunce, Director

One of the very first things I learned about OLLI was that all OLLIs are different; of the 124 Osher Institutes across the country, there is not one that is like the other. (An oft-used phrase of the Osher National Resource Center: "You've seen one OLLI, you've seen one OLLI!")

The Osher Foundation is smart to not insist institutes follow a myriad of prescribed operational processes and procedures, though there are rules we all must follow. They are keenly aware that each institute works within a range of environments, be they geographic (urban/rural), governmental (public/private host institutions), or economic (available resources and health of host institution and city/county/state).

But what I have also come to learn is that while these things lay the foundation for every OLLI, it is the host institution's level of support, shared resources, and dedication to the mission of OLLI that matters most.

In that, we are lucky, and I'm grateful to the College of Continuing and Professional Studies (CCAPS) and the University for having faithfully supported our IT, HR, and finance operational needs over our long history. And since the onset of the pandemic, CCAPS also has provided additional staff to help manage OLLI's dizzying schedule of Zoom courses and training sessions. We literally could have not done this without their assistance.

The reward: messages like the one we received recently from David and Karen Carlson: "We have been particularly grateful to be a part of OLLI this year, and have found our courses very enlightening and stimulating!"

Certainly, there are many people and committees who have been working hard on your behalf. To follow are a few noteworthy highlights.



Leni de Mik

You may have visited OLLI Stories, the new web page ([z.umn.edu/ollistories](http://z.umn.edu/ollistories)) dedicated to sharing the news and views of the people who make OLLI a vibrant community worth joining! The page was launched with a piece written by member Dale Anderson, which was

followed by a profile of OLLI Scholar Adey Almohsen. Coming up: *Development Under Pressure*, about the work of new member Dr. Leni de Mik. If you'd like to contribute, send your proposed story to [olli@umn.edu](mailto:olli@umn.edu) and use "OLLI Stories proposal" in the subject line.



Nancy Garland

A transition: SIG coordinator Nancy Garland recently announced her resignation. Nancy extended permission to share that she recently broke her arm (nope, not ice!), and while her husband Jack is taking good care of her, it has added many logistical challenges to daily life. As upbeat and

optimistic as ever, Nancy will be working on the transition with the OLLI team and Advisory Board member Jan Brunnell, who has agreed to take on the role. Watch for a future feature about Nancy, when we honor her many years as SIG coordinator.

The OLLI Ambassadors have been active! Our shiny new presentation has been Zoom-tested twice by myself and Ambassadors Pixie Pixler and Marv Cofer. The fruits of this pleasurable labor: we have six new OLLI members, which we are so pleased to have join us. The next Ambassador gig takes place in mid-February. Interested in becoming an Ambassador? Let us know!

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## OLLI at the UMN

Dynamic, engaged, and ever-growing, OLLI at the University of Minnesota is part of the University's College of Continuing and Professional Studies and belongs to a national network of 124 Osher Lifelong Learning Institutes established by the Bernard Osher Foundation.

OLLI's mission is to provide its membership of dedicated lifelong learners with a year-round curriculum of high-quality noncredit courses, as well as intellectually stimulating social, cultural, and volunteer opportunities. The institute's many volunteers are integral to the OLLI experience of community, camaraderie, active learning, and civic and cultural engagement.

Founded in 1995, OLLI is honored to have been recognized as an "exemplary lifelong learning program" by the Osher Foundation. The University helped to underscore this commitment in September 2020, when it became the first institution of higher education in Minnesota to become part of the Global Network of Age-Friendly Universities.

## Join OLLI!

Our door is always open! OLLI at the UMN has an annual membership fee of \$240 and all memberships are valid for one year from date of purchase. Membership fees come with numerous benefits and are critical to the institute's success and sustainability.

The fees help to support dynamic quality programming and remind members that they are part of an engaged learning community and a national network of lifelong learners. The Osher Foundation allows each institute to develop a fee structure suited to its local community, however, the Foundation only supports OLLIs that are sustained by renewable membership fees.

## Miriam B. Seltzer Scholarship Fund

Named in honor of the late founding director of the Elder Learning Institute (which was to become OLLI at the UMN in 2005), the Miriam B. Seltzer Scholarship Fund helps OLLI remain accessible to all by providing assistance with annual membership fees for individuals who have demonstrated financial need. If you or someone you know would like to apply, please contact the OLLI office.

## Member Benefits

### Active, Lifelong Learning

University of Minnesota professors, graduate students and post-docs, faculty from US colleges and universities, community and civic leaders, independent scholars, as well as OLLI members who have professional knowledge of or a scholarly interest in a subject, are all key to OLLI's vibrant portfolio of courses.

Membership gives you access to unlimited course requests each term and any courses that have available seating after the allocation period is complete. (For information about OLLI's equal-opportunity course allocation model, see page 4.)

### Camaraderie and Engagement

If OLLI members are any indication, the community and camaraderie that grows out of shared experience is significant and lasting, which is why social and cultural opportunities are another key component of OLLI's mission. There are many ways to get involved and many wonderful people to meet. Introduce yourself. Introduce one member to another. Introduce someone new to OLLI!

## Shared Special Interests

OLLI is host to a variety of Special Interest Groups (SIGs), which are created and managed by members for members. SIGs meet regularly and provide members with social, cultural, and educational opportunities beyond the OLLI classroom. For more information, see page 21.

## Travel and Tours

Currently on pause due to the pandemic, OLLI-sponsored travel and tours provide a unique opportunity for more intensive study, as well as extended social and cultural engagement. And what could be better than sharing such an experience with a group of like-minded individuals as you learn about places and people both near and far?

## Volunteering and Purposeful Aging

As a membership organization, OLLI functions and thrives because of volunteer support. When members infuse OLLI with their professional skills, budding talents, and endless enthusiasm and creativity, they not only help to keep the Institute running, they also ensure OLLI remains a vibrant community dedicated to lifelong learning, social engagement, and purposeful aging.

## Communication and Connection

Three electronic publications keep members in-the-know: *From the Director*, *Memo to Members*, and the *Up-to-Dater*, a compilation of time-sensitive learning opportunities and announcements. OLLI Course Guides detail the institute's classes and events.

## Partner Discounts

As partners of the University of Minnesota Alumni Association (UMAA), OLLI members receive a special rate (\$50) on a two-year UMAA membership, affording them benefits on and beyond campus. UMAA members who join OLLI for the first time, receive a one-time \$20 discount on membership. The discount is not valid for renewals and may not be combined with another discount.

OLLI also is a partner to the Pillars of Prospect Park (PPP), an urban senior living community offering residents a unique, University of Minnesota-infused lifestyle. PPP residents who join OLLI for the first time receive a one-time \$20 discount on membership. The discount is not valid for renewals and may not be combined with another discount.

## Registration & Allocation Process

Like many Osher institutes, OLLI at the UMN works to ensure members receive their requested courses using an equal-opportunity allocation model.

During the course request period, members request and assign a priority (1, 2, 3, etc.) to the courses for which they would like to register. There is no limit to the number of courses a member may request.

This is followed by the allocation period during which an algorithm is run for courses that have more requests than seats. Registration is closed during this period to retain the integrity of members' requests. After being notified about the courses in which they are successfully enrolled, registration reopens to allow members to enroll in additional courses.

### Before You Begin

If you are new to OLLI, you will need to purchase a membership at the same time you request courses.

If you are a member, ensure your membership is current by signing into your account ([olli.umn.edu](http://olli.umn.edu) → Membership and Registration → Sign in to Existing Account → My Account → My Membership).

If you do not have access to the Internet, you may check your membership by calling 612-624-7847.

### Request Courses Online

To request courses online, simply sign in to your account and follow the How to Request/Register for Courses instructions. (Be sure to select the Request Course button.)

After you have added courses to your cart, review and remove any undesired courses by selecting "remove," then verify the personal data that appears at Check Out and select Next.

Review your order. The process is not complete until you select Purchase. You will receive an email that details your requested courses.

Note: Members do not pay course fees during the request period. Fees, if any, are paid after being notified about the courses in which you have been enrolled.

### Making Changes During the Request Period

You may sign in to your account to add courses or change the order of course priority at any time during the request period. (Select My Account → Course Priorities. Courses may be reprioritized using the Priority dropdown menu → select Save Priorities.)

If you made your request(s) via postal mail, you may change your course priorities by emailing [olli@umn.edu](mailto:olli@umn.edu) or calling 612-624-7847.

To remove a course, email [olli@umn.edu](mailto:olli@umn.edu).

### Request Courses by Mail

Course requests sent by postal mail must be received by OLLI no later than 4 p.m. on February 22, 2021 to be included in the allocation process. Due to reported delays in the delivery of First Class mail, we strongly encourage you mail your requests well in advance of the deadline.

Send the following to OLLI, University of Minnesota, 353 Ruttan Hall, 1994 Buford Avenue, St. Paul, MN 55108:

1) First and last name, mailing address, daytime phone, and email address; 2) Course requests: list course title, course number, and order of priority; 3) Membership fee: If you do not have a membership or your membership is to be renewed, include a check for \$240 made payable to University of Minnesota.

### Wait-listed and Dropped Courses

Please be respectful of others and do not attend a course for which you are wait-listed or not registered. To drop a course, email [olli@umn.edu](mailto:olli@umn.edu).

### Code of Conduct

OLLI is committed to providing participants with a safe, respectful, and stimulating learning environment. Participants and members are to conduct themselves in a manner that is respectful of instructors and others in the classroom; civil in language, tone, and behavior; and receptive to ideas and diverse points of view.

### Accessibility

OLLI is committed to providing equal access to its programs. If you have vision, hearing, mobility, or other accessibility concerns that may interfere with your participation in courses and activities, please call the OLLI office in advance to request accommodations.

## Courses: Spring 2021

All courses are offered online using Zoom.



### Listings

Courses are listed by day of week, start date, and start time. All courses subject to change; refer to the OLLI website for the most current listings.

### Culture Corps

OLLI is proud to partner with the University of Minnesota's office of International Student and Scholar Services (ISSS) Culture Corps initiative. Created in 1998 by Dr. Mohammed Bari, Culture Corps provides international students with the opportunity to share their unique cultural experiences, perspectives, and insights. An annual ISSS scholarship allows OLLI to host several graduate student scholars, provide valuable teaching experience, and help fulfill mutual visions of an inclusive and engaged international learning community.

### OLLI Scholars

The OLLI Scholar Program supports intergenerational education by supporting University of Minnesota graduates and post-doctoral researchers who earn a stipend and hone their teaching skills by developing curricula and leading courses for OLLI. During the annual application period, candidates' proposals are reviewed by a committee of OLLI members; those selected become OLLI Scholars and teach their courses during future terms. Learn about the institute's new OLLI Scholar Campaign on page 23.



# Mondays

## Aristotle's Politics

Mondays, March 22–May 3 (seven sessions),  
10–11:30 a.m. (30716, Seats: 30)

If Plato writes dialogues engaging the young at play, then Aristotle addresses sober gentlemen—those who exercise political power in deed. While the differences in rhetorical style are apparent, there may be a certain congruence between the two in their underlying understanding of political matters. Aristotle, rather than Plato, was the Greek authority for the Founding Fathers of the United States. And while “Aristotle’s charm is less provocative,” according to instructor Michael Ormond, he trusts it will “emerge upon a close reading of this text.”

Michael Ormond is a former family law practitioner who also taught political philosophy at California State University, Long Beach.



Charles Laplante, *Aristotle Tutoring Alexander*, 1866

## Exploring Minnesota's Diverse Landscapes

Mondays, March 22–April 12 (four sessions),  
10–11:30 a.m. (20024, Seats: 75)

Join the author of *The Seven States of Minnesota* for a virtual tour around the state. Aided by maps and photos, John Toren will share insights into Minnesota’s varied geography and history—from the Boundary Waters to the western prairies, and with detours to the Iron Range, the bog country, the Coteau des Prairie, and the Mississippi bluffs of the Driftless region. He also will discuss the impact of glaciation and delineate the various biomes that travelers can visit today, including boreal forest, oak savanna, karst country, and prairie potholes.

John Toren is an educator and author of four books about Minnesota who contributes regularly to regional and national publications.

## Minnesota Sports: A History of Heartbreak

Mondays, March 22–May 3 (seven sessions),  
10–11:30 a.m. (30736, Seats: 50)

Calamity, curse, nightmare, misfortune, tragedy: Minnesota sports teams have a history of breaking the hearts of the state’s loyal fans. So get out your crying towels because in this course, we’ll re-live some of the best (read: most tormenting) of these events.

Tom Rooney is a senior stadium docent at Target Field.



Photo: Magda Ehlers

## Culture Corps Diverse Voices of Africa

Mondays, March 22–May 3 (seven sessions),  
12:30–2 p.m. (30246, Seats: 30)

Explore the diversity of the continent by hearing the unique stories of University students from seven different African countries. Shared via Zoom, these are stories you are not likely to encounter in the media, and they will help to provide a more direct understanding of the economic, social, cultural, political, governmental, and environmental conditions and situations of the countries the storytellers come from. The objective is for participants to learn more about the diversity of Africa—its strengths, opportunities, weaknesses, and the potential threats that face this rich and beautiful continent.

A native of Zimbabwe, Danford Zirugo is pursuing his PhD from the University of Minnesota’s Hubbard School of Journalism and Mass Communication.

## Strangers in Their Own Land: Anger and Mourning on the American Right

Mondays, March 22–May 3 (seven sessions),  
12:30–2 p.m. (30717, Seats: 25)

Concerned about the increasingly hostile split between two political camps in the United States, sociology professor Arlie Russell Hochschild spent several years in Louisiana talking with people on the other side of what she calls her “empathy wall.” Hochschild selected the state because it presented an extreme example of “the great paradox,” as illustrated by Alec MacGillis of the *New York Times*: “People in red states who need Medicaid and food stamps welcome them but don’t vote...while those a little higher on the class ladder, white conservatives, don’t need them and do vote—against public dollars for the poor.” Discussions of Hochschild’s award-winning work will be participant-led.

Required: Arlie Russell Hochschild, *Strangers in Their Own Land: Anger and Mourning on the American Right* (The New Press, 2016).

Bonnie Nelson is a retired humanities and art history educator who loves to elicit lively discussions about literature and film.

## The American Dream: Part III (1920–2020)

Mondays, March 22–May 3 (seven sessions),  
12:30–2 p.m. (30718, Seats: 50)

In *The Fourth Turning* (Crown, 1997), authors Neil Howe and William Strauss predict a national crisis will occur somewhere around 2025. They argue that the United States has passed through three four-stage cycles since colonial times, each time rising to what they call an “American High.” The book, a national bestseller, concludes with the warning that there is no guarantee that we might experience a fourth American High. In this course, we will survey the past century in the United States—its key events and individuals—and come to our own conclusions.

Peter Blewett, MAT, the Johns Hopkins University; MA, University of Bordeaux, France; BA, Willamette University, is a retired from the University of Alaska, Anchorage, where he was a professor of History and French.

## OLLI Scholar Medical Laboratory Science A Primer

Mondays, March 22–May 3 (seven sessions),  
2:30–4 p.m. (20459, Seats: 40)

Have you ever wondered what happens to your blood sample after it has been collected? Did you know an estimated 70% of all medical decisions are based on diagnostic testing? This course will explore the basics of Medical Laboratory Science, the field responsible for medical diagnostic testing. Topics will include the different methodologies used to determine lab results, how the lab ensures the accuracy of those results, as well as diseases and conditions that are prevalent in older populations. In addition, we will discuss COVID–19 antibody and PCR testing.

Rebecca Lindgren is a certified Medical Laboratory Scientist with a 15-year career working in the lab. She is pursuing her MA at the University of Minnesota, Duluth.



## The Gut-Brain Relationship

Mondays, March 22–April 12 (four sessions),  
2:30–4 p.m. (20469, Seats: 100)

The GI tract plays an important role in your overall health and can have an impact on how you age. But did you know that there is a strong correlation between the gut and the brain? Or how the “gut–brain axis” affects your mental health? In this course, we’ll explore the gut microbiome and how it has a particular relationship to brain development, function, as well as brain aging and cognitive decline. For example, what influence does gut health have on the impulse to “follow your gut?” Come learn how the brain affects the digestive tract, and how to support this important connection for greater health.

Deborah Walters, MBS, University of Minnesota, is a former OLLI Scholar.



Photo: Jeff David King

### Sharpen Your Photographic Vision

**Mondays, March 29–May 3 (six sessions), 10–11:30 a.m. (10605, Seats: 25)**

Put your camera into action and share your images virtually with fellow photographers. But before you snap the shutter: Slow down. Explore. Be contemplative. Zero in on your internal awareness of a scene. See deeply so you can uncover the feeling, message, and mood you want to create for viewers. Have fun! In this course, we will do two things: 1) explore concepts for making images that resonate and speak to the viewer and 2) engage in group critiques of our images while discussing subject, composition, and post-processing. Together, we will improve on creating and communicating our unique photographic visions.

Larry Greenbaum is a retired nonprofit career agency director who has a passion for landscape photography, and a frequent OLLI course leader.

### Community Music Throughout the World

**Mondays, April 5–April 26 (four sessions), 2:30–4 p.m. (10612, Seats: 30)**

We've all seen it happen, but how and why does music have the capacity to bring together people from widely different backgrounds? Similarly, how has music, over time and place, together, been so successful in the promotion of social justice? In this course you will learn about the power (and joy) of community music throughout the world. No musical experience necessary.

Jenzi Silverman, PhD, University of Minnesota; ATCL; is an OLLI member and music lover.

### The Rise and Fall of the Berlin Wall

**Mondays, April 19 (one session), 2:30–4 p.m. (30734, Seats: 200)**

Sixty years ago, the history of Germany, particularly Berlin, took a tragic turn with the rise of the Berlin Wall. It would take 28 years before this cruel and inhuman symbol of Germany's division came down and gave birth to yet another period in the European nation's remarkable evolution. Join ex-Berliner Anette Isaacs, as she presents a rich historical and political overview of this painful but miraculous period.

Anette Isaacs, MAs, Emory University, University of Vienna, Free University, Berlin, is a German historian and public educator who has taught for OLLIs and other lifelong learning programs for more than a decade.

## Tuesdays



Rowan Gillespie, *Famine Memorial*, Dublin, 1997

### Tuesdays with a Scholar: Series One

**Tuesdays, March 2–March 16 (three sessions), 1–2:30 p.m. (40050-01, Seats: 300)**

Series One includes the following sessions:

#### **Where Fairy Tales Meet History (March 2)**

Fairy tales are the key to our unconscious and the mirror of our history. After this investigation into the intersection of fairy tale and fact in the context of 20th-century political history, it's certain you will never again feel the same about the "innocent" fables of childhood.

Jack Zipes is a professor emeritus of German, comparative literature, and cultural studies at the University of Minnesota.

#### **Minnesota 1918: The Previous Plague (March 9)**

The COVID-19 pandemic has struck Minnesota with remarkable force. A once-in-one-hundred-year event, how does it compare with the Great Flu Pandemic of more than a century ago? Join the author of *Minnesota 1918*, for a look at what has and has not changed in Minnesota's response to times of plague.

Curt Brown's tales about Minnesota's history appear every Sunday in the *Star Tribune*.

#### **The Irish Question and Modern History (March 16)**

They were the desperate immigrants of their era, driven by famine to migrate in unprecedented numbers to an America that offered a harsh welcome and an uncertain future. After decades of bloody internecine conflict and a precarious peace, their nation now presents an obstacle to the resolution of Brexit. From the Great Potato Famine of the 1840s to the present, we'll explore why such a small island has such an outsized influence on history.

Andrew Latham is a professor at Macalester College where he specializes in the study of international relations and political thought.

All sessions offered in cooperation with the Ramsey County Library with support from Friends of the Ramsey County Libraries.

#### **Culture Corps East and West: Music Therapy Practice**

**Tuesdays, March 23–April 27 (six sessions), 10–11:30 a.m. (10540, Seats: 20)**

If you are interested in Chinese culture as well as the relationship between music and health, this course is for you! It includes an introduction to Chinese culture and experiences, and how these may be applied to music therapy practice. The instructor's goal is to build a bridge between the East and West, one small step at a time.

A native of China, Yue Wu is a therapist at MacPhail Center for Music and a PhD student in Rehabilitation Science in the University of Minnesota's Medical School.



### Africa: An Interdisciplinary Survey

**Tuesdays, March 23–April 27 (six sessions), 10–11:30 a.m. (30719, Seats: 25)**

This course takes an interdisciplinary approach to surveying the rich diversity and complexity of Africa. The goal: to dispel the myths and misunderstandings than many Westerners have about the continent. We'll begin with a brief introduction to Africa's many countries, including aspects of geography, economics, politics, sociology, and global connection. We'll then discuss governance and leadership within Africa, its opportunities and challenges as illustrated by case studies from specific regions and countries. The course also will shed light on the economic and social impact of COVID-19 in Africa.

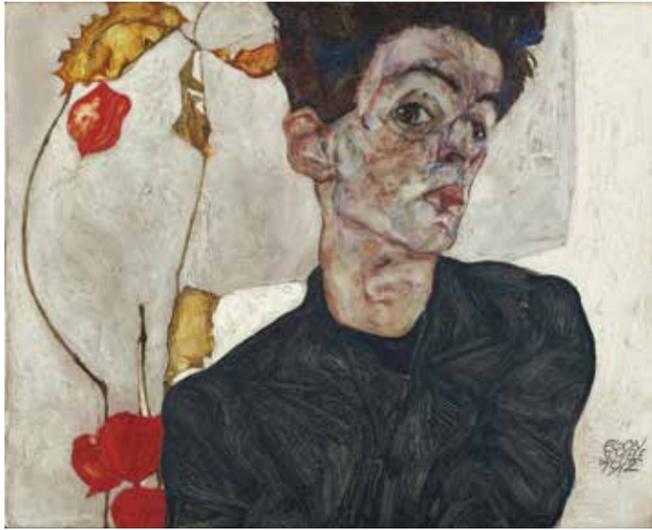
Celestine Ogboh Siameg, PhD candidate, Applied Economics, University of Minnesota, is studying to become a trade and development economist.

### Nice White Parents

**Tuesdays, March 23–May 4 (seven sessions), 10–11:30 a.m. (30720, Seats: 50)**

*Nice White Parents* (Serial, a New York Times Company, 2020) is a five-part podcast that looks at the 60-year relationship between white parents and New York City public schools; its tagline: "building a better school system, and what gets in the way." One would be hard pressed to deny that schools don't provide all children with the same educational experience. But when reporter Chana Joffe-Walt investigated these inequalities, she found that decades of reforms and initiatives focused on who schools were failing, not who schools were serving. In the podcast, Joffe-Walt turns her attention to white parents. The course will discuss the series in depth and include a webinar about an arts-focused method of teaching Mimetic Theory.

OLLI member Dale A. Anderson is a retired banker and Colloquium on Violence and Religion member.



Egon Schiele, *Self-portrait with Physalis*, 1912

### Key Modern US Supreme Court Decisions

Tuesdays, March 23–May 4 (seven sessions),  
12:30–2 p.m. (30721, Seats: 25)

Most people are aware of important US Supreme Court decisions, but few people, save those in the legal profession, understand how and why the Court reaches its conclusions. This course will explain the legal reasoning behind some of the Court's key cases and provide an opportunity to discuss the soundness of those discussions. Throughout, we will address the role of the Court in government and society.

Required: *The Constitution of the United States* (available for download from the National Archives).

Recommended: Michael G. Trachtman, *The Supremes' Greatest Hits* (Sterling, third edition, 2016).

John Robison, JD, University of Illinois, was a business lawyer for 41 years. Throughout his career, he has followed US Supreme Court decisions as a hobby.

### Tuesdays with a Scholar: Series Two

Tuesdays, March 23–April 6 (three sessions),  
1–2:30 p.m. (40050-02, Seats: 300)

Series Two includes the following sessions:

#### ***Russia and the United States: Old and New Enemies (March 23)***

What does the new Biden administration in Washington mean for one of our nation's oldest and most contentious relationships? From the days of Seward's Folly in the 1860s to the much-scrutinized relations between Vladimir Putin and former President Trump, Russia has consistently presented both a mystery and a challenge to the United States. We'll assess the current relationship between the two countries.

Todd Lefko is president of the International Business Development Company; he has had business and academic ties with Russia for 30 years.

#### ***The Strategies of White Supremacists (March 30)***

White supremacist and separatist groups have become more sophisticated in crafting their messages to appeal to other groups and individuals; social media makes it even easier to spread these messages. What are the techniques and records of "success" for these groups in Minnesota and throughout the nation?

Lisa K. Waldner is Associate Dean of the College of Arts and Sciences and a Professor of Sociology at the University of St. Thomas.

### ***The Supreme Court and the Theater of Judicial Politics (April 6)***

Confirmation hearings for US Supreme Court Justices Amy Coney Barrett and Brett Kavanaugh gave Minnesotans a front-row seat to the political theater of judicial confirmation. But, the US Senate did not hold public confirmation hearings for judicial nominees until 1916 when Louis Brandeis was nominated to the Court. In this session, we'll explore the evolution (or devolution) of this important political process.

Teresa Collett is a professor at the University of St. Thomas School of Law and directs the school's ProLife Center.

All sessions offered in cooperation with the Ramsey County Library with support from Friends of the Ramsey County Libraries.

### Free Your Writing

Tuesdays, March 23–May 4 (seven sessions),  
2:30–4 p.m. (10607, Seats: 10)

Free writing allows us to slow down and practice paying attention to being alive. For example, a free-writing exercise might focus on a particular smell as a platform from which we dive into our unconscious. Participants in this course will have the opportunity to read their exercises aloud in an environment "where words are heard as gentle experiments."

Mary Jo Robinson-Jamison is a retired music therapist and special education teacher who has led close to 100 group writing sessions in the last three years.

### Healing with Psychedelic Assisted Therapy

Tuesdays, March 23–May 4 (seven sessions),  
2:30–4 p.m. (30663, Seats: 75)

There is a psychedelic renaissance going on. The FDA has designated psychedelic-assisted therapy as a breakthrough therapy for anxiety, depression, PTSD, and more. This course explores current research, practices, and the ways in which psychedelics medicines can heal emotional wounds.

Polly Sonifer is a former corporate trainer and an active member of the Psychedelic Society of Minnesota.

### Globalization's Paradox of Technological Interconnectedness and Human Alienation

Tuesdays, March 23–May 4 (seven sessions),  
2:30–4 p.m. (30691, Seats: 40)

The work of Hector Garcia and his colleagues led to the creation of a *US Guide for New Immigrants* as published by Citizenship & Immigration Services. It also helped create a format for dialogue used by the Department of Homeland Security. In this course, participants will learn about the strategies used to accelerate the process through which immigrants become contributing members to US society and reduce potential conflicts within their new communities. We'll discuss the challenges of globalization through a collaborative worldview.

Hector E. Garcia, CEO, Mex-US Global, LLC, is former executive director of the Minnesota Council on Latino Affairs and Minnesotans for NAFTA, and former VP of International and Domestic Emerging Markets for Wells Fargo.



Photo: Pixabay

### The American Dream in Crisis

Tuesdays, March 23–March 30 (two sessions),  
2:30–4 p.m. (30722, Seats: 25)

The American Dream—the idea that each generation will have the opportunity to succeed and have a good life—has continued to deteriorate over the past 50 years. In the first session we'll explore how and why this has happened, noting income inequality, educational opportunities, and family and work experiences. The second session will address how we might reverse the trend.

Steven Yussen, PhD, University of Minnesota, is professor emeritus of Educational Psychology at the University.

### Western Culture Art Evolutionary Odyssey, Part IX

Tuesdays, March 23–May 4 (seven sessions),  
12:30–2 p.m. (10606, Seats: 100)

Part nine of a nine-part series on Western culture art addresses 20th- and 21st-century Modern Art. Additional content will include the interpretation of selected masterpieces and current news from the worlds of art and art history.

Gary Hanson is a graduate of the University of Minnesota and Stonier Graduate School of Banking, Rutgers University. He is a retired senior executive of the Federal Reserve Bank of Minneapolis.

### Current Economic and Behavioral Issues

Tuesdays, March 23–May 4 (seven sessions),  
12:30–2 p.m. (30038, Seats: 50)

This course will follow current macroeconomic issues related to the new policy direction of the Biden administration and how it builds upon the experiences from the pandemic and past recessions. We'll focus on economic growth over time, the Federal deficit and debt (including modern monetary theory), international trade, and economic inequality. Economists introduced will include Paul Krugman, Stephanie Kelton, and Thomas Piketty. We'll also explore the new and important field of Behavioral Economics with economists Richard Thaler and Daniel Ariely, and psychologist Daniel Kahneman.

Don Renner is professor emeritus of economics at Minnesota State University.



Ornithopter by George R. White, 1927

### A Brief History of Flight

**Tuesdays, March 30–May 4 (six sessions), 10–11:30 a.m. (20462, Seats: 30)**

Human desire to fly was evident before the days of Leonardo da Vinci. The failure of ornithopters emulating bird flight was overcome by the Wright Brothers in 1903. Their success, followed by phenomenal advances in flying machines, relied on the science of aerodynamics. In just a few decades, airplane configurations went from biplanes to large propeller aircraft to modern jet planes. In this course, we will review the historical progression and underlying science of flying machines, as well as the fascinating people who made it all happen.

Rajan Menon, PhD, Georgia Tech, is a retired principal scientist and an adjunct faculty member of the University of St. Thomas. He is a former associate fellow of the American Institute of Aeronautics and Astronautics.

### Spring Fever @Mia: Renewal Among the Ruins

**Section 1: Tuesdays, April 6–April 27 (four sessions), 2:30–4 p.m. (10613, Seats: 45)**

See also, *Section 2 on page 16.*

Feverish with longing to be free from isolation, we take heart at the sight of budding trees that mock receding piles of dirty snow. In this course, we will explore the aesthetic signs of spring that bring hope, revelation, and renewal, and examine the symbols, metaphors, and mythologies of regeneration and the fevers of love. And that business of fever—how is it revealed in art? Certainly, the body marshals its defenses against illness, but what of the delirium of inspiration and visits from the supernatural? How do those artistic wonders likewise allow us to break free?

James Allen, Kay Miller, and Emily Shapiro are Mia docents and OLLI members.

Offered in cooperation with Mia.

### Tuesdays with a Scholar: Series Three

**Tuesdays, April 13–April 27 (three sessions), 1–2:30 p.m. (40050-03, Seats: 300)**

Series Three includes the following sessions:

#### ***The Demographics of Democracy (April 13)***

The 2020 US Presidential Election will long fascinate observers due to its political paradoxes and unexpected outcomes. Among the many questions: in a contest marked by open appeals to race and white nationalism, why did more Latinos and fewer white men vote for Donald Trump in 2020 than in 2016? In this session, we'll take a deep dive into the shape of the 2020 vote and what it means for our political future.

Michael D. Minta is an associate professor of Political Science at the University of Minnesota and a leading expert on the political representation of African American, Latino, and female interests in the United States.

#### ***The Booth Girls (April 20)***

Half a century ago when Minnesota girls “got in trouble,” they often found themselves banished from daily life, awaiting the outcome of their pregnancies at the Salvation Army’s Booth Memorial Hospital in Saint Paul. Kim Heikkila’s research into the history of this home for unwed mothers was prompted, in part, by painful secrets in her own family’s past.

Kim Heikkila’s most recent book is *Booth Girls: Pregnancy, Adoption, and the Secrets We Kept* (Minnesota Historical Society Press, 2021).



### ***Paul Wellstone: Minnesota Populist (April 27)***

Thirty years ago, Paul Wellstone reinvented the idea of prairie populism when he was elected to the US Senate. What impact did Wellstone’s political career have on the state and the nation? Join a longtime Wellstone associate for a retrospective look at Wellstone—his political times

and his legacy for our own era.

Jeff Blodgett has been a major political strategist for the Minnesota DFL for many years; he ran all three of Wellstone’s US Senate races.

All sessions offered in cooperation with the Ramsey County Library with support from Friends of the Ramsey County Libraries.

## Wednesdays



James Baldwin, Photo: Allan Warren, 1969

### **Roseville Library History Book Club**

**Wednesdays, March 17–March 24 (two sessions), 12:30–2 p.m. (30732, Seats: 15)**

This book club meets regularly to discuss a variety of American history topics. Winter discussions include James Baldwin’s *The Fire Next Time* on March 17 and Sarah M. Broom’s *The Yellow House* on April 21.

Clarence White is the Associate Director of the East Side Freedom Library.

Enrollment is limited to ensure intimate discussion.

### Art and Social Justice

**Wednesdays, March 24–April 28 (six sessions), 10–11:30 a.m. (10608, Seats: 25)**

In this interactive course, members of Art to Change the World, a diverse, nonprofit coalition of change-makers employing the arts in service of positive social change, will lead virtual excursions and discussions that ask: How can art change *your* world?

Dr. Barbara Rogers Bridges, founder, Art to Change the World, has been a practicing artist, teacher, and college professor for more than 40 years. Her social practice sculptures have been exhibited on three continents.



Photo detail: Jesse Orrico

### ***OLLI Scholar Heart Health in History***

**Wednesdays, March 24–May 5 (seven sessions), 10–11:30 a.m. (20471, Seats: 50)**

Explore the history of cardiac care in Western medicine from ancient times to the present day. Using the texts and artifacts of the University of Minnesota’s Wangensteen Historical Library of Biology and Medicine, the first four sessions will focus on how physicians past thought about health and disease; changing theories related to the heart’s structure and function; and evolving treatments for cardiac conditions. The final three sessions will examine more recent technological, pharmaceutical, and dietary interventions into heart health.

Elizabeth Semler is a PhD candidate in the History of Science, Technology, and Medicine program at the University of Minnesota, where she specializes in historical relationships between diet and health.

## Unraveling the Enigma: The Collapse of the USSR and Rise of the New Russia

Wednesdays, March 24–April 21 (five sessions),  
10–11:30 a.m. (30674, Seats: 25)

This course begins with brief analysis of the fall of the USSR in 1991 and the emergence of the Russian Federation as the successor state of the USSR without the 14 former Republics. We'll discuss major trends in the development of the government and economy of the Russian Federation since 1992, including women and society, Russian traditions of political leadership,

Russian foreign policy, and a case study of Russian-American Relations.

Norma Noonan, PhD, Indiana University, is a Professor Emerita of Augsburg University, where she taught courses in the department of Political Science and the MA in Leadership Studies. She is the author of four books on Russia and active in the International Studies Association.

## Beyond the Letters: Deepen Your Understanding of Psychological Types

Wednesdays, March 24–May 5 (seven sessions),  
10–11:30 a.m. (30723, Seats: 25)

Once you've discovered a psychological assessment that is as useful and eye-opening as the MBTI® Tool, you want everyone to learn their four-letter type! Unfortunately, these same handy letters may obscure the true value of understanding psychological types. In this revealing course, we'll unpack the groundbreaking work of Carl Jung and Isabel Myers to learn what it can tell us about our personal journeys, our interactions with others, and the personal and cultural differences that make the world oh-so interesting. But more, we will find our way to a place of individual self-assurance, and a greater appreciation for one another's different gifts.

Sandra Krebs Hirsh, MA, University of Pennsylvania; MAIR, University of Minnesota, is an internationally known author whose work has been translated into 27 languages.

Katherine W. Hirsh, DPhil, York University, United Kingdom, has been entranced by psychological type for more than 30 years and is dedicated to encouraging people to live the best life possible.



Toni Morrison, Photo: Christopher Drexel

## Necessary Voices: The Black American Experience in Literature

Wednesdays, March 24, April 7, and April 21  
(three sessions), 12:30–2 p.m. (10609, Seats: 24)

To advance the necessary work of addressing long-term systemic racism, we will read and discuss three books written by Black authors about the Black American experience: Toni Morrison's 1993 Nobel Prize-winning *Sula*, Ta-Nehisi Coates's 2015 National Book Award-winning *Between the World and Me*, and Zora Neale Hurston's PBS Great American Read Top 100 Pick, *Their Eyes Were Watching God*. Each of these writers asks readers to consider what it is like to live as a Black person in the United States.

Required: Any edition of Toni Morrison, *Sula*; Ta-Nehisi Coates, *Between the World and Me*; and Zora Neale Hurston, *Their Eyes Were Watching God*.

Toni McNaron is Professor Emerita of English at the University of Minnesota where she has been the recipient of five awards for outstanding teaching, including the College of Continuing and Professional Studies Distinguished Educator Award.

## Greek, Roman, and Medieval Theater

Wednesdays, March 24–April 21 (five sessions),  
12:30–2 p.m. (10610, Seats: 25)

This brief but fascinating tour will take you through some of the varied highlights of ancient and medieval theater. We'll start in ancient Athens with tragedy and comedy, stop in Rome for *fabula crepidata*, and end in Medieval England to explore mystery cycles and morality plays. Throughout, we'll pay particular attention to the social, political, and material forces shaping these disparate theatrical practices. We also will discuss how and why these plays and practices remain with us today.

A PhD Candidate in University of Minnesota's department of Theatre Arts and Dance, Jacob Rorem is researching the relationship between performance, the Oregon Trail, and settler colonialism in the Pacific Northwest.



Photo: Pixabay

## Curator's Picks: Top 10 TED Talks of 2019

Wednesdays, March 24–May 5 (seven sessions),  
12:30–2 p.m. (30724, Seats: 30)

As the leader of TED, the now renowned nonprofit organization that hosts idea-based talks, British-American businessman Chris Anderson curates a list of his favorite talks annually. His picks from 2019 feature sleep, satire, synthetic biology, altruism, and supercharged plants, among others. This discussion-based course will delve into the topics covered by all 13 talks. Participants will view two TED Talks prior to each session and come prepared to share their observations and opinions.

Marghe Tabar is a retired school library media generalist.

## The Presidency: Campaigns and Crises

Wednesdays, March 24–April 14 (four sessions),  
1–2:30 p.m. (30735, Seats: 300)

As Americans, we hope our leaders are wise, honest, and responsive to the public will. Yet, history has shown that is not always the case. We'll look at some of the lesser-trod byways and shadowy corners in American Presidential history during the following sessions: *Campaign Promises: Broken and Unfulfilled*; *Third Parties and the Rise of the Secret Ballot*; *The Dark Secrets of Disabled Presidents*; and *The Stain that Haunts Us: Racism and the Presidency*.

J.B. Andersen is an educator, curator, historian, and writer. He is the creator of the popular Presidents Series, of which this course is a part.

Offered in cooperation with the Ramsey County Library with support from Friends of the Ramsey County Libraries.

## The What-ifs of US History: The Early Years

Wednesdays, March 24–May 5 (seven sessions),  
2:30–4 p.m. (30725, Seats: 40)

Do you ever ask yourself, "What-if ...?" During this interactive course, we will examine a variety of scenarios that could have impacted and forever changed US History. For example, what if it was China that explored and settled the west coast? What if the colonies lost the American Revolution? According to the course leader, "There are no right answers; we will just try to be logical."

Lonni Skrentner is a retired Advanced Placement US and world history teacher who describes herself as a "political animal."

## A Golden Age of Cartography: Maps and Mapmakers Before 1800

Wednesdays, March 31–April 28, no class April 7  
(five sessions), 12:30–2 p.m. (30683, Seats: 30)

In today's world of Google Maps and global positioning systems, people often forget that it wasn't always so easy to decipher how to get from point A to point B. Similarly, when using a road map, you may not realize that what you are unfolding represents the synthesis of decades of exploration, reckoning, and artistry. This course surveys maps and mapmakers from the Middle Ages and ancient Rome to 18th-century America. Throughout, you'll learn how ideas about the world have changed over time—not just on maps, but in the imagination as well.

Marguerite Ragnow, PhD, University of Minnesota, is curator of the James Ford Bell Library and a member of the History, Medieval, and Early Modern Studies faculty.

Offered in cooperation with the James Ford Bell Library.

## Spring Fever @Mia: Renewal Among the Ruins

Wednesdays, April 7–April 28 (four sessions),  
2:30–4 p.m. (10613, Seats: 45)

Description and bios are listed with Section 1 of this course on page 12.

## Hanging around Words

Wednesdays, April 7–May 5 (five sessions), 2:30–4 p.m.  
(10129, Seats: 30)

From fascinating to humorous, there is nothing more interesting than words! The renowned poet W.H. Auden once asked aspiring poets about their motivation. If the answer was, “Because I like to hang around words and overhear them whisper to one another,” then that person had the poet’s interest in language and there could be hope. Come hear words whisper.

Jeremiah Reedy, professor emeritus of classics, Macalester College, is a member of “The Wördos” Club.

## Thursdays

### Music Movies

Thursdays, March 25–May 6 (seven sessions),  
10–11:30 a.m. (10618, Seats: 50)

Gather weekly to discuss a group of films that include and/or have as their focus, music or musicians. Participants will screen films on their own time prior to each course session, and then gather for lively discussions and spirited, yet polite, critiques. Titles, listed in the order of discussion, include: *Bird*; *O Brother, Where Art Thou?*; *Beyond the Sea*; *Ray*; *La Vie en Rose*; *Sing*; and *Coal Miner’s Daughter*.

Bonnie Nelson, see bio page 7.

### Writing Our Stories: Part One

Thursdays, March 25–May 6 (seven sessions),  
10–noon (10488, Seats: 15)

Using the framework of Guided Autobiography and sensitizing questions, participants will write their stories two pages at a time using a different theme each week. Writing is done outside of class (1–3 hours a week); in-class activities include sharing stories in small groups and activities that encourage creativity and stir up memories. Learn more about yourself and the choices made on your life journey. First week attendance is required.

Mimi Holmes is a Guided Autobiography instructor who delights in encouraging students to write their stories.



## China Rising: Recent History Since 1979

Thursdays, March 25–May 6  
(seven sessions),  
10–11:30 a.m. (30315, Seats: 100)

China has undergone dramatic changes since the death of Mao Zedong in 1976. Just three years later, Deng Xiaoping set the country on a path of development that has transformed China and the global economy. Today, Chinese society is undergoing radical changes with far reaching implications.

Ted Farmer, PhD, Harvard University, taught Chinese history at the University of Minnesota for 41 years.

### Your Portfolio Life: Five Years Before and After Retirement

Thursdays, March 25–April 15 (four sessions),  
10–11:30 a.m. (40048, Seats: 20)

Designed to help you create an alternative to traditional retirement, this course is for individuals who are planning to retire in five years as well as those who have been retired for five years. Through lectures, assignments, and small group discussions, you’ll explore working (in the manner and form you prefer), learning and self-development, giving back, healthy living, and personal pursuits and leisure, as a means to build and sustain a successful and satisfying portfolio life.

George Dow has been a Career Transition Consultant for 30 years and is a former senior lecturer for the University of Minnesota’s Carlson School of Management.

### OLLI Scholar Skeletal Analysis: Methods, Theory, and Ethics

Thursdays, March 25–May 6 (seven sessions),  
12:30–2 p.m. (20473, Seats: 30)

Analysis of a human endoskeleton (bone, cartilage) can provide a wealth of information about the identity of the person who died, but what can (and cannot) be learned from a skeleton? This reading and discussion-based course examines the methods, theory, and ethics of skeletal analysis and gives special consideration to the history of anthropology, and the research and ethical considerations related to the field.

Emily Briggs is a PhD candidate in Archaeology at the University of Minnesota.

## The Horn of Africa: Fragile Governance

Thursdays, March 25–April 8 (three sessions),  
12:30–2 p.m. (30727, Seats: 50)

A politically and economically vulnerable region that borders a stretch of the Red Sea, the Horn of Africa is escalating in importance for world leaders. Both China and the United States have bases on the peninsula, and its location on the maritime trade routes between the Indian Ocean and the Mediterranean Sea is critical to global commerce. Nation-states, including Somalia, Ethiopia and Sudan, have struggled with poverty, lawlessness, and border disputes, and the region’s close access to the Middle East contributes to this multifaceted instability.

Henry Berman, MBA, Tuck School of Business, Dartmouth College, is retired from Ecolab, where he worked for 34 years. He is currently a speaker for Great Decisions.

### Research Topics in Biomedical Engineering

Thursdays, March 25–May 6 (seven sessions),  
2:30–4 p.m. (20451, Seats: 100)

Would you like to learn more about stem cell research being conducted at the University of Minnesota? How about recent developments in deep-brain stimulation technology? Or the latest findings in cancer research? Led by MaryJane Been, graduate students will discuss biomedical research topics related to the heart, brain, and cancer; they’ll explain how research affects your health and healthcare. No science background necessary; topics discussed vary from previous iterations of the course.

MaryJane Been is a PhD student in biomedical engineering and the vice president of community outreach for Graduate Women in Biomedical Engineering.

### Gender Roles in Global Perspective

Thursdays, March 25–April 29 (six sessions),  
2:30–4 p.m. (30728, Seats: 20)

This course will explore gender roles and issues in six areas of the world: East Asia (China, Japan, Thailand), India, the Middle East (Morocco, Egypt, Turkey), northern Europe (Norway, Estonia, Lithuania), Sub-Saharan Africa, and the United States. While some countries will be covered in-depth, others will be given a more narrow, specialized focus.

Bruce Nordstrom-Loeb, PhD, University of California, Berkeley, is professor emeritus of sociology and anthropology at St. Olaf College.



Photo: Elijah O’Donnell

### OLLI Scholar Journalism in Crisis

Thursdays, March 25–May 6 (seven sessions),  
2:30–4 p.m. (30733, Seats: 30)

Journalism is in a state of crisis, but crisis is not new. “Fake news,” “misinformation,” “media bias”—many of the terms we use today have roots in our country’s past. From World War I and Watergate to the creation of cable news and the rise of Twitter and Facebook, this course surveys the history of modern journalism in the United States.

Patrick G. Wilz is a PhD candidate in History at the University of Minnesota.

## Only Hope: A Survivor's Stories of the Holocaust

Thursdays, April 1 (one session), 2:30–4 p.m.  
(30730, Seats: 500)

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her internment in Polish ghettos and two Nazi concentration camps. Recently published by her son, Lubliner's powerful stories shed light on her experiences and indomitable spirit while guiding "the reader through a Holocaust story that is much deeper than a number—6,000,000—giving us a human touch in the midst of inhumanity." (Rabbi Dennis J. Eisner). In this webinar, Irving Lubliner will share excerpts from the book, and discuss the process of bringing it to fruition as well as his personal experiences being a child of Holocaust survivors.

Recommended: Irving Lubliner, *Only Hope: A Survivor's Stories of the Holocaust* (Felabra Press, 2019).

Irving Lubliner, MA, University of California, Davis, is professor emeritus at Southern Oregon University.



Photo: Wikimedia Commons

## Bach's Brandenburg Concertos

Thursdays, April 29–May 6 (two sessions), 2:30–4 p.m.  
(10615, Seats: 45)

The enduring popularity of Johann Sebastian Bach's dazzling collection of six *Brandenburg Concertos* for multiple soloists with string orchestra, is regarded as one of the most popular orchestral compositions of the Baroque era. Named for the recipient of the original scores, the Margrave of Brandenburg, the concertos were written about the same time as Vivaldi's *The Four Seasons* and reveal many traces of Bach's extravagant admiration for Vivaldi's music. However, the richness and complexity of the musical presentation very much reflect the Germanic character of Bach's unique genius.

Daniel E. Freeman, PhD, University of Illinois at Urbana-Champaign, is a music historian who has taught at the University of Minnesota, the University of Southern California, and the Smithsonian Institution.

## Fridays

### The Turn of the Screw by Benjamin Britten

Fridays, March 19–26 (two sessions), 12:30–2 p.m.  
(10617, Seats: 24)

Based on the novella by Henry James, Benjamin Britten's *The Turn of the Screw* is regarded by many critics to be his true operatic masterpiece. In this course, participants will examine literary and operatic themes and consider them in the context of the University Opera Theatre's 2005 production. Hisham Groover, conductor of a forthcoming 2021 production, will introduce the music, after which, participants will watch a recording of the earlier production (English, no subtitles) on their own time. In the final session, director David Walsh will discuss the storyline—both the James' version and Myfanwy Piper's libretto—as well as his approach to the new production. There will be plenty of time for Q&A and participants will be given access to a recording of the 2021 production once it becomes available.

Hisham Groover is pursuing his DMA at the University of Minnesota, where he is assistant to the head of orchestral studies and codirector of the Campus Orchestras. He is music director and conductor of the Buffalo Community Orchestra.

David Walsh, director of the University of Minnesota Opera Theatre, has worked for opera companies throughout the world. Prior to his current position, he was head of production for Scottish Opera and assistant artistic director with Vancouver Opera.

Offered in cooperation with the University Opera Theatre.

### Normal and Abnormal Perception: How Senses Shape Experience

Fridays, March 26–April 23 (five sessions),  
10–11:30 a.m. (40049, Seats: 40)

How does our vision and hearing influence how we make decisions, experience our environment, develop social relationships, and interact with others? How does the impairment of these senses alter those perceptions? Led by Dr. Erin O'Neill, University of Minnesota graduate students will present research related to brain plasticity, adaptation, decision-making, the social and ethical implications of disability, and more.

Erin O'Neill, PhD, University of Minnesota, coordinates graduate student programming for those interested in interdisciplinary research in the sensory sciences. Her personal research relates to assistive hearing technology.

### Culture Corps Voices from around the World

Fridays, March 26–April 30 (six sessions), 10–11:30 a.m.  
(30036, Seats: 40)

Experience, first-hand, the rich and varied cultural experiences of those from states and countries throughout the world. Whether highly interactive or formal, each presenter has their own unique style and manner of sharing. In the spirit of learning, participants are encouraged to ask questions, and listen and share with one another respectfully.

Meida Surya, is pursuing her master's in education and human resource development at the University of Minnesota.



Photo: Charles E. Luxton, Courtesy Minnesota Historical Society

### OLLI Talks Sports!

Fridays, March 26–May 7 (seven sessions),  
10–11:30 a.m. (40034, Seats: 50)

Join local sports figures and experts as they share their specialized knowledge and enthusiasm for their respective sports. From executives of Minnesota teams and authors of books to a Stanley Cup Champion and more, you'll get the inside scoop from a fan-tastic roster of guests, which, in order of appearance, include: Joshua Will, Stew Thornley, Reid Forgrave, Maya Washington, Tom Chorske, Rick Shefchik, and Tom DiPasquale. A complete list of speakers will be sent to participants prior to the first course session.

Tom Rooney is a senior stadium docent at Target Field.

### OLLI Scholar Hearing, and Hearing Changes with Aging

Fridays, March 26–May 7 (seven sessions), 2:30–4 p.m.  
(20474, Seats: 30)

Did you know that your body is host to a pea-sized part that contains thousands of hair cells that are tuned like piano keys? It's just one of many parts of the human hearing system, which is able to interpret and distinguish between sounds such as footsteps on snow, a cardinal's song, a child's laugh, and a conversation in a busy restaurant in fractions of a second. This course will survey the complex and often under appreciated human hearing system. How do we hear? How does this change as we age? What are the causes of hearing loss? How do we test hearing? What devices are available to help us hear better? What research and technology is being developed that may improve our hearing in the future? We'll explore these questions and more.

Kristi Oeding is a University of Minnesota PhD candidate in speech, language, and hearing sciences.

### State of the State: Understanding Minnesota's Economy

Friday, April 2 (one session), 12:30–2 p.m.  
(30729, Seats: 200)

You may have seen the forecast of Minnesota's economy and budget in the news, but do you *really* understand about what it means for the state? In this webinar, our state economist will explain how forecasts are developed and impact state budgets as well as what drives the state's economy. She also will dive into how the labor market is evolving, COVID-19 is affecting businesses, and changing economic conditions impact tax revenue collected by the state. Participants should come prepared to share ideas about Minnesota's economy, taxes, and spending priorities!

Laura Kalambokidis, PhD, University of Michigan, is a Professor of Applied Economics at the University of Minnesota. She is Minnesota's State Economist.

### Electric Vehicles in Minnesota

Fridays, April 2 (one session), 2:30–4 p.m.  
(20464, Seats: 100)

Electric Vehicles (EVs) provide a new opportunity for cleaner and more efficient transportation, but how do they work here in Minnesota? This one-session course surveys the technology behind the shift to electric, the models available in Minnesota, and how EVs are charged.

Jukka Kukkonen has extensive experience in the automotive industry and is an EV market consultant. He is the founder of Shift2Electric.



Photo: Wikimedia Commons

## Chemistry in Our Daily Lives

Fridays, April 16–April 23 (two sessions), 12:30–2 p.m.  
(20450, Seats: 30)

Why does ice float on water? Why do baking powder and baking soda make foods rise? Why are tears triggered when we cut an onion? What does DNA look like? While chemistry is widely considered to be a tricky subject, the basic scientific concepts can be easily demonstrated and explained and in this course, we'll explore and illustrate how and why chemistry is a key element of everyday life.

Valeria Guidolin is a PhD candidate in Environmental Health at the University of Minnesota.

## A Deeper Dive into EVs

Fridays, April 16 (one session), 2:30–4 p.m.  
(20470, Seats: 100)

This course is for those who have attended *Electric Vehicles (EV) in Minnesota* and want to learn more. We'll dive deeper into the EV world and discuss technology developments, market shifts, forthcoming models, and how transportation electrification impacts other industries.

Jukka Kukkonen, see bio on page 19.

## Repin, Religion, and Red: The Briefest History of Russian Visual Culture

Fridays, April 9–May 14 (six sessions), 12:30–2 p.m.  
(10614, Seats: 200)

Russian visual history is deeply rooted in the folk traditions and icons of the Russian people. In this course, participants will explore the richness of a heritage essential to any art enthusiast's experience. Presentations include: *Icons and Religious Vocabulary*; *The Academy and Its Offspring: The Coming of Western Art*; *19th-Century Reform: The Itinerants*; *The Russian Avant Garde: The Modern Era*; *Artists Between: World War I and Beyond*; *The Rise and Fall of Socialist Realism*; and *1934–1991*.

Carol Veldman Rudie is the lead docent and outreach education coordinator of The Museum of Russian Art.

## Special Interest Groups

Connect with other OLLI members through a variety of special interest groups (SIGs) that meet regularly and provide opportunities for learning and socializing beyond the classroom.

Want to connect with a group? The member page includes a list of SIG leader contact information. (You must sign in to your member account for access.)

Interested in starting a SIG? All it takes is a member willing to manage the group and its activities. OLLI will help you to find members who share your interests. Contact the OLLI office and we'll connect you with OLLI's new SIG coordinator, Jan Brunell. (See page 2 for news about former SIG coordinator Nancy Garland!)

**Jazz Appreciation/The OLLI Cats:** The OLLI Cats are exploring options for sharing music together via Zoom. To learn about the plans as they unfold, contact leader Cecelia Boone.

**Memoir Writing:** Meets via Zoom on the third Thursdays of each month, 1 p.m. Leader: Ken Rich.

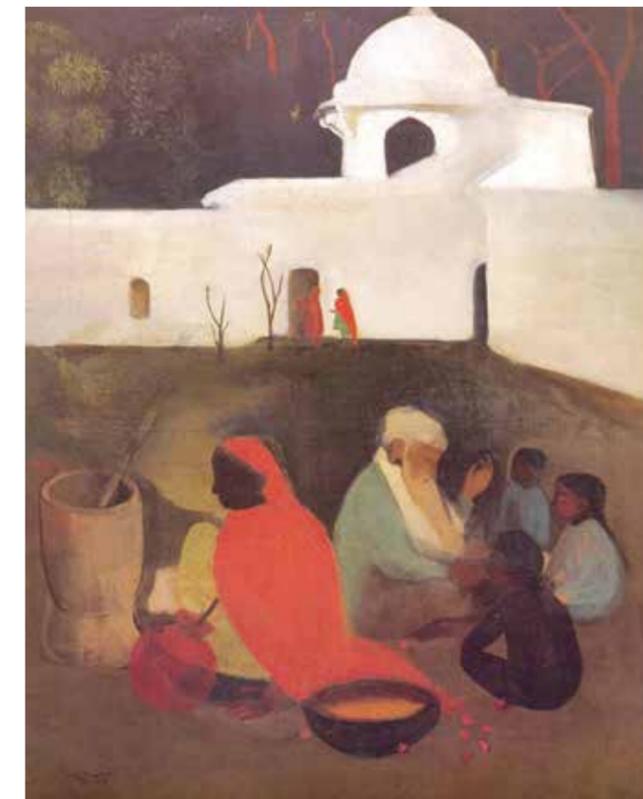
**OLLI Stammtisch:** Practice conversational German via Zoom on Mondays, 6 p.m. Meets weekly. Leader: Deb Wentworth.

**Saint Paul Chamber Orchestra:** Attend four concerts (Series 4A, Ordway Concert Hall), Fridays, 11 a.m., if concerts are played and in-person meetings are permitted. Purchase your tickets at [www.thespco.org](http://www.thespco.org). Post-concert lunch nearby. Leader: Dave Bucheck.

**Bananagrams:** Grab your own Banana of letters and play individually while joining other members via Zoom. "Our measure of success is having fun!" Meets weekly on Tuesdays, 3 p.m. Leader: Laurie Lykken.

**Poetry Appreciation:** Meets weekly on Wednesdays, 10:30 a.m., via Zoom. Leader: Norbert Hirschhorn.

**Storytelling:** For people who love telling stories, want to improve their storytelling skills, or who enjoy hearing stories well-told. Meets semi-monthly on Wednesdays, 10–11:30 a.m., via Zoom. Leader: Dale Anderson.



Amrita Sher-Gil, *Ancient Storyteller*, 1940

## Book Club SIGs

**American History Books:** Meets via Zoom on the first Thursdays of each month, 1:30 p.m. Leader: Bill Wittenbreer.

**Awesome Book Club:** Books by and/or about women, meets via Zoom February through November on second Tuesdays, 1:30–3 p.m. Leader: Deborah Tabert.

**Fiction Minneapolis:** Meets via Zoom third Friday of each month, 10–11:30 a.m. Leader: Judy Remington.

**Literary Fiction Uptown:** Meets via Zoom on the third Tuesday of each month, 1:30–3 p.m. Leader: Carla Waldemar.

**Mysteries:** Meets via Zoom on the first Tuesday of each month, 2:30–4 p.m. Leader: Karen Koepp.

**Nonfiction Minneapolis:** Meets via Zoom on the second Friday of each month, 1 p.m. Leader: Kate Anderson.

**Nonfiction Saint Paul:** Meets via Zoom on the fourth Thursday of each month, 1 p.m. Leader: Ron Tabar.

**Saint Paul Contemporary Fiction:** This SIG is open for 3–4 new members. Meets via Zoom on the third Friday of each month, 10:30 a.m. Leader: Della Shupe.

## Other Lifelong Learning Opportunities



You'll go beyond the spin and soundbytes when you engage with this popular virtual series in which University of Minnesota scholars and researchers share firsthand knowledge of today's most intriguing stories. Headliners 15th-anniversary season takes place monthly through May 2021. Events are free, but registration is required. To learn more, visit [ccaps.umn.edu/headliners](https://ccaps.umn.edu/headliners).

### Xenophobia in America: How We Got Here and What's at Stake

Erika Lee, Regents Professor of History and Asian American Studies; Distinguished McKnight University Professor; Rudolph J.



Vecoli Chair in Immigration History; director, Immigration History Research Center, College of Liberal Arts

March 4, 7 p.m.

The United States is known as a nation of immigrants. Paradoxically, it is also a nation of xenophobia, and this irrational fear, hatred, and hostility toward immigrants has been a defining feature of our country from the colonial era to the Trump administration. Benjamin Franklin ridiculed Germans for their "strange and foreign ways." Americans' anxiety over Irish Catholics turned xenophobia into a national political movement. Chinese immigrants were excluded, Japanese immigrants incarcerated, and Mexican immigrants deported. Today, Americans fear Muslims, Latinos, and the so-called "browning" of America.

Join us as award-winning author and historian Dr. Erika Lee helps us to confront this history and explains how xenophobia works, why it has endured, and how it threatens the United States.

### Engineering Brain Circuits to Treat Mental Illness

Alik Widge, Assistant Professor of Psychiatry; Faculty, Graduate Program in Neuroscience; Director, Translational NeuroEngineering Laboratory, Medical School



April 1, 7 p.m.

Mental disorders arise from brain circuit dysfunctions: changes in specific networks and connections within the brain. Most current treatments, however, target the whole brain rather than specific circuits. Recently, technologies such as deep brain stimulation and transcranial magnetic stimulation have emerged, allowing physicians to directly target and activate individual brain circuits that may underlie mental illnesses. These technologies have often succeeded where medications fail, but they also have come with new challenges: they are expensive, often burdensome to patients, and cannot guarantee results in any individual patient.

Brain stimulation psychiatrist and biomedical engineer Dr. Alik Widge will provide an overview of these technologies and their use to date. He'll then offer an argument that the problem is not in the technologies we use to treat mental illness, but in the way we define it.

### Welcome. Dr. Núñez!

Ana Núñez, Vice Dean, Diversity, Equity & Inclusion; Professor of Medicine, Medical School



May 6, 7 p.m.

In June 2020, Dr. Jakub Tolar, MD, PhD, Dean of the Medical School, announced that after a year-long search, the University had named Dr. Ana Núñez, MD, FACP, as its inaugural Vice Dean for Diversity, Equity and Inclusion. He went on to say, "In leading this work, Dr. Núñez will collaborate with faculty, staff, and students across the Medical School, as well as partners from our communities, to ensure we are addressing issues of inequities, bias, and discrimination in our clinical programs, recruiting, curriculum, and research."

Join us to welcome Dr. Núñez, learn about her first ten months in Minnesota, and how she is addressing and embracing her important new role at the University.

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Detail of Photo by Lisa Miller, UMAC

New campaign: Did you know that our OLLI Scholar program is known throughout the country? This is due to the effusiveness of Osher National Resource Center Executive Director Steve Thaxton, who regularly shares the concept with other OLLIs:

"Osher Institute directors across the country often ask about ways to engage their members in meaningful intergenerational programming. Not a week goes by that I don't talk about the OLLI Scholars program at the University of Minnesota. The combination of passionate graduate researchers/teachers with intellectually ambitious OLLI students is genius. It allows institute members to support both their host university and the scholars, all while learning from impressive new generations as their academic careers are launching."

(Proud moments! Thanks, Steve Benson!) This fall, in cooperation with Development committee Chair Gail McJunkin, Advisory Board Chair Nancy Allen, and CCAPS Advancement Director Courtney Barrette, we outlined a multi-year campaign to support this celebrated program. Following the fall Advisory Board meeting, Courtney and I met with advisers at the UMN Foundation who helped to create *Inspiring Lifelong Learners and the Emerging Scholars Who Teach Them* (Visit: [z.umn.edu/supportOLLIScholars](https://z.umn.edu/supportOLLIScholars)). And while the focus is fundraising, we can adapt the brochure for program-related purposes, such as our annual call for scholar applications.

Some of you have already contributed to this and other funds (OLLI Annual Fund, Osher Lifelong Learning Institute Fund, Miriam B. Seltzer Scholarship Fund) all of which help to sustain, enliven, and expand OLLI at the UMN. As always, we thank you! For information on how to contribute, visit the OLLI website or contact Courtney Barrette at [barr0396@umn.edu](mailto:barr0396@umn.edu) or 612-625-1253

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**Spring 2021**



*Request Period*  
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*Course Allocation*  
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*Additional Registration Begins*  
February 26